



1  
00:00:49,630 --> 00:00:45,869

[Music]

2  
00:00:53,170 --> 00:00:49,640

this hope radio for the masses headline

3  
00:00:55,060 --> 00:00:53,180

of the food July 8 1947 the Army Air

4  
00:00:57,549 --> 00:00:55,070

Forces has announced that a flying death

5  
00:01:00,490 --> 00:00:57,559

- found and is now in the possession of

6  
00:01:04,539 --> 00:01:00,500

the army the game is rigged change the

7  
00:01:07,749 --> 00:01:04,549

game changer I occasionally think how

8  
00:01:11,529 --> 00:01:07,759

quickly our differences worldwide would

9  
00:01:15,860 --> 00:01:11,539

vanish if we were facing an alien threat

10  
00:01:18,609 --> 00:01:15,870

from outside it is working

11  
00:01:21,130 --> 00:01:18,619

[Applause]

12  
00:01:24,099 --> 00:01:21,140

this is fade to black with your host

13  
00:01:27,309 --> 00:01:24,109

Jimmy Church on the game changer radio

14

00:01:29,340 --> 00:01:27,319

network and kgr a the global radio

15

00:01:31,250 --> 00:01:29,350

alliance

16

00:01:36,280 --> 00:01:31,260

[Music]

17

00:01:39,990 --> 00:01:36,290

your help to do a year 1985

18

00:01:41,950 --> 00:01:40,000

[Music]

19

00:01:44,140 --> 00:01:41,960

you listen intubated

20

00:01:45,070 --> 00:01:44,150

with Jimmy judge on the game change in

21

00:01:51,280 --> 00:01:45,080

that blood

22

00:01:58,300 --> 00:01:51,290

[Music]

23

00:01:58,310 --> 00:02:06,580

the spoke radio

24

00:02:06,590 --> 00:02:12,100

math says man

25

00:02:16,090 --> 00:02:14,260

how you doing

26

00:02:18,760 --> 00:02:16,100

how you do it

27

00:02:24,490 --> 00:02:18,770

[Music]

28

00:02:29,530 --> 00:02:24,500

today's Tuesday March 5th 2019 64 days

29

00:02:32,979 --> 00:02:31,780

we are live from a bunker somewhere in

30

00:02:34,690 --> 00:02:32,989

the middle of beautiful downtown Burbank

31

00:02:36,429 --> 00:02:34,700

California and I would like to welcome

32

00:02:40,390 --> 00:02:36,439

everybody listening all around the world

33

00:02:42,940 --> 00:02:40,400

all across the United States hither and

34

00:02:45,160 --> 00:02:42,950

thither to and fro back and forth up and

35

00:02:47,150 --> 00:02:45,170

down east and west north and south far

36

00:02:51,800 --> 00:02:47,160

and near

37

00:02:54,890 --> 00:02:51,810

this is fade to black for kjc are the

38

00:02:56,930 --> 00:02:54,900

game changer network and Katy re the

39

00:03:01,850 --> 00:02:56,940

planet I am your host Jimmy Church what

40

00:03:05,420 --> 00:03:01,860

is crack and everybody how you doing man

41

00:03:09,530 --> 00:03:05,430

oh man oh man tonight I've got some

42

00:03:11,090 --> 00:03:09,540

things to say I'm gonna say it I'm gonna

43

00:03:13,100 --> 00:03:11,100

kick it off with tonight we have very

44

00:03:16,370 --> 00:03:13,110

special guests Mitch Horowitz is here

45

00:03:20,240 --> 00:03:16,380

live from New York City we're gonna talk

46

00:03:22,280 --> 00:03:20,250

about his two books and other things as

47

00:03:25,010 --> 00:03:22,290

well but his two books that cult America

48

00:03:28,970 --> 00:03:25,020

one simple idea how positive thinking

49

00:03:32,530 --> 00:03:28,980

reshaped Modern Life and the miracle

50

00:03:35,600 --> 00:03:32,540

Club how thoughts become reality

51  
00:03:38,390 --> 00:03:35,610  
I'm gonna discuss some of this in just a

52  
00:03:42,020 --> 00:03:38,400  
bit stay with me tomorrow night is our

53  
00:03:44,660 --> 00:03:42,030  
sole tech special events featuring the

54  
00:03:47,000 --> 00:03:44,670  
premiere of our documentary it is called

55  
00:03:50,510 --> 00:03:47,010  
boarding benevolence it was shot last

56  
00:03:52,520 --> 00:03:50,520  
year in August up at ESET e ranch that

57  
00:03:56,210 --> 00:03:52,530  
premieres tomorrow night cannot wait for

58  
00:03:59,570 --> 00:03:56,220  
it okay now Thursday is another Fator

59  
00:04:02,330 --> 00:03:59,580  
night with open lines all night long you

60  
00:04:05,990 --> 00:04:02,340  
can follow me on Twitter you can do that

61  
00:04:08,000 --> 00:04:06,000  
if you wish at Jay Church radio you know

62  
00:04:11,080 --> 00:04:08,010  
I'm big I'm big in the social media

63  
00:04:14,990 --> 00:04:11,090

Twitter seems to be my home these days

64

00:04:16,520 --> 00:04:15,000

still hanging over on Facebook and of

65

00:04:18,490 --> 00:04:16,530

course YouTube is right there and you

66

00:04:21,710 --> 00:04:18,500

can follow like and subscribe over it

67

00:04:23,390 --> 00:04:21,720

Jimmy Church radio.com now the sandbox

68

00:04:26,510 --> 00:04:23,400

if you want to hang out with everybody

69

00:04:28,970 --> 00:04:26,520

tonight is hashtag f2b and that is on

70

00:04:31,730 --> 00:04:28,980

Twitter any questions or comments for

71

00:04:37,160 --> 00:04:31,740

myself or our guest tonight Mitch

72

00:04:38,750 --> 00:04:37,170

Horowitz you can - hashtag f2b q as you

73

00:04:40,670 --> 00:04:38,760

know everything is live in front of me

74

00:04:44,300 --> 00:04:40,680

and of course we have to chatrooms one

75

00:04:46,520 --> 00:04:44,310

over and Spreaker and one over at KD r a

76  
00:04:47,930 --> 00:04:46,530  
the planet you can also email throughout

77  
00:04:49,850 --> 00:04:47,940  
the show Jimmy and Jimmy Church radio

78  
00:04:51,350 --> 00:04:49,860  
calm let's get to the breaking news I've

79  
00:04:53,810 --> 00:04:51,360  
got a lot to talk about tonight it's

80  
00:04:58,460 --> 00:04:53,820  
gonna be a busy show so let me get all

81  
00:05:00,410 --> 00:04:58,470  
of this stuff in Volvo synonymous with

82  
00:05:04,040 --> 00:05:00,420  
automobile safety worldwide

83  
00:05:07,970 --> 00:05:04,050  
I will limit the top speed of all of its

84  
00:05:11,510 --> 00:05:07,980  
cars to 112 miles per hour to further

85  
00:05:18,500 --> 00:05:11,520  
reduce fatalities involved in its

86  
00:05:19,100 --> 00:05:18,510  
vehicles their boxy but safe that's

87  
00:05:23,690 --> 00:05:19,110  
right

88  
00:05:27,020 --> 00:05:23,700

also today check this out SpaceX CEO

89

00:05:31,280 --> 00:05:27,030

Elon Musk believes that a moon base

90

00:05:35,120 --> 00:05:31,290

should be first that's right before his

91

00:05:38,630 --> 00:05:35,130

company heads to Mars I'm quoting from

92

00:05:40,490 --> 00:05:38,640

Elon here quote yeah yeah you need to

93

00:05:43,160 --> 00:05:40,500

get there that's the big deal

94

00:05:45,260 --> 00:05:43,170

I think starship will also be good for

95

00:05:47,150 --> 00:05:45,270

creating a base on the moon will

96

00:05:51,560 --> 00:05:47,160

probably have a base on the moon before

97

00:05:54,470 --> 00:05:51,570

going to Mars and quote an Elon recently

98

00:05:57,950 --> 00:05:54,480

said this in an interview with Popular

99

00:06:01,070 --> 00:05:57,960

Mechanics that's right next up the

100

00:06:03,920 --> 00:06:01,080

National Security Agency has stopped

101  
00:06:05,960 --> 00:06:03,930  
using a surveillance program in recent

102  
00:06:09,710 --> 00:06:05,970  
months that relied on bulk data

103  
00:06:12,320 --> 00:06:09,720  
collected from US domestic phone records

104  
00:06:15,050 --> 00:06:12,330  
according to a Republican congressional

105  
00:06:18,700 --> 00:06:15,060  
official the program authorized under

106  
00:06:20,630 --> 00:06:18,710  
the USA Freedom Act requires

107  
00:06:22,430 --> 00:06:20,640  
reauthorization at the end of the year

108  
00:06:24,980 --> 00:06:22,440  
and the Trump administration may not

109  
00:06:27,800 --> 00:06:24,990  
seek to extend it and this is according

110  
00:06:30,610 --> 00:06:27,810  
to Luke Murray national security adviser

111  
00:06:33,940 --> 00:06:30,620  
to House Minority Leader Kevin McCarthy

112  
00:06:37,670 --> 00:06:33,950  
Murray's comments came on a podcast

113  
00:06:44,210 --> 00:06:37,680

produced by lawfare a national security

114

00:06:48,140 --> 00:06:44,220

legal Affairs website yeah we'll see

115

00:06:50,230 --> 00:06:48,150

spying on US citizens and up until a

116

00:06:52,850 --> 00:06:50,240

couple of months ago that's apparently

117

00:06:54,770 --> 00:06:52,860

what they did now do we trust the NSA

118

00:06:57,890 --> 00:06:54,780

with this have they stopped or that is a

119

00:06:59,660 --> 00:06:57,900

smokescreen I don't know I don't know

120

00:07:02,270 --> 00:06:59,670

but we'll see we'll see what happens

121

00:07:06,110 --> 00:07:02,280

it's got to get reales by trump by the

122

00:07:07,730 --> 00:07:06,120

end of the year so we'll see ok man I

123

00:07:10,670 --> 00:07:07,740

need this Rivermen coffee right now

124

00:07:13,029 --> 00:07:10,680

you've got to go and check out the

125

00:07:15,339 --> 00:07:13,039

surfer music streaming app

126  
00:07:19,659 --> 00:07:15,349  
they are our newest sponsors here at

127  
00:07:21,549 --> 00:07:19,669  
fade to black it's an amazing app all

128  
00:07:23,200 --> 00:07:21,559  
you have to do is download it you don't

129  
00:07:24,879 --> 00:07:23,210  
have to sign up for you don't have to

130  
00:07:26,439 --> 00:07:24,889  
give up your personal information and

131  
00:07:29,079 --> 00:07:26,449  
you're not doing anything but click the

132  
00:07:32,230 --> 00:07:29,089  
download button and it's amazing and

133  
00:07:34,839 --> 00:07:32,240  
it's totally 100% free click on the

134  
00:07:36,309 --> 00:07:34,849  
surfer music banners over at Jimmy

135  
00:07:38,829 --> 00:07:36,319  
Church radio calm it'll take you

136  
00:07:40,689 --> 00:07:38,839  
straight to a surfer dot F M boom you

137  
00:07:44,049 --> 00:07:40,699  
take a look you got two choices for

138  
00:07:45,459 --> 00:07:44,059

downloads Google or Apple right there do

139

00:07:48,040 --> 00:07:45,469

the download done

140

00:07:50,079 --> 00:07:48,050

you've got streaming music on your phone

141

00:07:52,089 --> 00:07:50,089

just like that everything is there all

142

00:07:53,920 --> 00:07:52,099

of the categories you've got unlimited

143

00:07:55,899 --> 00:07:53,930

everything that you want to do and

144

00:07:57,519 --> 00:07:55,909

limited skipping you've got you can

145

00:08:00,760 --> 00:07:57,529

establish your favorites all the

146

00:08:07,499 --> 00:08:00,770

channels it's just totally cool totally

147

00:08:10,749 --> 00:08:07,509

cool surfer su r FR s u r FR dot F M

148

00:08:11,829 --> 00:08:10,759

it's amazing and it's so simple it is so

149

00:08:14,649 --> 00:08:11,839

cool so one of those things where you

150

00:08:18,189 --> 00:08:14,659

just go how how can this be happening to

151  
00:08:20,649 --> 00:08:18,199  
me where I get a free music streaming

152  
00:08:24,730 --> 00:08:20,659  
app with no obligation all I gotta do is

153  
00:08:27,070 --> 00:08:24,740  
just download it that's it go and

154  
00:08:28,809 --> 00:08:27,080  
download it today our next event coming

155  
00:08:30,939 --> 00:08:28,819  
up is contacting the desert that's May

156  
00:08:33,129 --> 00:08:30,949  
31st through June 3rd in Indian Wells

157  
00:08:35,920 --> 00:08:33,139  
Palm Springs California at the

158  
00:08:37,719 --> 00:08:35,930  
Renaissance Indian Wells Resort & Spa

159  
00:08:40,269 --> 00:08:37,729  
tickets and info at contact in the

160  
00:08:44,319 --> 00:08:40,279  
desert calm and then coming up of course

161  
00:08:47,110 --> 00:08:44,329  
our big show is tomorrow night our big

162  
00:08:49,269 --> 00:08:47,120  
Sol Tech special and our sole tech

163  
00:08:51,490 --> 00:08:49,279

conference is over the July 4th weekend

164

00:08:54,309 --> 00:08:51,500

at the sunrise ranch in Loveland

165

00:08:55,780 --> 00:08:54,319

Colorado all right now get over it sign

166

00:08:57,579 --> 00:08:55,790

up for tickets and info at salt a

167

00:08:59,470 --> 00:08:57,589

gathering calm the new websites gonna

168

00:09:00,970 --> 00:08:59,480

launch tomorrow it's first-come

169

00:09:04,030 --> 00:09:00,980

first-serve right off of that mailing

170

00:09:06,009 --> 00:09:04,040

list that's right it's a sign-up list go

171

00:09:08,139 --> 00:09:06,019

and get it done do it and then tomorrow

172

00:09:10,210 --> 00:09:08,149

night a great preview special on our

173

00:09:12,850 --> 00:09:10,220

guest tonight Mitch Horowitz is one of

174

00:09:14,980 --> 00:09:12,860

our featured speakers and teachers at

175

00:09:17,230 --> 00:09:14,990

Sol Tech and we'll be talking about that

176

00:09:19,030 --> 00:09:17,240

in a little bit when we get Mitch on the

177

00:09:22,449 --> 00:09:19,040

show all right don't forget to subscribe

178

00:09:25,000 --> 00:09:22,459

to our podcast it's just 2 dollars per

179

00:09:26,090 --> 00:09:25,010

month two dollars per month you've got

180

00:09:29,150 --> 00:09:26,100

over a

181

00:09:31,490 --> 00:09:29,160

Elson archive shows it's a thousand

182

00:09:33,350 --> 00:09:31,500

shows for just two dollars a month

183

00:09:36,350 --> 00:09:33,360

all right click on the podcast banner

184

00:09:38,269 --> 00:09:36,360

help support the show and get signed up

185

00:09:39,110 --> 00:09:38,279

today and also you become an official

186

00:09:41,780 --> 00:09:39,120

fade or not

187

00:09:45,019 --> 00:09:41,790

now we're gonna be expanding all of this

188

00:09:48,019 --> 00:09:45,029

over this year so becoming a fade or not

189

00:09:50,360 --> 00:09:48,029

is becoming not only a part of this

190

00:09:52,519 --> 00:09:50,370

family help support the show but you get

191

00:09:54,860 --> 00:09:52,529

so many cool things with you gets call

192

00:09:57,170 --> 00:09:54,870

yourself a fade or not and if you go

193

00:10:00,710 --> 00:09:57,180

Full Tilt boogie get autographed shirts

194

00:10:04,999 --> 00:10:00,720

and hats you're gonna get commercial

195

00:10:07,910 --> 00:10:05,009

free downloadable mp3 files fully audio

196

00:10:09,889 --> 00:10:07,920

optimized it's just totally cool they

197

00:10:12,829 --> 00:10:09,899

get the bunker cam and and all of that

198

00:10:14,870 --> 00:10:12,839

stuff there's gonna be changes I'm

199

00:10:17,449 --> 00:10:14,880

letting you guys know it's gonna be

200

00:10:19,639 --> 00:10:17,459

changes with YouTube coming up all right

201  
00:10:21,079 --> 00:10:19,649  
I'm just just letting you know we've

202  
00:10:24,230 --> 00:10:21,089  
been working behind the scenes to get

203  
00:10:27,110 --> 00:10:24,240  
all of this set up and if you're a fait

204  
00:10:29,329 --> 00:10:27,120  
or not you need it you need those

205  
00:10:31,639 --> 00:10:29,339  
privileges ok so there's gonna be some

206  
00:10:33,410 --> 00:10:31,649  
changes coming up here on YouTube right

207  
00:10:36,439 --> 00:10:33,420  
now we have to use YouTube the way it's

208  
00:10:38,120 --> 00:10:36,449  
set up in order to optimize their stream

209  
00:10:40,670 --> 00:10:38,130  
to feed that back into the bunker cam

210  
00:10:43,160 --> 00:10:40,680  
they used to let us use the stream and

211  
00:10:45,139 --> 00:10:43,170  
not stream on YouTube and we could just

212  
00:10:49,730 --> 00:10:45,149  
take this stream and put it on our

213  
00:10:52,280 --> 00:10:49,740

website they stop that unbelievable just

214

00:10:54,740 --> 00:10:52,290

our strange violation and I felt so

215

00:10:56,499 --> 00:10:54,750

violated about it but anyway we've got

216

00:10:59,210 --> 00:10:56,509

our workaround we've got our solutions

217

00:11:01,280 --> 00:10:59,220

and if you're a fade or not and and

218

00:11:05,360 --> 00:11:01,290

you've got the bunker cam you deserve

219

00:11:08,509 --> 00:11:05,370

that exclusivity all right where am I

220

00:11:15,410 --> 00:11:08,519

don't forget all of our sponsors here ok

221

00:11:17,749 --> 00:11:15,420

click on life change T ancient life oil

222

00:11:20,929 --> 00:11:17,759

fade to black blend from River moon

223

00:11:23,569 --> 00:11:20,939

coffee Hoffmans optic sacred skulls new

224

00:11:26,449 --> 00:11:23,579

mana food storage they have been with us

225

00:11:28,220 --> 00:11:26,459

forever the surfer music app you know

226

00:11:30,559 --> 00:11:28,230

these are sponsors that have been with

227

00:11:34,400 --> 00:11:30,569

us and supporting us and helping you the

228

00:11:36,679 --> 00:11:34,410

fader knots for years okay so go and

229

00:11:38,360 --> 00:11:36,689

click on their banners go and check out

230

00:11:39,350 --> 00:11:38,370

their products it's all the best and I

231

00:11:43,639 --> 00:11:39,360

use all of it

232

00:11:46,190 --> 00:11:43,649

myself okay night let's get this show

233

00:11:49,480 --> 00:11:46,200

crackin happy birthday to today former

234

00:11:54,259 --> 00:11:49,490

chili pepper and guitar virtuoso John

235

00:11:55,610 --> 00:11:54,269

Frusciante today is 48 years old case

236

00:11:58,460 --> 00:11:55,620

you didn't know this he was in the

237

00:12:02,990 --> 00:11:58,470

peppers for 20 years he was in the

238

00:12:05,090 --> 00:12:03,000

pepper since 1988 all the way to 2007

239

00:12:06,620 --> 00:12:05,100

I'll never forget the first time I saw

240

00:12:09,590 --> 00:12:06,630

him play I was like that dude that dudes

241

00:12:12,940 --> 00:12:09,600

the real deal right there happy birthday

242

00:12:17,540 --> 00:12:12,950

John our dead guys birthday today is

243

00:12:21,199 --> 00:12:17,550

Andy Gibb 1958 to 1988 died at the age

244

00:12:23,420 --> 00:12:21,209

of 30 of course brother of Barry Robin

245

00:12:25,610 --> 00:12:23,430

and Maurice who had some pretty big hits

246

00:12:27,590 --> 00:12:25,620

of his own I was cranking him today here

247

00:12:29,420 --> 00:12:27,600

in the bunker I just want to be your

248

00:12:31,940 --> 00:12:29,430

everything and I know Rita's down the

249

00:12:35,329 --> 00:12:31,950

hall going on what is Jimmy listening to

250

00:12:37,850 --> 00:12:35,339

but I did love is thicker than water

251  
00:12:42,889 --> 00:12:37,860  
that's what I'm talking about Andy Gibb

252  
00:12:44,920 --> 00:12:42,899  
on March 10th 1988 and he felt a pain in

253  
00:12:49,130 --> 00:12:44,930  
his chest goes to the hospital and

254  
00:12:51,230 --> 00:12:49,140  
Andy's doctor told him that morning that

255  
00:12:54,199 --> 00:12:51,240  
more tests were needed to determine the

256  
00:12:57,650 --> 00:12:54,209  
cause of his chest pains later that day

257  
00:13:01,730 --> 00:12:57,660  
he just slumped over went unconscious

258  
00:13:04,579 --> 00:13:01,740  
and died that's right he died as the

259  
00:13:06,139 --> 00:13:04,589  
result of mile carditis

260  
00:13:09,699 --> 00:13:06,149  
an inflammation of the heart muscle

261  
00:13:12,079 --> 00:13:09,709  
caused by a recent viral infection

262  
00:13:13,460 --> 00:13:12,089  
absolutely incredible happy birthday

263  
00:13:15,710 --> 00:13:13,470

Andy I hope you're up there listening

264

00:13:18,170 --> 00:13:15,720

man your stuff was incredible absolutely

265

00:13:20,930 --> 00:13:18,180

incredible on this day in history 1969

266

00:13:23,780 --> 00:13:20,940

Jim Morrison is charged with lewd

267

00:13:25,699 --> 00:13:23,790

behavior at a Miami concert when

268

00:13:27,139 --> 00:13:25,709

Morrison first got word of the charges

269

00:13:31,040 --> 00:13:27,149

he thought that it was a practical joke

270

00:13:33,800 --> 00:13:31,050

but soon he he learned that Miami

271

00:13:36,280 --> 00:13:33,810

authorities were very serious because

272

00:13:39,829 --> 00:13:36,290

they added an additional charge of

273

00:13:43,840 --> 00:13:39,839

simulated oral copulation on guitarist

274

00:13:46,579 --> 00:13:43,850

Robby Krieger during the same show

275

00:13:50,329 --> 00:13:46,589

that's right and also on this day in

276

00:13:52,970 --> 00:13:50,339

1982 I need a moment of silence Jim

277

00:13:56,250 --> 00:13:52,980

Belushi John Belushi Jim

278

00:13:57,870 --> 00:13:56,260

John Belushi dies of an overdose at the

279

00:14:03,780 --> 00:13:57,880

Chateau Marmont in los angeles

280

00:14:06,840 --> 00:14:03,790

california fader fact uranus has 27

281

00:14:09,060 --> 00:14:06,850

moons all of these moons are named after

282

00:14:13,620 --> 00:14:09,070

the characters from the worst of William

283

00:14:15,570 --> 00:14:13,630

Shakespeare and Alexander Pope and that

284

00:14:18,270 --> 00:14:15,580

is your fader enact the fate of fact

285

00:14:19,440 --> 00:14:18,280

tonight Mitch Horowitz is here we're

286

00:14:22,020 --> 00:14:19,450

talking going to talk about his two

287

00:14:23,700 --> 00:14:22,030

books and talk a little bit about soul

288

00:14:25,920 --> 00:14:23,710

tech two but it's two bucks a cult

289

00:14:29,190 --> 00:14:25,930

America one simple idea how positive

290

00:14:33,420 --> 00:14:29,200

thinking reshaped a modern life and the

291

00:14:36,270 --> 00:14:33,430

miracle Club how you ready how thoughts

292

00:14:39,210 --> 00:14:36,280

become reality which is what I want to

293

00:14:40,920 --> 00:14:39,220

talk about right now and as I hit this

294

00:14:43,290 --> 00:14:40,930

River moon coffee and let me tell you

295

00:14:44,070 --> 00:14:43,300

something when you hear what I have to

296

00:14:48,090 --> 00:14:44,080

say right now

297

00:14:50,070 --> 00:14:48,100

you'll understand my love for River moon

298

00:14:52,890 --> 00:14:50,080

coffee and everything that one eat in

299

00:14:54,930 --> 00:14:52,900

chef get done for us and for all of you

300

00:14:55,920 --> 00:14:54,940

every single day I need this coffee I

301  
00:15:01,920 --> 00:14:55,930  
need it

302  
00:15:05,340 --> 00:15:01,930  
addicted because can you change your own

303  
00:15:08,130 --> 00:15:05,350  
reality the answer is simple of course

304  
00:15:12,720 --> 00:15:08,140  
you can of course you can and it's

305  
00:15:14,970 --> 00:15:12,730  
easier than you think when when you hear

306  
00:15:18,540 --> 00:15:14,980  
others talk about this especially for

307  
00:15:20,970 --> 00:15:18,550  
the first time most think that it's like

308  
00:15:23,160 --> 00:15:20,980  
magic or that it's fake that one day you

309  
00:15:26,400 --> 00:15:23,170  
light some candles and enchant a few

310  
00:15:29,160 --> 00:15:26,410  
lines from from some secret book and

311  
00:15:32,640 --> 00:15:29,170  
then BAM the next day you wake up and

312  
00:15:36,920 --> 00:15:32,650  
everything has changed right and no

313  
00:15:41,190 --> 00:15:36,930

sadly it doesn't work this way

314

00:15:42,810 --> 00:15:41,200

usually well I'm sure it's happened to

315

00:15:46,140 --> 00:15:42,820

someone in the past because anything is

316

00:15:50,520 --> 00:15:46,150

possible right okay I'm hip to that but

317

00:15:56,520 --> 00:15:50,530

changing your reality is work it's real

318

00:16:01,710 --> 00:15:56,530

work and 11 years ago I decided to

319

00:16:06,570 --> 00:16:01,720

change mine I'm gonna say this be

320

00:16:12,360 --> 00:16:06,580

careful what you wish for okay seriously

321

00:16:16,590 --> 00:16:12,370

today today I was at the doctor this

322

00:16:20,160 --> 00:16:16,600

morning for a chronic ear issue that

323

00:16:27,509 --> 00:16:20,170

hasn't gone away for over seven months

324

00:16:31,620 --> 00:16:27,519

and it's nearly driven me insane okay

325

00:16:33,540 --> 00:16:31,630

and it's in the inner ear it's not the

326

00:16:35,670 --> 00:16:33,550

outer ear it's in the inner ear you

327

00:16:42,569 --> 00:16:35,680

can't get to it you can't do anything

328

00:16:48,780 --> 00:16:42,579

and it is constantly clogged and I can

329

00:16:54,389 --> 00:16:48,790

hear fluid moving around in my head all

330

00:16:57,180 --> 00:16:54,399

day all night it has not stopped we've

331

00:17:01,530 --> 00:16:57,190

been trying to fix it I don't talk about

332

00:17:05,100 --> 00:17:01,540

it nobody knows about this right last

333

00:17:07,559 --> 00:17:05,110

week I had an allergic reaction to

334

00:17:10,980 --> 00:17:07,569

antibiotics that I was taken for this

335

00:17:13,290 --> 00:17:10,990

ear thing and my head blew up into a

336

00:17:15,960 --> 00:17:13,300

pumpkin that's right I was pumpkin head

337

00:17:17,730 --> 00:17:15,970

and all this was going on while I'm

338

00:17:23,090 --> 00:17:17,740

fighting this stupid ear thing and I'm

339

00:17:26,030 --> 00:17:23,100

telling you it's merely driven me insane

340

00:17:29,010 --> 00:17:26,040

over the last six or seven months

341

00:17:33,650 --> 00:17:29,020

dealing with this has caused my nights

342

00:17:39,230 --> 00:17:33,660

to be nearly void of sleep right through

343

00:17:42,900 --> 00:17:39,240

all of it I work and I work a lot

344

00:17:45,270 --> 00:17:42,910

everything that I do out there is is for

345

00:17:47,960 --> 00:17:45,280

the world to see everybody knows my

346

00:17:50,850 --> 00:17:47,970

schedule everybody knows what I am doing

347

00:17:55,140 --> 00:17:50,860

everybody knows that there are no real

348

00:17:59,310 --> 00:17:55,150

days off you either see me here or hear

349

00:18:02,070 --> 00:17:59,320

me here see me here I'm over at coast

350

00:18:05,630 --> 00:18:02,080

I'm over taping for History Channel I'm

351

00:18:09,180 --> 00:18:05,640

over at a conference somewhere

352

00:18:12,870 --> 00:18:09,190

I'm always every single day working

353

00:18:18,150 --> 00:18:12,880

working through this insanity of these

354

00:18:19,799 --> 00:18:18,160

these issues and I'm not complaining

355

00:18:22,049 --> 00:18:19,809

right

356

00:18:25,950 --> 00:18:22,059

but there are no days off and they are

357

00:18:27,839 --> 00:18:25,960

rare when I get them everything that was

358

00:18:31,799 --> 00:18:27,849

sort of normal you know weekends off and

359

00:18:34,499 --> 00:18:31,809

holidays you know a cycle that made

360

00:18:38,580 --> 00:18:34,509

sense those are totally gone it's been

361

00:18:43,769 --> 00:18:38,590

gone for 11 years now I wanted to change

362

00:18:48,180 --> 00:18:43,779

my reality and I did you can do it it

363

00:18:50,339 --> 00:18:48,190

works but what it has turned into is

364

00:18:54,950 --> 00:18:50,349

nearly Trent ten straight years of

365

00:19:00,680 --> 00:18:54,960

madness it's like you got to be careful

366

00:19:04,109 --> 00:19:00,690

I'm not complaining I asked for it I

367

00:19:06,930 --> 00:19:04,119

realized that there are so many out

368

00:19:09,779 --> 00:19:06,940

there who would do anything to be in the

369

00:19:12,869 --> 00:19:09,789

position that Rita and I are in right

370

00:19:15,570 --> 00:19:12,879

now I understand that we've got an

371

00:19:18,419 --> 00:19:15,580

amazing audience right we've got a great

372

00:19:21,869 --> 00:19:18,429

Network we've got an amazing show that's

373

00:19:24,329 --> 00:19:21,879

so much fun to do every single day and

374

00:19:27,570 --> 00:19:24,339

much more important we've earned your

375

00:19:30,869 --> 00:19:27,580

respect and all of this comes from hard

376

00:19:33,060 --> 00:19:30,879

work we have never stopped anyone out

377

00:19:35,070 --> 00:19:33,070

there who has put in the effort that it

378

00:19:38,579 --> 00:19:35,080

takes to pull off something like this

379

00:19:41,759 --> 00:19:38,589

will tell you that they are tired they

380

00:19:44,729 --> 00:19:41,769

are exhausted and they are bordering on

381

00:19:49,529 --> 00:19:44,739

crazy but they wouldn't change a thing

382

00:19:51,869 --> 00:19:49,539

and we won't either so when you hear me

383

00:19:55,310 --> 00:19:51,879

say these words tonight or you see me on

384

00:19:57,169 --> 00:19:55,320

stage somewhere smiling and happy

385

00:20:01,139 --> 00:19:57,179

remember this

386

00:20:02,940 --> 00:20:01,149

I'm here for you it's all of you that

387

00:20:05,849 --> 00:20:02,950

give me the strength to fight through

388

00:20:09,629 --> 00:20:05,859

the lack of sleep I'm deaf in one ear

389

00:20:13,169 --> 00:20:09,639

barely keeping my wits about me and what

390

00:20:16,019 --> 00:20:13,179

drives me is it and takes my mind off

391

00:20:18,209 --> 00:20:16,029

the madness of this world of my head and

392

00:20:21,209 --> 00:20:18,219

what's going on in my health is

393

00:20:24,060 --> 00:20:21,219

preparing for this show getting ready

394

00:20:26,609 --> 00:20:24,070

for you the audience and then going

395

00:20:28,799 --> 00:20:26,619

through three hours of the show I'm able

396

00:20:31,950 --> 00:20:28,809

to not think about the madness of the

397

00:20:33,210 --> 00:20:31,960

world I'm just hanging out with you I my

398

00:20:36,240 --> 00:20:33,220

ear I don't

399

00:20:39,210 --> 00:20:36,250

right now the craziness of my this thing

400

00:20:42,289 --> 00:20:39,220

that's been going on for over a half a

401  
00:20:45,930 --> 00:20:42,299  
year I'm not even thinking about it

402  
00:20:50,520 --> 00:20:45,940  
saying something like this this personal

403  
00:20:53,700 --> 00:20:50,530  
may seem strange because I never talk

404  
00:20:57,960 --> 00:20:53,710  
about this stuff but I wanted to change

405  
00:21:01,799 --> 00:20:57,970  
my reality and this reality where I am

406  
00:21:05,340 --> 00:21:01,809  
today is that I can speak about this to

407  
00:21:07,710 --> 00:21:05,350  
all of you because of this show and and

408  
00:21:10,320 --> 00:21:07,720  
our desire to change the world

409  
00:21:15,659 --> 00:21:10,330  
that Rita and I were in so many years

410  
00:21:17,399 --> 00:21:15,669  
ago you know this morning this morning I

411  
00:21:20,850 --> 00:21:17,409  
was at a doctor's office trying to

412  
00:21:22,409 --> 00:21:20,860  
desperately find the magic cure for

413  
00:21:25,080 --> 00:21:22,419

something that's been going on which

414

00:21:27,120 --> 00:21:25,090

seems like now forever so I could get

415

00:21:28,860 --> 00:21:27,130

back to the studio and prepare for the

416

00:21:31,740 --> 00:21:28,870

show tonight and act like nothing is

417

00:21:32,600 --> 00:21:31,750

going on right I come on the show fade

418

00:21:37,500 --> 00:21:32,610

to black

419

00:21:40,440 --> 00:21:37,510

this spoke radio right right you have no

420

00:21:42,539 --> 00:21:40,450

idea what I went through today to get

421

00:21:45,480 --> 00:21:42,549

here what I went through last night

422

00:21:48,299 --> 00:21:45,490

after the show just trying to get to

423

00:21:52,110 --> 00:21:48,309

sleep fighting what's going on in my

424

00:21:53,730 --> 00:21:52,120

head desperately trying to get through

425

00:21:55,890 --> 00:21:53,740

the night so I can get up in the morning

426

00:22:01,529 --> 00:21:55,900

get to the doctor's office get another

427

00:22:04,220 --> 00:22:01,539

all the way through to this show so

428

00:22:08,539 --> 00:22:04,230

remember things are never what they seem

429

00:22:11,940 --> 00:22:08,549

and tomorrow is always a brand new day I

430

00:22:14,039 --> 00:22:11,950

will change this reality this crazy

431

00:22:18,510 --> 00:22:14,049

thing that has been going on with me

432

00:22:21,630 --> 00:22:18,520

somehow seriously and I know that part

433

00:22:25,289 --> 00:22:21,640

of what is going on with me is the fact

434

00:22:28,950 --> 00:22:25,299

that we worked so hard to get where we

435

00:22:33,270 --> 00:22:28,960

are at okay Reed and I ran ourselves

436

00:22:36,419 --> 00:22:33,280

into the ground you know and through all

437

00:22:38,850 --> 00:22:36,429

of all of this just trying to stay in

438

00:22:42,660 --> 00:22:38,860

our lane you know trying to put on a

439

00:22:45,060 --> 00:22:42,670

great show and have fun and discover and

440

00:22:48,210 --> 00:22:45,070

and knowledge and all these amazing

441

00:22:52,890 --> 00:22:48,220

guests in all of this the torture that

442

00:22:54,840 --> 00:22:52,900

has been brought down on on Rita from

443

00:22:57,060 --> 00:22:54,850

those out there that want to complain

444

00:22:59,760 --> 00:22:57,070

about this show or talk about her or

445

00:23:01,410 --> 00:22:59,770

talk about me and and we've got this and

446

00:23:03,690 --> 00:23:01,420

we've got that you know what I am

447

00:23:06,330 --> 00:23:03,700

dealing with so much to get the show on

448

00:23:08,730 --> 00:23:06,340

the air every single day and and what

449

00:23:12,180 --> 00:23:08,740

effort goes into it it's the reality

450

00:23:14,550 --> 00:23:12,190

that I chose you know and fighting those

451  
00:23:16,290 --> 00:23:14,560  
forces out there that don't know us or

452  
00:23:17,970 --> 00:23:16,300  
don't do anything else meanwhile we're

453  
00:23:21,240 --> 00:23:17,980  
dealing with everything else Rita's got

454  
00:23:23,460 --> 00:23:21,250  
to deal with my insanity she's got to

455  
00:23:26,000 --> 00:23:23,470  
put up with me every single date she

456  
00:23:29,360 --> 00:23:26,010  
looks at me she knows I'm not healthy

457  
00:23:32,790 --> 00:23:29,370  
and she knows yesterday before the show

458  
00:23:33,030 --> 00:23:32,800  
yesterday yesterday morning canceled the

459  
00:23:35,340 --> 00:23:33,040  
show

460  
00:23:37,170 --> 00:23:35,350  
canceled the week you can't do this

461  
00:23:40,410 --> 00:23:37,180  
every single night just cancel

462  
00:23:42,150 --> 00:23:40,420  
everything Jimmy you can't continue no

463  
00:23:44,790 --> 00:23:42,160

Rita we have the audience we have

464

00:23:46,290 --> 00:23:44,800

responsibilities to listen and and I'm

465

00:23:48,540 --> 00:23:46,300

able to not think about what's going on

466

00:23:49,980 --> 00:23:48,550

please just you know and and she's

467

00:23:52,650 --> 00:23:49,990

watching me suffer through all of this

468

00:23:56,640 --> 00:23:52,660

meanwhile we're getting stupid attacks

469

00:23:59,160 --> 00:23:56,650

from two absolute retards out there that

470

00:24:02,370 --> 00:23:59,170

want to say this about me or this about

471

00:24:03,900 --> 00:24:02,380

my wife and meanwhile I've had lack of

472

00:24:06,090 --> 00:24:03,910

sleep and everything else and I just

473

00:24:09,120 --> 00:24:06,100

want to lash out but I have to be

474

00:24:11,100 --> 00:24:09,130

professional I got to be cool we are we

475

00:24:13,170 --> 00:24:11,110

play the game at a different level from

476  
00:24:15,150 --> 00:24:13,180  
where we are at we're not going to stoop

477  
00:24:18,390 --> 00:24:15,160  
down to those levels but I want to

478  
00:24:21,000 --> 00:24:18,400  
protect what is mine you know and and

479  
00:24:23,370 --> 00:24:21,010  
going through all of this it's just

480  
00:24:26,430 --> 00:24:23,380  
about getting on the air each night and

481  
00:24:30,540 --> 00:24:26,440  
and having fun and just forgetting about

482  
00:24:34,890 --> 00:24:30,550  
everything else and that is what you get

483  
00:24:37,200 --> 00:24:34,900  
when you change your reality we wanted

484  
00:24:39,930 --> 00:24:37,210  
this we asked for it and I am not

485  
00:24:42,270 --> 00:24:39,940  
complaining but I just want you to know

486  
00:24:43,590 --> 00:24:42,280  
what I went through today what I went

487  
00:24:46,020 --> 00:24:43,600  
through last night what I went through

488  
00:24:49,680 --> 00:24:46,030

the night before every single night for

489

00:24:53,580 --> 00:24:49,690

the last seven months no sleep nothing

490

00:24:55,930 --> 00:24:53,590

insanity I'll take you back every

491

00:24:58,450 --> 00:24:55,940

conference that I have done

492

00:25:01,590 --> 00:24:58,460

this year out there in public I had an

493

00:25:05,970 --> 00:25:01,600

ear infection I'm going back to my room

494

00:25:08,950 --> 00:25:05,980

every hour and dealing with this and

495

00:25:10,389 --> 00:25:08,960

going back out and smiling and sitting

496

00:25:11,680 --> 00:25:10,399

down and hanging out with all of you you

497

00:25:14,350 --> 00:25:11,690

guys don't know what's going on you guys

498

00:25:16,539 --> 00:25:14,360

don't have any idea what I went through

499

00:25:20,350 --> 00:25:16,549

at Sol Tech and I had to fly on a plane

500

00:25:22,389 --> 00:25:20,360

and this thing it was insane it was

501  
00:25:24,909 --> 00:25:22,399  
insane but nobody's soul tech knew you

502  
00:25:28,360 --> 00:25:24,919  
know who knew nurse Nancy and Stacy and

503  
00:25:31,450 --> 00:25:28,370  
and Rita nurse Nancy and Stacy taking me

504  
00:25:33,340 --> 00:25:31,460  
back to my RV I'm laying down and the

505  
00:25:36,490 --> 00:25:33,350  
medical procedures that they were doing

506  
00:25:39,940 --> 00:25:36,500  
on me in there would freak you out just

507  
00:25:43,029 --> 00:25:39,950  
so I could get up go out and get it done

508  
00:25:44,919 --> 00:25:43,039  
and smile and hang out and you gave me

509  
00:25:47,379 --> 00:25:44,929  
the energy to do that and that's what

510  
00:25:50,999 --> 00:25:47,389  
that's what we go through I asked for it

511  
00:25:54,580 --> 00:25:51,009  
I asked for this reality so that's it

512  
00:25:57,009 --> 00:25:54,590  
okay I love all of you I have the energy

513  
00:25:59,379 --> 00:25:57,019

at the beginning of this show tonight I

514

00:26:00,610 --> 00:25:59,389

want to make this clear at the beginning

515

00:26:02,440 --> 00:26:00,620

of the show tonight you didn't know what

516

00:26:04,690 --> 00:26:02,450

I was gonna talk about right now I just

517

00:26:06,970 --> 00:26:04,700

came off with a nice fade to black and

518

00:26:09,159 --> 00:26:06,980

let's do this and we got Mitch Horowitz

519

00:26:12,940 --> 00:26:09,169

on tomorrow night is soul tech rah rah

520

00:26:16,509 --> 00:26:12,950

rah rah team the reality is a little bit

521

00:26:18,970 --> 00:26:16,519

different and you guys give me the

522

00:26:21,850 --> 00:26:18,980

energy to fight through it all so I'm

523

00:26:24,669 --> 00:26:21,860

here to thank you thank you I mean you

524

00:26:27,759 --> 00:26:24,679

guys have carried me carried me on your

525

00:26:30,159 --> 00:26:27,769

back for the last seven months and I

526

00:26:32,490 --> 00:26:30,169

hope that with all of your energy

527

00:26:36,249 --> 00:26:32,500

everything that you guys can manifest

528

00:26:39,070 --> 00:26:36,259

let's just focus on the stupid ear of

529

00:26:41,470 --> 00:26:39,080

mine it's my left ear inside my head by

530

00:26:43,480 --> 00:26:41,480

the way Oh what's on the outside throw

531

00:26:46,210 --> 00:26:43,490

something on it and let it go what it's

532

00:26:48,909 --> 00:26:46,220

not you know let's get rid of this thing

533

00:26:52,060 --> 00:26:48,919

let's change this reality that I'm in

534

00:26:55,659 --> 00:26:52,070

and hopefully maybe tomorrow for the

535

00:26:59,289 --> 00:26:55,669

first time in in over a half a year I'll

536

00:27:03,789 --> 00:26:59,299

go I feel better I feel better

537

00:27:05,970 --> 00:27:03,799

all right so tonight it's Mitch bleep

538

00:27:09,170 --> 00:27:05,980

and Horowitz is here to talk about

539

00:27:12,710 --> 00:27:09,180

changing your reality

540

00:27:20,350 --> 00:27:12,720

you can do it I did it don't you want to

541

00:27:23,990 --> 00:27:20,360

be me yeah you do you do and you can

542

00:27:25,610 --> 00:27:24,000

whatever it is around you that you want

543

00:27:27,560 --> 00:27:25,620

to change you can do it and Mitch

544

00:27:28,820 --> 00:27:27,570

Horowitz is here to talk about it I'm

545

00:27:30,380 --> 00:27:28,830

gonna get out of here and take a quick

546

00:27:33,260 --> 00:27:30,390

break this is fade to black

547

00:27:35,180 --> 00:27:33,270

I'm your host Jimmy Church you can email

548

00:27:37,280 --> 00:27:35,190

me right now Jimmy at Jimmy Church radio

549

00:27:41,030 --> 00:27:37,290

calm you can follow me on Twitter at Jay

550

00:27:45,020 --> 00:27:41,040

Church radio hashtag f2 B is the sandbox

551  
00:27:47,480 --> 00:27:45,030  
hashtag f2b Q is fade to black questions

552  
00:27:49,730 --> 00:27:47,490  
on the GameChanger network and kera

553  
00:27:51,440 --> 00:27:49,740  
the planet I'm your host Jimmy church

554  
00:27:52,340 --> 00:27:51,450  
this is fade to black I'll be right back

555  
00:27:54,730 --> 00:27:52,350  
with our guest

556  
00:28:23,720 --> 00:27:54,740  
Mitch Horowitz stay with me

557  
00:28:23,730 --> 00:28:27,440  
[Music]

558  
00:28:31,940 --> 00:28:29,900  
this is Nicole Church daughter of

559  
00:28:34,460 --> 00:28:31,950  
you-know-who and you're listening to

560  
00:28:39,140 --> 00:28:34,470  
fade to black on Jimmy Church radio.com

561  
00:28:44,420 --> 00:28:39,150  
and the GameChanger network you're

562  
00:28:51,910 --> 00:28:47,210  
[Music]

563  
00:29:01,460 --> 00:28:59,180

GRA radio when you take the beams from

564

00:29:04,010 --> 00:29:01,470

Central America with dashes of

565

00:29:06,410 --> 00:29:04,020

indonesian and african mixed in and then

566

00:29:09,260 --> 00:29:06,420

roast it to the dark side of fade to

567

00:29:12,410 --> 00:29:09,270

black you create the ultimate brew of

568

00:29:16,190 --> 00:29:12,420

Fringe introducing the fade to black

569

00:29:18,770 --> 00:29:16,200

blend from River Moon coffee yes River

570

00:29:20,420 --> 00:29:18,780

moons darkest customized roast was

571

00:29:24,050 --> 00:29:20,430

created for the love of

572

00:29:26,600 --> 00:29:24,060

fade to black the alchemy of masterful

573

00:29:29,840 --> 00:29:26,610

roasting and smoking the beans is in

574

00:29:34,040 --> 00:29:29,850

every sip of this full-bodied dark Java

575

00:29:35,900 --> 00:29:34,050

I need my coffee dog deep with distinct

576

00:29:39,080 --> 00:29:35,910

bittersweet chocolate highlights just

577

00:29:41,510 --> 00:29:39,090

like the bunker leaning further into the

578

00:29:44,780 --> 00:29:41,520

darkness of the roast is fade to black

579

00:29:46,460 --> 00:29:44,790

blend from river moon coffee just click

580

00:29:49,790 --> 00:29:46,470

on the banner at Jimmy Church radio.com

581

00:29:55,080 --> 00:29:49,800

and use the promo code F to B blend for

582

00:29:57,760 --> 00:29:55,090

15% off of your order today gobekli tepe

583

00:30:01,120 --> 00:29:57,770

this is Jimmy Church a fade to black and

584

00:30:03,340 --> 00:30:01,130

you can get our podcast for just \$2 per

585

00:30:05,680 --> 00:30:03,350

month all you have to do is click on the

586

00:30:07,030 --> 00:30:05,690

podcast banner over at Jimmy Church

587

00:30:09,370 --> 00:30:07,040

radio.com

588

00:30:11,290 --> 00:30:09,380

hey folks guess what the number one

589

00:30:12,460 --> 00:30:11,300

phrase that life changed t receipts by

590

00:30:16,270 --> 00:30:12,470

email you ready

591

00:30:19,510 --> 00:30:16,280

we love this T we love this T time after

592

00:30:21,490 --> 00:30:19,520

time week after week we love this T life

593

00:30:24,400 --> 00:30:21,500

change T gives you more energy

594

00:30:27,040 --> 00:30:24,410

a beautiful cleansing and fulfills its

595

00:30:28,840 --> 00:30:27,050

slogan perfectly that T that makes you

596

00:30:31,690 --> 00:30:28,850

go so if you want to be on your health

597

00:30:34,270 --> 00:30:31,700

game log on to get the T calm and order

598

00:30:36,880 --> 00:30:34,280

life change super strength T packages

599

00:30:39,160 --> 00:30:36,890

come in a one month supply and when you

600

00:30:41,440 --> 00:30:39,170

brew this stuff wait until you see the

601  
00:30:43,180 --> 00:30:41,450  
results aren't we all about the results

602  
00:30:45,430 --> 00:30:43,190  
and with a lot of people's health

603  
00:30:47,470 --> 00:30:45,440  
struggling we can use a little bit of

604  
00:30:51,040 --> 00:30:47,480  
help doctors will tell you disease

605  
00:30:52,180 --> 00:30:51,050  
starts in the gut so log on to get the

606  
00:30:59,830 --> 00:30:52,190  
t-dot-com

607  
00:31:03,040 --> 00:30:59,840  
email saying I love this T I mean I love

608  
00:31:06,340 --> 00:31:03,050  
this t get the T at get the t.com help

609  
00:31:12,340 --> 00:31:06,350  
in America one tea bag at a time 9 out

610  
00:31:17,710 --> 00:31:12,350  
of 10 geneticists agreed fade to black

611  
00:31:22,090 --> 00:31:17,720  
is not your father's radio show on the

612  
00:31:23,940 --> 00:31:22,100  
game changer radio network and K GRA the

613  
00:31:25,340 --> 00:31:23,950

planet

614

00:31:27,799 --> 00:31:25,350

[Music]

615

00:31:30,470 --> 00:31:27,809

do you want to lose weight but have no

616

00:31:32,600 --> 00:31:30,480

idea where to begin the fast start diet

617

00:31:33,169 --> 00:31:32,610

a three-day weight loss plan is the

618

00:31:35,509 --> 00:31:33,179

answer

619

00:31:37,850 --> 00:31:35,519

three days of nutritionally balanced

620

00:31:40,759 --> 00:31:37,860

calorie restricted meals delivered right

621

00:31:43,159 --> 00:31:40,769

to your door no shopping no measuring

622

00:31:45,889 --> 00:31:43,169

and no cooking everything is prepared

623

00:31:46,460 --> 00:31:45,899

for you and ready to eat at home or on

624

00:31:48,799 --> 00:31:46,470

the go

625

00:31:50,779 --> 00:31:48,809

the fast start diet has all the amazing

626  
00:31:51,710 --> 00:31:50,789  
benefits of intermittent fasting without

627  
00:31:53,960 --> 00:31:51,720  
starving

628  
00:31:55,370 --> 00:31:53,970  
we've helped thousands of people who

629  
00:31:57,919 --> 00:31:55,380  
have struggled to reach their weight

630  
00:32:00,320 --> 00:31:57,929  
loss goals isn't it time we helped you

631  
00:32:03,259 --> 00:32:00,330  
with the fast start diet you'll lose

632  
00:32:05,690 --> 00:32:03,269  
weight and feel great fine fast start

633  
00:32:08,810 --> 00:32:05,700  
diet on Amazon or go to fast start diet

634  
00:32:11,119 --> 00:32:08,820  
calm and use promo code talk to get 10%

635  
00:32:13,460 --> 00:32:11,129  
off your first box and as a special

636  
00:32:15,769 --> 00:32:13,470  
bonus fast start will include their

637  
00:32:17,960 --> 00:32:15,779  
number one rated lipo 3 appetite

638  
00:32:20,389 --> 00:32:17,970

suppressant spray free with your order

639

00:32:23,539 --> 00:32:20,399

this is Jimmy church and whatever your

640

00:32:28,940 --> 00:32:23,549

diet plans are do what I did go to fast

641

00:32:52,210 --> 00:32:28,950

start diet calm and you're listening to

642

00:32:58,899 --> 00:32:54,759

all right welcome back fade to black I

643

00:33:03,310 --> 00:32:58,909

just held up to the studio cam the

644

00:33:06,340 --> 00:33:03,320

bunker cam the hoffmans optics Jimmy

645

00:33:08,799 --> 00:33:06,350

Church Edition and it just came today

646

00:33:12,509 --> 00:33:08,809

and this has the cell phone mount to

647

00:33:15,279 --> 00:33:12,519

record but yeah pretty incredible you

648

00:33:18,629 --> 00:33:15,289

want yours night-vision goggles just

649

00:33:21,129 --> 00:33:18,639

like this go to Hoffman's optics.com

650

00:33:22,600 --> 00:33:21,139

Hoffman's optics.com you scroll down to

651  
00:33:26,220 --> 00:33:22,610  
the bottom of the page and right there

652  
00:33:28,509 --> 00:33:26,230  
the Jimmy Church Edition the deep blue

653  
00:33:30,879 --> 00:33:28,519  
right there check it out

654  
00:33:32,830 --> 00:33:30,889  
give Alec Hoffman a call and he will

655  
00:33:33,519 --> 00:33:32,840  
guide you straight through he is a fade

656  
00:33:36,369 --> 00:33:33,529  
or not tonight

657  
00:33:38,409 --> 00:33:36,379  
our guests Mitch Horowitz he's a writer

658  
00:33:40,240 --> 00:33:38,419  
in residence at the New York Public

659  
00:33:41,950 --> 00:33:40,250  
Library lecturer in residence at the

660  
00:33:44,710 --> 00:33:41,960  
University of philosophical research

661  
00:33:47,139 --> 00:33:44,720  
right here in Los Angeles and the Penn

662  
00:33:49,779 --> 00:33:47,149  
award-winning author of books including

663  
00:33:52,090 --> 00:33:49,789

a cult America one simple idea how

664

00:33:55,330 --> 00:33:52,100

positive thinking reshaped Modern Life

665

00:33:58,180 --> 00:33:55,340

and the miracle Club how thoughts become

666

00:34:00,970 --> 00:33:58,190

reality I have both books I have read

667

00:34:03,190 --> 00:34:00,980

them I recommend them he has written on

668

00:34:05,230 --> 00:34:03,200

everything from the war on witches to

669

00:34:07,480 --> 00:34:05,240

the secret life of Ronald Reagan for the

670

00:34:10,389 --> 00:34:07,490

New York Times The Wall Street Journal

671

00:34:12,909 --> 00:34:10,399

the Washington Post salon time comm and

672

00:34:15,730 --> 00:34:12,919

Politico The Washington Post says Mitch

673

00:34:17,730 --> 00:34:15,740

and I'm quoting treats esoteric ideas

674

00:34:20,859 --> 00:34:17,740

and movements with an even-handed

675

00:34:23,309 --> 00:34:20,869

intellectual studios nough status too

676  
00:34:26,109 --> 00:34:23,319  
often lost in today's raised voice

677  
00:34:28,569 --> 00:34:26,119  
discussions which has discussed

678  
00:34:31,419 --> 00:34:28,579  
alternative spirituality on CBS Sunday

679  
00:34:34,359 --> 00:34:31,429  
morning Dateline NBC NPR's all things

680  
00:34:36,129 --> 00:34:34,369  
considered CNN and throughout all of the

681  
00:34:38,980 --> 00:34:36,139  
national media including right here on

682  
00:34:41,889 --> 00:34:38,990  
fade to black the Chinese government has

683  
00:34:44,200 --> 00:34:41,899  
censored his work and that says it all

684  
00:34:48,399 --> 00:34:44,210  
right there Mitch welcome back my friend

685  
00:34:50,230 --> 00:34:48,409  
how are you thank you it's always good

686  
00:34:52,000 --> 00:34:50,240  
to hear your voice now look at Mitch

687  
00:34:56,649 --> 00:34:52,010  
before we get started

688  
00:34:58,660 --> 00:34:56,659

you're on with us tonight tomorrow you

689

00:35:00,280 --> 00:34:58,670

go from New York to LA you're in Los

690

00:35:03,130 --> 00:35:00,290

Angeles tomorrow night what are you

691

00:35:05,480 --> 00:35:03,140

doing here in a town in fact I'm leaving

692

00:35:08,390 --> 00:35:05,490

in about two hours Los Angeles

693

00:35:10,490 --> 00:35:08,400

I'm going to be speaking Thursday

694

00:35:12,290 --> 00:35:10,500

through Saturday at manly pee halls

695

00:35:15,079 --> 00:35:12,300

Mystery School in the Griffith Park

696

00:35:17,450 --> 00:35:15,089

neighborhood we're kicking it off with a

697

00:35:18,349 --> 00:35:17,460

lecture on Thursday night called

698

00:35:21,020 --> 00:35:18,359

unvanquished

699

00:35:23,750 --> 00:35:21,030

angels about America's not so forgotten

700

00:35:25,339 --> 00:35:23,760

the cloaks heroes and continuing with

701

00:35:28,670 --> 00:35:25,349

another lecture on Friday night about

702

00:35:31,160 --> 00:35:28,680

hermetic spirituality Saturday I'm

703

00:35:32,720 --> 00:35:31,170

giving a workshop in the afternoon

704

00:35:35,690 --> 00:35:32,730

called the miracle Club which deals with

705

00:35:37,339 --> 00:35:35,700

mind power techniques and also Friday

706

00:35:38,990 --> 00:35:37,349

afternoon I'm going to be reading tarot

707

00:35:41,089 --> 00:35:39,000

cards for people talking about the

708

00:35:43,190 --> 00:35:41,099

history of Tarot and other great things

709

00:35:47,930 --> 00:35:43,200

in Manly Hawk library if you go to you

710

00:35:50,300 --> 00:35:47,940

PRS edu you PRS dot edu you can check

711

00:35:51,740 --> 00:35:50,310

out the schedule buy tickets and it's

712

00:35:53,720 --> 00:35:51,750

just going to be wonderful it's a

713

00:35:56,359 --> 00:35:53,730

gathering of great friends with a lot of

714

00:35:58,849 --> 00:35:56,369

esoteric exploration like I can't wait

715

00:36:00,560 --> 00:35:58,859

and could you do me a favor mints I hate

716

00:36:04,460 --> 00:36:00,570

to say this live on the air but can I

717

00:36:07,550 --> 00:36:04,470

get you to speak closer to your phone or

718

00:36:12,170 --> 00:36:07,560

take or take me off of speaker one or

719

00:36:13,910 --> 00:36:12,180

the other never speak for you Jimmy oh

720

00:36:17,810 --> 00:36:13,920

now there you are there you are there

721

00:36:21,740 --> 00:36:17,820

you are okay all right all right this is

722

00:36:23,420 --> 00:36:21,750

this is what I want to discuss tonight I

723

00:36:27,380 --> 00:36:23,430

don't know if you heard my opening rant

724

00:36:31,940 --> 00:36:27,390

earlier but about changing your reality

725

00:36:34,550 --> 00:36:31,950

I did I did just that and 11 years ago

726

00:36:36,950 --> 00:36:34,560

Rita and I were at a point in our lives

727

00:36:40,010 --> 00:36:36,960

where we were like okay you know what

728

00:36:44,690 --> 00:36:40,020

this ain't working you know and and

729

00:36:48,800 --> 00:36:44,700

let's let's do what we want to do I mean

730

00:36:51,740 --> 00:36:48,810

epic changes you know going from a

731

00:36:52,940 --> 00:36:51,750

certain lifestyle and it's you know the

732

00:36:56,240 --> 00:36:52,950

things that we were doing and we're

733

00:36:59,780 --> 00:36:56,250

raising our kids and it just took a

734

00:37:01,490 --> 00:36:59,790

right-hand turn and literally changed

735

00:37:02,960 --> 00:37:01,500

everything from top to bottom so when

736

00:37:05,000 --> 00:37:02,970

somebody says you know they're

737

00:37:07,070 --> 00:37:05,010

frustrated or they're this of you know

738

00:37:11,390 --> 00:37:07,080

it's up to you you can't blame the world

739

00:37:14,810 --> 00:37:11,400

right right right we make a good go

740

00:37:17,270 --> 00:37:14,820

maybe the world but absolutely I'm very

741

00:37:18,740 --> 00:37:17,280

touched to hear that story and you know

742

00:37:19,040 --> 00:37:18,750

the thing is when you decide to make a

743

00:37:20,900 --> 00:37:19,050

chain

744

00:37:22,430 --> 00:37:20,910

in your life it can also invite chaos

745

00:37:25,430 --> 00:37:22,440

into your life you have to be prepared

746

00:37:27,230 --> 00:37:25,440

for that as well and I think you know

747

00:37:29,660 --> 00:37:27,240

you've alluded to that you know success

748

00:37:33,380 --> 00:37:29,670

comes with sleepless nights it comes

749

00:37:35,720 --> 00:37:33,390

with anxiety and I have a close friend

750

00:37:37,670 --> 00:37:35,730

who's taught meditation just a very

751  
00:37:40,340 --> 00:37:37,680  
well-known television host and he said

752  
00:37:43,820 --> 00:37:40,350  
they don't sleep a wink all night they

753  
00:37:45,890 --> 00:37:43,830  
sleep two hours at a time and yet you

754  
00:37:47,750 --> 00:37:45,900  
also receive a lot as well you you have

755  
00:37:50,120 --> 00:37:47,760  
to accept there's going to be chaos

756  
00:37:53,420 --> 00:37:50,130  
entering your life any time you make a

757  
00:37:55,810 --> 00:37:53,430  
radical break with the past and it it

758  
00:38:00,110 --> 00:37:55,820  
was something that it's it's not like

759  
00:38:04,640 --> 00:38:00,120  
Mitch where you can go take a class

760  
00:38:07,880 --> 00:38:04,650  
somewhere to prepare you for this you

761  
00:38:10,820 --> 00:38:07,890  
know that part doesn't exist and you you

762  
00:38:12,620 --> 00:38:10,830  
learn on the fly nobody wants to share

763  
00:38:15,680 --> 00:38:12,630

their secret information

764

00:38:20,120 --> 00:38:15,690

you know how they manage to get through

765

00:38:22,520 --> 00:38:20,130

it and it's it's a tough thing but it's

766

00:38:24,920 --> 00:38:22,530

what we all want we all want to find our

767

00:38:27,470 --> 00:38:24,930

bliss we all want that that happiness

768

00:38:29,690 --> 00:38:27,480

that thing that just you know makes us

769

00:38:32,240 --> 00:38:29,700

get up in the morning we all want that

770

00:38:34,730 --> 00:38:32,250

but you you're absolutely right you need

771

00:38:37,070 --> 00:38:34,740

to be careful and you need to be

772

00:38:39,230 --> 00:38:37,080

prepared because with all of that and it

773

00:38:40,640 --> 00:38:39,240

will happen if you you want to manifest

774

00:38:44,240 --> 00:38:40,650

it you want to make it happen

775

00:38:46,700 --> 00:38:44,250

it'll happen but what comes with that is

776

00:38:49,030 --> 00:38:46,710

is an immense amount of chaos and

777

00:38:51,860 --> 00:38:49,040

anxiety and you have to prepare for it

778

00:38:53,510 --> 00:38:51,870

yes I think one of the ways of dealing

779

00:38:55,940 --> 00:38:53,520

with the chaos and anxiety that

780

00:38:57,560 --> 00:38:55,950

accompanies success that accompanies

781

00:39:00,560 --> 00:38:57,570

assimilating your goals into your life

782

00:39:02,660 --> 00:39:00,570

and this is very tricky because there's

783

00:39:04,490 --> 00:39:02,670

going to sound simple but if you peel

784

00:39:06,830 --> 00:39:04,500

back the onion it's it's not simple

785

00:39:11,060 --> 00:39:06,840

don't complain about it it's very

786

00:39:13,400 --> 00:39:11,070

important not to get caught up in kind

787

00:39:16,090 --> 00:39:13,410

of petty complaints that can accompany

788

00:39:19,690 --> 00:39:16,100

success because what you're really doing

789

00:39:23,750 --> 00:39:19,700

you know in that situation is kind of

790

00:39:26,360 --> 00:39:23,760

reverting back to a mindset of want now

791

00:39:28,370 --> 00:39:26,370

I was joking earlier that I'm leaving

792

00:39:30,860 --> 00:39:28,380

for LA in about two hours and that's

793

00:39:32,930 --> 00:39:30,870

just about true I mean right now here in

794

00:39:34,880 --> 00:39:32,940

New York City is it's 10:30

795

00:39:37,430 --> 00:39:34,890

at night I'm gonna be with you and your

796

00:39:39,200 --> 00:39:37,440

listeners until 12:30 I'm gonna get up

797

00:39:40,760 --> 00:39:39,210

at 4:00 a.m. to make a plane if I could

798

00:39:43,520 --> 00:39:40,770

even put in those terms I mean I'm gonna

799

00:39:45,620 --> 00:39:43,530

sort of take a nap and you know earlier

800

00:39:47,750 --> 00:39:45,630

today I found myself just getting on the

801  
00:39:49,430 --> 00:39:47,760  
brink of saying oh man I'm only gonna

802  
00:39:52,310 --> 00:39:49,440  
sleep two or three hours or whatever oh

803  
00:39:53,720 --> 00:39:52,320  
forget it I'm thrilled I'm delighted I'm

804  
00:39:55,310 --> 00:39:53,730  
delighted to be here with you and your

805  
00:39:57,710 --> 00:39:55,320  
listeners I'm delighted to be getting on

806  
00:40:00,770 --> 00:39:57,720  
a plane tomorrow and going to LA a city

807  
00:40:03,980 --> 00:40:00,780  
that I love and you know it's very easy

808  
00:40:07,190 --> 00:40:03,990  
for us to sort of slip into a mode of

809  
00:40:08,900 --> 00:40:07,200  
want all over again when we get

810  
00:40:12,410 --> 00:40:08,910  
something that we wish for and that's

811  
00:40:16,010 --> 00:40:12,420  
one of the things that serves to return

812  
00:40:17,840 --> 00:40:16,020  
us to our prior mood and the things that

813  
00:40:20,660 --> 00:40:17,850

we tell ourselves privately and things

814

00:40:22,520 --> 00:40:20,670

that we say casually to our friends and

815

00:40:25,940 --> 00:40:22,530

loved ones have more power than we would

816

00:40:27,920 --> 00:40:25,950

ever estimate and so one piece of advice

817

00:40:29,630 --> 00:40:27,930

which I would share and I don't feel the

818

00:40:32,510 --> 00:40:29,640

need to be secretive at all about it is

819

00:40:34,130 --> 00:40:32,520

when you get what you want and it's so

820

00:40:36,440 --> 00:40:34,140

important and we'll talk more about that

821

00:40:39,890 --> 00:40:36,450

don't fall into petty complaining

822

00:40:43,010 --> 00:40:39,900

because that will set you back words in

823

00:40:44,870 --> 00:40:43,020

terms of mood and mindset and it will

824

00:40:47,870 --> 00:40:44,880

take your it will take your attention

825

00:40:51,200 --> 00:40:47,880

away from where you've traveled on the

826

00:40:52,910 --> 00:40:51,210

road and dilute your ability to enjoy

827

00:40:54,500 --> 00:40:52,920

what you're actually experiencing and

828

00:40:57,320 --> 00:40:54,510

you practice what you preach

829

00:41:00,530 --> 00:40:57,330

I want everybody to know when I when I

830

00:41:03,110 --> 00:41:00,540

reached out to Mitch and he looks at his

831

00:41:04,820 --> 00:41:03,120

schedule and you know I said well

832

00:41:06,680 --> 00:41:04,830

Tuesday night he said what time and I

833

00:41:09,890 --> 00:41:06,690

said you know okay oh yeah you were like

834

00:41:12,320 --> 00:41:09,900

we're on you know done yeah you're not

835

00:41:14,030 --> 00:41:12,330

you're not you know anybody else would

836

00:41:15,740 --> 00:41:14,040

come in I can't get up I got to work I

837

00:41:17,180 --> 00:41:15,750

got it I gotta get on the plane I gotta

838

00:41:21,020 --> 00:41:17,190

go you know I don't have time for this

839

00:41:24,320 --> 00:41:21,030

no no no no you are practicing what you

840

00:41:26,930 --> 00:41:24,330

preach literally you could be doing

841

00:41:30,110 --> 00:41:26,940

anything right now but speaking to this

842

00:41:33,920 --> 00:41:30,120

audience you should be in bed you should

843

00:41:35,360 --> 00:41:33,930

be packing earlier oh by the way can I

844

00:41:41,210 --> 00:41:35,370

tell everybody what you were doing

845

00:41:43,850 --> 00:41:41,220

earlier when we sound Mitch is shaving

846

00:41:45,799 --> 00:41:43,860

he's got shaving cream on and now he

847

00:41:47,809 --> 00:41:45,809

could have told me at that point

848

00:41:51,349 --> 00:41:47,819

I'll call you back no soundcheck you

849

00:41:53,870 --> 00:41:51,359

know I'm shaving know we sound checked

850

00:41:56,569 --> 00:41:53,880

while you were shaving and we got it

851  
00:41:57,739 --> 00:41:56,579  
done and and here we are but yeah

852  
00:42:01,279 --> 00:41:57,749  
absolutely

853  
00:42:01,819 --> 00:42:01,289  
you have to you have to work nothing is

854  
00:42:08,719 --> 00:42:01,829  
free

855  
00:42:11,599 --> 00:42:08,729  
often tell people if you can think that

856  
00:42:14,749 --> 00:42:11,609  
your earliest earliest memories as a kid

857  
00:42:16,969 --> 00:42:14,759  
I mean I mean really young age three age

858  
00:42:20,390 --> 00:42:16,979  
four when your first memories started to

859  
00:42:24,049 --> 00:42:20,400  
crystallize and you may discover an

860  
00:42:26,809 --> 00:42:24,059  
uncanny congruence between what you

861  
00:42:29,509 --> 00:42:26,819  
wanted when you were at that precious

862  
00:42:31,819 --> 00:42:29,519  
young age and what you have now as an

863  
00:42:33,410 --> 00:42:31,829

adult the Philosopher's Garretson made

864

00:42:36,319 --> 00:42:33,420

the observation you know we often hear

865

00:42:37,819 --> 00:42:36,329

that that that old saying careful what

866

00:42:40,039 --> 00:42:37,829

you wish for you just might get it

867

00:42:44,209 --> 00:42:40,049

that actually has its earliest roots in

868

00:42:47,109 --> 00:42:44,219

Goethe who said what you wish for when

869

00:42:50,239 --> 00:42:47,119

you're young will come upon you in waves

870

00:42:52,549 --> 00:42:50,249

when you're old so be careful be careful

871

00:42:54,109 --> 00:42:52,559

and a lot of people want to argue with

872

00:42:56,089 --> 00:42:54,119

that statement because they think have

873

00:42:59,179 --> 00:42:56,099

been cells well gee I'm not living out

874

00:43:01,249 --> 00:42:59,189

my dreams and I would say take a yellow

875

00:43:04,009 --> 00:43:01,259

life you know take a yellow life take a

876

00:43:07,130 --> 00:43:04,019

careful look a second look at what

877

00:43:10,069 --> 00:43:07,140

Garrett is said and let your mind drift

878

00:43:12,769 --> 00:43:10,079

back to what you really wanted at the

879

00:43:15,519 --> 00:43:12,779

time of your earliest memories h3 h4

880

00:43:18,769 --> 00:43:15,529

just when we begin to crystallize

881

00:43:20,599 --> 00:43:18,779

conscious long-term memories take a look

882

00:43:23,029 --> 00:43:20,609

you may be very surprised at what you

883

00:43:25,130 --> 00:43:23,039

discover now one thing I don't mind

884

00:43:26,719 --> 00:43:25,140

sharing with people it's a very intimate

885

00:43:27,890 --> 00:43:26,729

memory but I feel like I have to be

886

00:43:30,979 --> 00:43:27,900

straightforward with you and your

887

00:43:33,049 --> 00:43:30,989

listeners when I was a little kid and we

888

00:43:34,999 --> 00:43:33,059

would play games you know cowboys and

889

00:43:36,919 --> 00:43:35,009

Indians and war games things like that

890

00:43:38,569 --> 00:43:36,929

I was playing all the same games that

891

00:43:41,689 --> 00:43:38,579

everybody else was playing but I was

892

00:43:45,109 --> 00:43:41,699

imagining myself doing it on camera you

893

00:43:45,890 --> 00:43:45,119

know I wanted to be John Wayne or

894

00:43:47,959 --> 00:43:45,900

whoever it was

895

00:43:49,759 --> 00:43:47,969

you know kind of acting out the part on

896

00:43:51,439 --> 00:43:49,769

camera and I would imagine myself

897

00:43:54,289 --> 00:43:51,449

playing these games in front of a camera

898

00:43:59,239 --> 00:43:54,299

and so I consider myself usually lucky

899

00:43:59,720 --> 00:43:59,249

now in midlife to be involved in media

900

00:44:01,670 --> 00:43:59,730

and rain

901  
00:44:04,099 --> 00:44:01,680  
on television so when you call me and

902  
00:44:05,450 --> 00:44:04,109  
say hey can you do the show you know

903  
00:44:08,450 --> 00:44:05,460  
tomorrow night at such-and-such a time

904  
00:44:11,570 --> 00:44:08,460  
it's like the answer is just yes not

905  
00:44:15,080 --> 00:44:11,580  
maybe but yes because it's it's really

906  
00:44:18,109 --> 00:44:15,090  
the the the the spot the the the spot of

907  
00:44:20,840 --> 00:44:18,119  
harmonious living that I had thought of

908  
00:44:23,300 --> 00:44:20,850  
effortlessly at age 34 and I considered

909  
00:44:25,670 --> 00:44:23,310  
it the blessing of my life that that has

910  
00:44:29,330 --> 00:44:25,680  
come upon me in ways just like character

911  
00:44:32,690 --> 00:44:29,340  
said in midlife and I better never

912  
00:44:37,280 --> 00:44:32,700  
complain about it for a moment when we

913  
00:44:39,980 --> 00:44:37,290

take a look at America today the United

914

00:44:42,380 --> 00:44:39,990

States we can certainly discuss the

915

00:44:46,310 --> 00:44:42,390

world in the same terms but when we look

916

00:44:48,109 --> 00:44:46,320

at America today and the title of the

917

00:44:50,780 --> 00:44:48,119

book where you say you know how positive

918

00:44:53,570 --> 00:44:50,790

thinking reshaped modern life I would

919

00:44:56,510 --> 00:44:53,580

say that in a general sense that that is

920

00:45:00,320 --> 00:44:56,520

true and then on the flip side of that

921

00:45:03,800 --> 00:45:00,330

we really wanted technology we wanted

922

00:45:07,880 --> 00:45:03,810

access we wanted eight zillion channels

923

00:45:11,470 --> 00:45:07,890

of access to entertainment in news 24/7

924

00:45:15,680 --> 00:45:11,480

we wanted all of these things which also

925

00:45:17,750 --> 00:45:15,690

has started to reshape the way we are

926

00:45:20,990 --> 00:45:17,760

today in the way that we think and it's

927

00:45:23,480 --> 00:45:21,000

again it's kind of going back be careful

928

00:45:28,160 --> 00:45:23,490

what you wish for right that's true

929

00:45:30,859 --> 00:45:28,170

you know has altered human nature but it

930

00:45:33,680 --> 00:45:30,869

has certainly its disinhibited us it's

931

00:45:35,990 --> 00:45:33,690

brought out aspects of human nature that

932

00:45:39,290 --> 00:45:36,000

are in sharper focus than ever before

933

00:45:42,670 --> 00:45:39,300

and frankly we are destroying ourselves

934

00:45:45,260 --> 00:45:42,680

by the tone that exists that pervades

935

00:45:48,340 --> 00:45:45,270

digital culture the tone of attack the

936

00:45:51,349 --> 00:45:48,350

tone of sarcasm the tone of cynicism and

937

00:45:54,950 --> 00:45:51,359

it's breaking us down you know it is

938

00:45:56,870 --> 00:45:54,960

breaking us down and I often tell people

939

00:46:00,260 --> 00:45:56,880

you know if you think this is just a

940

00:46:02,300 --> 00:46:00,270

broader macro social problem you're

941

00:46:03,890 --> 00:46:02,310

you're you're not only mistaken but

942

00:46:06,500 --> 00:46:03,900

you're endangering your own happiness

943

00:46:10,910 --> 00:46:06,510

when people come to me and they feel

944

00:46:13,010 --> 00:46:10,920

unhappy depressed anxious they can't

945

00:46:13,550 --> 00:46:13,020

sleep they're hitting the bottle too

946

00:46:15,350 --> 00:46:13,560

much

947

00:46:18,170 --> 00:46:15,360

they're relying on drugs or whatever it

948

00:46:19,400 --> 00:46:18,180

is one of the things I tell them is if

949

00:46:21,830 --> 00:46:19,410

you want to do something to help

950

00:46:30,200 --> 00:46:21,840

yourself in the next 24 hours and I need

951  
00:46:32,990 --> 00:46:30,210  
it stop gossiping stop gossip right and

952  
00:46:36,830 --> 00:46:33,000  
we you know and we you know what Mitch

953  
00:46:38,870 --> 00:46:36,840  
we all know that for some reason nobody

954  
00:46:41,290 --> 00:46:38,880  
wants to step up to the plate and and

955  
00:46:44,030 --> 00:46:41,300  
and start to do something about it

956  
00:46:46,160 --> 00:46:44,040  
that's right that's right and you know

957  
00:46:48,020 --> 00:46:46,170  
people want magic that's the closest

958  
00:46:50,840 --> 00:46:48,030  
thing you can get to magic you can enact

959  
00:46:53,000 --> 00:46:50,850  
it right away you will feel nobler you

960  
00:46:55,670 --> 00:46:53,010  
will be more respected you will stand

961  
00:46:58,490 --> 00:46:55,680  
more erect you will be a more attractive

962  
00:46:59,810 --> 00:46:58,500  
person there's there's many reasons for

963  
00:47:01,850 --> 00:46:59,820

that and I go through some of them in

964

00:47:04,430 --> 00:47:01,860

the Miracle Club and other books but the

965

00:47:06,200 --> 00:47:04,440

fact is you degrade yourself through

966

00:47:07,910 --> 00:47:06,210

gossip in ways that you don't even begin

967

00:47:10,550 --> 00:47:07,920

to imagine right there's an auto

968

00:47:12,170 --> 00:47:10,560

suggestive quality to gossip where what

969

00:47:14,690 --> 00:47:12,180

you talk about acts on your own

970

00:47:16,610 --> 00:47:14,700

character there is an energy depletion

971

00:47:18,560 --> 00:47:16,620

if you've ever sat through a meal with

972

00:47:20,270 --> 00:47:18,570

somebody and you've just sat through

973

00:47:22,220 --> 00:47:20,280

that whole meal gossiping and trading

974

00:47:24,980 --> 00:47:22,230

stories about other people you will feel

975

00:47:26,810 --> 00:47:24,990

an unmistakable drop in your energies if

976

00:47:28,750 --> 00:47:26,820

you're just coming off of a of a sugar

977

00:47:31,160 --> 00:47:28,760

high there's something so psychically

978

00:47:33,490 --> 00:47:31,170

unhealthy about gossip and the beautiful

979

00:47:36,950 --> 00:47:33,500

thing is if you can flick the off switch

980

00:47:39,550 --> 00:47:36,960

you will feel better you will get

981

00:47:41,630 --> 00:47:39,560

rewards you know it's not only a matter

982

00:47:43,160 --> 00:47:41,640

Tinley the moral thing to do it's

983

00:47:45,470 --> 00:47:43,170

certainly the ethical thing to do but if

984

00:47:47,420 --> 00:47:45,480

you want to be selfish about it because

985

00:47:50,390 --> 00:47:47,430

you will receive rewards you're doing

986

00:47:52,070 --> 00:47:50,400

unto yourself by ceasing that so you

987

00:47:55,270 --> 00:47:52,080

know this language is a smog that

988

00:47:57,680 --> 00:47:55,280

poisons us and if you can unplug from it

989

00:47:59,930 --> 00:47:57,690

it's not just a matter of doing the good

990

00:48:01,700 --> 00:47:59,940

deed or eating your vegetables you will

991

00:48:05,770 --> 00:48:01,710

feel like a nobler person and you will

992

00:48:08,450 --> 00:48:05,780

feel it in 24 hours I used to I realized

993

00:48:12,650 --> 00:48:08,460

many many many many years ago decades

994

00:48:14,920 --> 00:48:12,660

ago that if I if somebody was in my

995

00:48:18,770 --> 00:48:14,930

presence and would start to gossip

996

00:48:21,770 --> 00:48:18,780

pretty much that's the last conversation

997

00:48:23,750 --> 00:48:21,780

I would have with that person turned off

998

00:48:26,140 --> 00:48:23,760

I want to hang out with somebody that

999

00:48:28,539 --> 00:48:26,150

says something like man

1000

00:48:31,059 --> 00:48:28,549

I read this book yesterday and it was

1001

00:48:34,180 --> 00:48:31,069

about bla bla bla bla bla that's a

1002

00:48:39,460 --> 00:48:34,190

conversation right that you know what I

1003

00:48:43,779 --> 00:48:39,470

mean yeah and and I am that way when it

1004

00:48:48,339 --> 00:48:43,789

comes to social media and and and what

1005

00:48:50,680 --> 00:48:48,349

is going on today this this the the the

1006

00:48:52,539 --> 00:48:50,690

gossiping that is there I look at who is

1007

00:48:55,239 --> 00:48:52,549

writing those words and I can pretty

1008

00:48:57,549 --> 00:48:55,249

much assess that that is somebody that

1009

00:48:59,559 --> 00:48:57,559

doesn't like themselves and they've got

1010

00:49:02,079 --> 00:48:59,569

something that burnt on the inside of

1011

00:49:05,380 --> 00:49:02,089

them that you know it's dark and they

1012

00:49:08,890 --> 00:49:05,390

need to get out of that they think that

1013

00:49:11,470 --> 00:49:08,900

gossiping is making them attractive that

1014

00:49:13,779 --> 00:49:11,480

is making them important and and it's

1015

00:49:17,019 --> 00:49:13,789

simply the exact opposite is what

1016

00:49:18,670 --> 00:49:17,029

happens exactly I think people are

1017

00:49:21,009 --> 00:49:18,680

afraid to unplug from gossip because

1018

00:49:23,079 --> 00:49:21,019

they think they'll be boring they new

1019

00:49:25,299 --> 00:49:23,089

gossip is the kind of currency and they

1020

00:49:28,809 --> 00:49:25,309

feel that when they don't have dirt to

1021

00:49:30,789 --> 00:49:28,819

share or you know insider dope to share

1022

00:49:33,130 --> 00:49:30,799

about other people they're going to be

1023

00:49:35,470 --> 00:49:33,140

boring it's not true it's a false

1024

00:49:37,120 --> 00:49:35,480

assumption not only will you be more

1025

00:49:39,309 --> 00:49:37,130

interesting and attractive you'll come

1026  
00:49:40,839 --> 00:49:39,319  
into better nobler company which will

1027  
00:49:43,509 --> 00:49:40,849  
allow you to accomplish more of the

1028  
00:49:46,809 --> 00:49:43,519  
things you want in life and the fact is

1029  
00:49:48,579 --> 00:49:46,819  
you know a lot of gossip is based on

1030  
00:49:50,440 --> 00:49:48,589  
this false assumption that we can deal

1031  
00:49:53,440 --> 00:49:50,450  
with our own fear we can deal with our

1032  
00:49:57,430 --> 00:49:53,450  
own anger by diluting it that if we

1033  
00:49:59,529 --> 00:49:57,440  
share it or if we share bad news or

1034  
00:50:02,680 --> 00:49:59,539  
misfortune that's being experienced by

1035  
00:50:04,599 --> 00:50:02,690  
other people that somehow dilutes the

1036  
00:50:06,729 --> 00:50:04,609  
anxiety and the problems of the pain

1037  
00:50:09,099 --> 00:50:06,739  
that we're experiencing that's an

1038  
00:50:12,489 --> 00:50:09,109

illusion that doesn't work that dilution

1039

00:50:15,009 --> 00:50:12,499

process does not take place unplug from

1040

00:50:18,640 --> 00:50:15,019

it you will be happier it's that simple

1041

00:50:20,470 --> 00:50:18,650

and I when when something like that

1042

00:50:23,680 --> 00:50:20,480

happens and I want you to speak to the

1043

00:50:27,999 --> 00:50:23,690

audience directly are there results from

1044

00:50:31,029 --> 00:50:28,009

that instantaneous I believe so I

1045

00:50:33,190 --> 00:50:31,039

believe that we have certain

1046

00:50:36,029 --> 00:50:33,200

opportunities in life to actually

1047

00:50:38,769 --> 00:50:36,039

experience dramatic instantaneous

1048

00:50:40,030 --> 00:50:38,779

changes and one of those opportunities

1049

00:50:41,830 --> 00:50:40,040

in

1050

00:50:44,980 --> 00:50:41,840

has to do with gossip because its

1051

00:50:49,180 --> 00:50:44,990

effects are like a choking smog

1052

00:50:51,010 --> 00:50:49,190

psychically and it is the finest thing

1053

00:50:54,550 --> 00:50:51,020

that you can do for yourself when you

1054

00:50:57,250 --> 00:50:54,560

unplug from it you will feel at Liberty

1055

00:50:59,770 --> 00:50:57,260

and stronger in a radical number of ways

1056

00:51:01,270 --> 00:50:59,780

the philosopher William James is one of

1057

00:51:03,580 --> 00:51:01,280

my heroes talked about a conversion

1058

00:51:06,550 --> 00:51:03,590

experience and he said there are certain

1059

00:51:08,560 --> 00:51:06,560

instances in a person's life where he or

1060

00:51:11,110 --> 00:51:08,570

she can come into a new belief system or

1061

00:51:12,970 --> 00:51:11,120

take some dramatic step and it seems to

1062

00:51:15,580 --> 00:51:12,980

reorient their lives in a way that

1063

00:51:18,040 --> 00:51:15,590

actually changes objective out of

1064

00:51:20,050 --> 00:51:18,050

reality bill Wilson the founder of AAA

1065

00:51:22,390 --> 00:51:20,060

had that experience when he got sober

1066

00:51:25,510 --> 00:51:22,400

for example there are certain steps that

1067

00:51:27,310 --> 00:51:25,520

we can take that are so powerful that it

1068

00:51:30,430 --> 00:51:27,320

seems to reorient everything that we're

1069

00:51:32,200 --> 00:51:30,440

about and even resisting a certain habit

1070

00:51:34,810 --> 00:51:32,210

even if we relapse and I know there are

1071

00:51:37,720 --> 00:51:34,820

relapses and I experience them too but

1072

00:51:41,830 --> 00:51:37,730

even if we relapse every effort that we

1073

00:51:43,900 --> 00:51:41,840

make to shed a negative habit and

1074

00:51:46,330 --> 00:51:43,910

embrace a nobler form of living it

1075

00:51:46,900 --> 00:51:46,340

builds up a fiber in us that does change

1076  
00:51:49,930 --> 00:51:46,910  
things

1077  
00:51:51,610 --> 00:51:49,940  
and I talked to a lot of people who are

1078  
00:51:54,130 --> 00:51:51,620  
suffering I talked to a lot of people

1079  
00:51:56,710 --> 00:51:54,140  
who feel depressed or anxious or

1080  
00:51:58,300 --> 00:51:56,720  
what-have-you and you know the one thing

1081  
00:52:01,030 --> 00:51:58,310  
I tell them is if you can scrutinize

1082  
00:52:02,680 --> 00:52:01,040  
your life and and cut out gossip and

1083  
00:52:05,200 --> 00:52:02,690  
there are other steps to you know

1084  
00:52:06,880 --> 00:52:05,210  
another step that's so important is

1085  
00:52:09,190 --> 00:52:06,890  
separating yourself from cruel people

1086  
00:52:12,640 --> 00:52:09,200  
even if you can't get away from the

1087  
00:52:15,940 --> 00:52:12,650  
individual physically you can still make

1088  
00:52:17,980 --> 00:52:15,950

that morally revolutionary effort within

1089

00:52:19,720 --> 00:52:17,990

to determine that you're going to

1090

00:52:21,880 --> 00:52:19,730

separate from them within as much as

1091

00:52:24,580 --> 00:52:21,890

possible and at the first possible

1092

00:52:27,430 --> 00:52:24,590

opportunity at the first possible

1093

00:52:28,960 --> 00:52:27,440

opportunity now to separate physically

1094

00:52:31,210 --> 00:52:28,970

doesn't matter when it is that

1095

00:52:33,520 --> 00:52:31,220

opportunity will come but separating

1096

00:52:36,460 --> 00:52:33,530

from cruel people and persisting from

1097

00:52:38,410 --> 00:52:36,470

Gossip Man they will change your life in

1098

00:52:40,540 --> 00:52:38,420

hours and I don't exaggerate and I

1099

00:52:43,240 --> 00:52:40,550

welcome anybody to try it and call me

1100

00:52:46,290 --> 00:52:43,250

out on it if I am exaggerating it did

1101  
00:52:52,060 --> 00:52:46,300  
okay so I want to ask you two questions

1102  
00:52:53,740 --> 00:52:52,070  
did you use to gossip oh yeah I worked

1103  
00:52:56,260 --> 00:52:53,750  
in the publishing business

1104  
00:52:59,320 --> 00:52:56,270  
currency of the publishing business was

1105  
00:53:00,510 --> 00:52:59,330  
gossip time I mean you know people go

1106  
00:53:02,920 --> 00:53:00,520  
out to these expense-account lunches

1107  
00:53:05,230 --> 00:53:02,930  
right and they just sit there over their

1108  
00:53:08,440 --> 00:53:05,240  
grilled salmon you know talking trash

1109  
00:53:10,540 --> 00:53:08,450  
about colleagues and I realized that a

1110  
00:53:12,099 --> 00:53:10,550  
certain point and and Jimmy I swear to

1111  
00:53:14,170 --> 00:53:12,109  
you it was almost like this palpably

1112  
00:53:16,710 --> 00:53:14,180  
physical experience and I think it was

1113  
00:53:18,730 --> 00:53:16,720

physical and psychical there was a

1114

00:53:21,130 --> 00:53:18,740

colleague with whom I used to get

1115

00:53:27,790 --> 00:53:21,140

together for lunch every few months and

1116

00:53:31,120 --> 00:53:27,800

I would get drawn in to this rotating

1117

00:53:33,520 --> 00:53:31,130

wheel of gossip with this person and the

1118

00:53:35,470 --> 00:53:33,530

lunch would just drag on too long I'd

1119

00:53:38,290 --> 00:53:35,480

come back to my office at 3 o'clock in

1120

00:53:40,560 --> 00:53:38,300

the afternoon and I feel hungover I feel

1121

00:53:43,990 --> 00:53:40,570

sick I'd feel almost physically unwell

1122

00:53:46,839 --> 00:53:44,000

and that was my first clue that these

1123

00:53:50,650 --> 00:53:46,849

conversations have some component to

1124

00:53:51,280 --> 00:53:50,660

them that are absolutely toxic to the

1125

00:53:55,960 --> 00:53:51,290

psyche

1126  
00:53:57,910 --> 00:53:55,970  
toxic to your physiology and I made an

1127  
00:54:00,420 --> 00:53:57,920  
effort to distance myself from that

1128  
00:54:03,609 --> 00:54:00,430  
person and I began to realize how

1129  
00:54:06,070 --> 00:54:03,619  
pernicious a thing gossip was and I

1130  
00:54:07,930 --> 00:54:06,080  
began to realize how how many diffuse

1131  
00:54:10,780 --> 00:54:07,940  
sides there are to people's lives and

1132  
00:54:12,910 --> 00:54:10,790  
how profoundly unfair ative to try to

1133  
00:54:15,970 --> 00:54:12,920  
boil down their life or their identity

1134  
00:54:17,890 --> 00:54:15,980  
or their existence to one story that I

1135  
00:54:19,390 --> 00:54:17,900  
witnessed or someone else witness where

1136  
00:54:22,120 --> 00:54:19,400  
somebody underwent a misfortune so

1137  
00:54:23,920 --> 00:54:22,130  
anyway I had a revolution an internal

1138  
00:54:28,000 --> 00:54:23,930

revolution about it but the publishing

1139

00:54:30,880 --> 00:54:28,010

business is so fuelled by gossip and and

1140

00:54:32,950 --> 00:54:30,890

so at one time I was very much part of

1141

00:54:35,400 --> 00:54:32,960

that I was very much part of that and I

1142

00:54:38,320 --> 00:54:35,410

distance myself from it completely the

1143

00:54:42,280 --> 00:54:38,330

the changes that you have once you cut

1144

00:54:45,880 --> 00:54:42,290

the negative people around you and and

1145

00:54:48,130 --> 00:54:45,890

you stop the gossiping and you take

1146

00:54:50,560 --> 00:54:48,140

those steps towards the positive it's

1147

00:54:52,240 --> 00:54:50,570

the first things that you need to get in

1148

00:54:54,130 --> 00:54:52,250

order when you want to change your own

1149

00:54:57,280 --> 00:54:54,140

reality because you'll get a month out

1150

00:54:58,930 --> 00:54:57,290

two months out and you'll look back and

1151

00:55:01,839 --> 00:54:58,940

you'll say to you how used to be

1152

00:55:04,870 --> 00:55:01,849

different this this actually works today

1153

00:55:07,390 --> 00:55:04,880

yeah I'm not the same person that I was

1154

00:55:09,789 --> 00:55:07,400

back then and it's actually barely

1155

00:55:12,299 --> 00:55:09,799

very simple if you just know you know a

1156

00:55:15,700 --> 00:55:12,309

couple of simple things on what to do

1157

00:55:18,069 --> 00:55:15,710

yes and sometimes in in fact maybe

1158

00:55:20,109 --> 00:55:18,079

almost as a rule other people notice it

1159

00:55:22,930 --> 00:55:20,119

first they may not always advertise it

1160

00:55:24,579 --> 00:55:22,940

to you but I've had encounters with

1161

00:55:26,710 --> 00:55:24,589

people meals with people and they've

1162

00:55:28,480 --> 00:55:26,720

said you know you you you have a

1163

00:55:31,000 --> 00:55:28,490

different tone than the person I knew

1164

00:55:32,470 --> 00:55:31,010

from ten years ago five years ago it's

1165

00:55:34,539 --> 00:55:32,480

not uncommon that other people will

1166

00:55:36,579 --> 00:55:34,549

notice it first and this is the kind of

1167

00:55:39,549 --> 00:55:36,589

thing that opens up the door for people

1168

00:55:41,529 --> 00:55:39,559

to do the things that that you would

1169

00:55:43,089 --> 00:55:41,539

Reta have done where you know you make

1170

00:55:44,620 --> 00:55:43,099

these radical changes in your life and

1171

00:55:48,789 --> 00:55:44,630

you found yourself living in existence

1172

00:55:53,589 --> 00:55:48,799

but was actually self selected and when

1173

00:55:57,370 --> 00:55:53,599

I say changing your reality is real that

1174

00:56:00,760 --> 00:55:57,380

you can do it there when I used to hear

1175

00:56:02,170 --> 00:56:00,770

about these processes and I'm talking

1176  
00:56:04,269 --> 00:56:02,180  
you know twenty years ago thirty years

1177  
00:56:08,049 --> 00:56:04,279  
ago I used to hear about yeah I would

1178  
00:56:10,420 --> 00:56:08,059  
think that I would dismiss it in that it

1179  
00:56:12,190 --> 00:56:10,430  
seemed like what they were saying like I

1180  
00:56:13,870 --> 00:56:12,200  
said in the opening statement you know

1181  
00:56:15,789 --> 00:56:13,880  
you're gonna light a few candles and and

1182  
00:56:17,680 --> 00:56:15,799  
you're gonna dream your way through this

1183  
00:56:19,089 --> 00:56:17,690  
and tomorrow you're gonna wake up and

1184  
00:56:22,680 --> 00:56:19,099  
there's a different car in the driveway

1185  
00:56:25,299 --> 00:56:22,690  
you know that is something more esoteric

1186  
00:56:28,870 --> 00:56:25,309  
and-and-and supernatural but that's not

1187  
00:56:31,359 --> 00:56:28,880  
the case is it well you know it's

1188  
00:56:33,190 --> 00:56:31,369

interesting I think over time it could

1189

00:56:35,049 --> 00:56:33,200

be the case I mean there's a there's a

1190

00:56:37,359 --> 00:56:35,059

natural interval that is a natural

1191

00:56:39,130 --> 00:56:37,369

gestation that has to occur in life I

1192

00:56:41,559 --> 00:56:39,140

mean you know it takes nine months for a

1193

00:56:44,109 --> 00:56:41,569

human life to gestation in the animal

1194

00:56:46,329 --> 00:56:44,119

kingdom in a horse 11 months and so on

1195

00:56:48,640 --> 00:56:46,339

you know it's a law of nature that

1196

00:56:50,349 --> 00:56:48,650

there's going to be a gestation period

1197

00:56:52,480 --> 00:56:50,359

for everything

1198

00:56:54,220 --> 00:56:52,490

sometimes things can happen in a hurry

1199

00:56:56,049 --> 00:56:54,230

other times they happen over the course

1200

00:56:59,380 --> 00:56:56,059

of years but one of the things I have

1201

00:57:02,849 --> 00:56:59,390

been absolutely just astonished by is

1202

00:57:05,319 --> 00:57:02,859

that sometimes over the march of time I

1203

00:57:07,779 --> 00:57:05,329

you know and and we're terrible I mean

1204

00:57:10,359 --> 00:57:07,789

we forget things we're we're very

1205

00:57:12,849 --> 00:57:10,369

forgetful we our attention has

1206

00:57:14,170 --> 00:57:12,859

tremendous gaps in it but sometimes over

1207

00:57:16,000 --> 00:57:14,180

the course of time not noticed that

1208

00:57:17,799 --> 00:57:16,010

there will be that car in the driveway

1209

00:57:20,289 --> 00:57:17,809

or there will be somebody looking back

1210

00:57:21,400 --> 00:57:20,299

at me in the mirror in the morning or

1211

00:57:25,360 --> 00:57:21,410

something and I realize

1212

00:57:27,460 --> 00:57:25,370

oh my god this is exactly something that

1213

00:57:32,110 --> 00:57:27,470

I was picturing I mean this is really

1214

00:57:34,630 --> 00:57:32,120

truly congruent with my thoughts and it

1215

00:57:37,720 --> 00:57:34,640

may be that it occurred over an interval

1216

00:57:40,240 --> 00:57:37,730

of five or ten years but the congruence

1217

00:57:42,760 --> 00:57:40,250

I tell you it's just amazing I mean I

1218

00:57:46,150 --> 00:57:42,770

find a congruence between where I am

1219

00:57:48,240 --> 00:57:46,160

today at age 53 and things that I can

1220

00:57:54,330 --> 00:57:48,250

remember thinking about in my earliest

1221

00:57:58,210 --> 00:57:54,340

memories at ages 3 and 4 and you know I

1222

00:58:02,320 --> 00:57:58,220

asked people to really keep in mind how

1223

00:58:04,510 --> 00:58:02,330

forgetful we are and how great a gap

1224

00:58:08,220 --> 00:58:04,520

there is in our attention and how

1225

00:58:11,530 --> 00:58:08,230

sometimes we fool ourselves we we don't

1226

00:58:14,110 --> 00:58:11,540

really tell ourselves what we really

1227

00:58:16,690 --> 00:58:14,120

want our internal talking is almost self

1228

00:58:18,940 --> 00:58:16,700

deceptive and I would say if you can try

1229

00:58:21,190 --> 00:58:18,950

to strip all that away and really

1230

00:58:22,480 --> 00:58:21,200

reflect on your life what you were

1231

00:58:24,760 --> 00:58:22,490

thinking about when you were young

1232

00:58:27,310 --> 00:58:24,770

where you are now where you want to be

1233

00:58:30,520 --> 00:58:27,320

you'll discover an uncanny congruence

1234

00:58:32,800 --> 00:58:30,530

between thought and concrete experience

1235

00:58:35,380 --> 00:58:32,810

let's take a break right here Mitch this

1236

00:58:38,290 --> 00:58:35,390

is fade to black our guest tonight

1237

00:58:39,130 --> 00:58:38,300

Mitch Mitch Horowitz I almost said

1238

00:58:41,830 --> 00:58:39,140

something else

1239

00:58:44,350 --> 00:58:41,840

Mitch Horowitz I called you bleeping

1240

00:58:47,200 --> 00:58:44,360

when we came in I almost did it again

1241

00:58:50,380 --> 00:58:47,210

Mitch bleep in Horowitz and we're gonna

1242

00:58:52,210 --> 00:58:50,390

continue when we come back Ramiro's

1243

00:58:54,050 --> 00:58:52,220

Demeter's this is paid to blog stay with

1244

00:59:12,110 --> 00:58:54,060

us

1245

00:59:16,110 --> 00:59:13,980

this is fade to black

1246

00:59:19,800 --> 00:59:16,120

with Jimmy Church on the game changer

1247

00:59:21,590 --> 00:59:19,810

radio network and K GRA the global radio

1248

00:59:24,900 --> 00:59:21,600

alliance

1249

00:59:28,230 --> 00:59:24,910

this is KCRA digital broadcasting

1250

00:59:29,860 --> 00:59:28,240

station Salt Lake City Utah Van Buren

1251  
00:59:31,100 --> 00:59:29,870  
Arkansas

1252  
00:59:33,890 --> 00:59:31,110  
[Music]

1253  
00:59:36,690 --> 00:59:33,900  
introducing the new surfer music app

1254  
00:59:40,230 --> 00:59:36,700  
listen fade or not you know I love my

1255  
00:59:43,140 --> 00:59:40,240  
music this is my go-to for all things

1256  
00:59:45,450 --> 00:59:43,150  
notes the surfer app is a brand new

1257  
00:59:47,640 --> 00:59:45,460  
concept of music listening surfer is

1258  
00:59:49,560 --> 00:59:47,650  
free providing unlimited access to

1259  
00:59:51,750 --> 00:59:49,570  
thousands of live streaming radio

1260  
00:59:53,490 --> 00:59:51,760  
stations surfer is an exciting

1261  
00:59:55,860 --> 00:59:53,500  
interactive listening experience

1262  
00:59:58,590 --> 00:59:55,870  
discovery and surprise are built right

1263  
01:00:01,080 --> 00:59:58,600

in surfer is your destination to

1264

01:00:04,080 --> 01:00:01,090

discover and rediscover great live

1265

01:00:06,450 --> 01:00:04,090

streaming music it features high quality

1266

01:00:08,100 --> 01:00:06,460

audio streams free access to music from

1267

01:00:10,950 --> 01:00:08,110

thousands of live streaming radio

1268

01:00:13,620 --> 01:00:10,960

stations unlimited listening unlimited

1269

01:00:15,330 --> 01:00:13,630

skipping you get a music visualizer and

1270

01:00:17,790 --> 01:00:15,340

you can also select your favorite

1271

01:00:18,780 --> 01:00:17,800

channels get it at the Apple App Store

1272

01:00:22,080 --> 01:00:18,790

or Google Play

1273

01:00:22,830 --> 01:00:22,090

just search surfer music or click on the

1274

01:00:25,100 --> 01:00:22,840

surfer banner

1275

01:00:30,380 --> 01:00:25,110

at Jimmy Church radio calm

1276

01:00:32,360 --> 01:00:30,390

Bagley taffy folks this is very

1277

01:00:36,440 --> 01:00:32,370

important information what's to be said

1278

01:00:38,870 --> 01:00:36,450

about CBD ancient life oil calm our CBD

1279

01:00:41,360 --> 01:00:38,880

is made from hemp and has point zero

1280

01:00:44,420 --> 01:00:41,370

zero three THC which means this

1281

01:00:46,670 --> 01:00:44,430

wonderful product won't get you high no

1282

01:00:49,160 --> 01:00:46,680

matter what amount you take what a CBD

1283

01:00:52,010 --> 01:00:49,170

do for the body my hands are tied but

1284

01:00:54,110 --> 01:00:52,020

you can Google CBD benefits and be

1285

01:00:56,150 --> 01:00:54,120

astounded when you're finished reading

1286

01:00:58,910 --> 01:00:56,160

you'll want to log on to ancient life

1287

01:01:01,670 --> 01:00:58,920

oil calm that's ancient life oil calm

1288

01:01:04,100 --> 01:01:01,680

and purchase life is good when you feel

1289

01:01:06,410 --> 01:01:04,110

good people are tired of pain people are

1290

01:01:08,630 --> 01:01:06,420

asking for non-gmo organic products to

1291

01:01:11,750 --> 01:01:08,640

help them with you fill in the blank

1292

01:01:13,880 --> 01:01:11,760

legal in 49 states and again our CBD is

1293

01:01:16,970 --> 01:01:13,890

made from hemp ancient life oil is about

1294

01:01:18,470 --> 01:01:16,980

helping people one by one by one

1295

01:01:21,830 --> 01:01:18,480

if you wonder how good the product is

1296

01:01:24,320 --> 01:01:21,840

the CEO takes it every day without miss

1297

01:01:35,270 --> 01:01:24,330

ancient life oil calm that's ancient

1298

01:01:37,130 --> 01:01:35,280

life oil calm have a great day this is

1299

01:01:39,320 --> 01:01:37,140

Ray sobs here repping the planet and

1300

01:01:40,070 --> 01:01:39,330

you're listening to my good friend Jimmy

1301

01:01:42,350 --> 01:01:40,080

Church

1302

01:01:45,200 --> 01:01:42,360

fade to black on the game changer

1303

01:01:49,430 --> 01:01:45,210

network and the kgr a digital broadcast

1304

01:01:52,090 --> 01:01:49,440

station this is Toby Kebbell you're

1305

01:02:01,850 --> 01:01:52,100

listening to Jimmy Church radio calm

1306

01:02:07,950 --> 01:02:05,430

I'm a and I'm Ari Gold where the honey

1307

01:02:11,340 --> 01:02:07,960

brothers and you're listening to Jimmy

1308

01:02:13,980 --> 01:02:11,350

Church revolution reclaim your active

1309

01:02:15,810 --> 01:02:13,990

lifestyle with NGO Prem NGO print is the

1310

01:02:18,450 --> 01:02:15,820

original liquid oral chelation

1311

01:02:20,370 --> 01:02:18,460

supplement chelation helps remove toxins

1312

01:02:22,110 --> 01:02:20,380

heavy metals and cholesterol in your

1313

01:02:24,270 --> 01:02:22,120

veins and arteries that can cause

1314

01:02:25,950 --> 01:02:24,280

blockages scientific research proves the

1315

01:02:28,140 --> 01:02:25,960

active ingredient in angio primp has

1316

01:02:30,030 --> 01:02:28,150

superior oral chelation action that

1317

01:02:32,310 --> 01:02:30,040

helps promote cardiovascular health

1318

01:02:34,410 --> 01:02:32,320

find out more come to an geo-print calm

1319

01:02:36,600 --> 01:02:34,420

talk to a trained consultant by calling

1320

01:02:40,260 --> 01:02:36,610

angio primm toll free eight seven seven

1321

01:02:41,970 --> 01:02:40,270

eighty two seventy two twenty one this

1322

01:02:44,130 --> 01:02:41,980

is Jimmy Church of fade to black and you

1323

01:02:46,590 --> 01:02:44,140

can become an official fade or not by

1324

01:02:50,610 --> 01:02:46,600

just going to our membership section at

1325

01:02:52,590 --> 01:02:50,620

Jimmy Church radio.com hey it's grace

1326

01:02:55,200 --> 01:02:52,600

can we talk about something serious for

1327

01:02:57,450 --> 01:02:55,210

a minute your age getting old has its

1328

01:02:59,760 --> 01:02:57,460

perks but remember being a few years

1329

01:03:01,920 --> 01:02:59,770

younger you know your hair was thicker

1330

01:03:03,960 --> 01:03:01,930

you didn't have so many wrinkles that

1331

01:03:06,120 --> 01:03:03,970

extra weight wasn't haunting you and you

1332

01:03:08,250 --> 01:03:06,130

just felt better well we can't turn back

1333

01:03:11,190 --> 01:03:08,260

the clocks and go back 10 or 15 years

1334

01:03:13,530 --> 01:03:11,200

but you can start feeling and looking 10

1335

01:03:16,140 --> 01:03:13,540

or 15 years younger with nature's youth

1336

01:03:17,670 --> 01:03:16,150

RSF it's a doctor formulated daily

1337

01:03:19,800 --> 01:03:17,680

supplement that helps your body maintain

1338

01:03:22,590 --> 01:03:19,810

its peak performance and fight the aging

1339

01:03:24,060 --> 01:03:22,600

process imagine sleeping better looking

1340

01:03:26,610 --> 01:03:24,070

better and feeling better

1341

01:03:28,530 --> 01:03:26,620

see how Nature's youth RSF has helped

1342

01:03:31,170 --> 01:03:28,540

thousands of people just like you at

1343

01:03:32,970 --> 01:03:31,180

nature's youth calm nature's youth calm

1344

01:03:34,560 --> 01:03:32,980

imagine how it will feel when your

1345

01:03:36,990 --> 01:03:34,570

family and friends are asking you what

1346

01:03:39,630 --> 01:03:37,000

you did to look so good your secret will

1347

01:03:41,850 --> 01:03:39,640

be nature's youth RSF it's time to start

1348

01:03:43,980 --> 01:03:41,860

looking better and feeling better learn

1349

01:03:46,200 --> 01:03:43,990

more in order your nature's use RSS at

1350

01:03:49,790 --> 01:03:46,210

nature's youth calm that's nature's

1351

01:03:52,350 --> 01:03:49,800

youth calm that's nature's youth calm

1352

01:03:54,600 --> 01:03:52,360

hello this is Serena right kayla from

1353

01:03:57,150 --> 01:03:54,610

conscious life Expo and you're listening

1354

01:03:59,400 --> 01:03:57,160

to fade to black with Jimmy Church who

1355

01:04:04,530 --> 01:03:59,410

holds the lucky pony record for the best

1356

01:04:06,600 --> 01:04:04,540

astrological chart since 1963 true story

1357

01:04:08,280 --> 01:04:06,610

this is Micah Hanks of the graylien

1358

01:04:10,590 --> 01:04:08,290

report and you're listening to Jimmy

1359

01:04:12,120 --> 01:04:10,600

church on fade to black across the globe

1360

01:04:14,550 --> 01:04:12,130

on the GameChanger radio net

1361

01:04:15,890 --> 01:04:14,560

work and the one and only kgr a radio

1362

01:04:19,870 --> 01:04:15,900

the planet

1363

01:04:20,180 --> 01:04:19,880

[Music]

1364

01:04:31,270 --> 01:04:20,190

[Applause]

1365

01:04:38,040 --> 01:04:35,660

[Music]

1366

01:04:41,130 --> 01:04:38,050

welcome back fader block coming to

1367

01:04:43,830 --> 01:04:41,140

church on the GameChanger Network than K

1368

01:04:46,820 --> 01:04:43,840

GRA the planet you can follow me on

1369

01:04:49,740 --> 01:04:46,830

twitter @ JT radio you can follow Mitch

1370

01:04:53,370 --> 01:04:49,750

simple at Mitch Horowitz and he's got

1371

01:04:55,500 --> 01:04:53,380

that that nice little blue verified

1372

01:05:00,090 --> 01:04:55,510

checkmark and that that's got to make

1373

01:05:03,030 --> 01:05:00,100

you feel good Mitch hey Mitch you're

1374

01:05:05,730 --> 01:05:03,040

going to be speaking at our teaching at

1375

01:05:07,740 --> 01:05:05,740

our soul tech conference coming up this

1376

01:05:09,350 --> 01:05:07,750

July can you give us a sneak preview

1377

01:05:12,480 --> 01:05:09,360

what are you going to be doing oh

1378

01:05:15,090 --> 01:05:12,490

absolutely my man you know I'm just back

1379

01:05:17,370 --> 01:05:15,100

from Egypt actually and I'm going to be

1380

01:05:19,920 --> 01:05:17,380

talking about hermetic philosophy which

1381

01:05:22,920 --> 01:05:19,930

was the Greek Egyptian philosophy that

1382

01:05:25,290 --> 01:05:22,930

abounded in Egypt in in the decades

1383

01:05:27,120 --> 01:05:25,300

immediately following Christ it has a

1384

01:05:29,880 --> 01:05:27,130

lot to do with the powers of the mind it

1385

01:05:33,900 --> 01:05:29,890

has a lot to do with mind causation it's

1386

01:05:36,240 --> 01:05:33,910

a real ancient form of mysticism and

1387

01:05:39,690 --> 01:05:36,250

esoteric practice that was written down

1388

01:05:41,760 --> 01:05:39,700

and we still have vestiges of it today

1389

01:05:45,090 --> 01:05:41,770

it can be found in some of the

1390

01:05:48,690 --> 01:05:45,100

translations of magical hermetic books

1391

01:05:51,390 --> 01:05:48,700

it can be found in a great occult book

1392

01:05:53,610 --> 01:05:51,400

from 1908 called the Cabal Eon which I'm

1393

01:05:55,110 --> 01:05:53,620

making a documentary about that was one

1394

01:05:56,640 --> 01:05:55,120

of the things that I was doing in Egypt

1395

01:05:59,610 --> 01:05:56,650

and I'll be talking to people about how

1396

01:06:02,910 --> 01:05:59,620

practical ancient Egyptian mysticism and

1397

01:06:04,590 --> 01:06:02,920

spirituality can be a force in your life

1398

01:06:08,070 --> 01:06:04,600

today we're going to get very hands-on

1399

01:06:10,620 --> 01:06:08,080

about it how magical is Egypt you know

1400

01:06:13,170 --> 01:06:10,630

when you go there and you know what kind

1401

01:06:14,510 --> 01:06:13,180

of electricity flows up your leg when

1402

01:06:17,310 --> 01:06:14,520

you step onto the plateau

1403

01:06:19,290 --> 01:06:17,320

you know you nailed it you nailed it it

1404

01:06:22,230 --> 01:06:19,300

does feel like electricity I had that

1405

01:06:24,840 --> 01:06:22,240

feeling twice actually on one occasion I

1406

01:06:27,330 --> 01:06:24,850

was able to go in a temple to the

1407

01:06:29,820 --> 01:06:27,340

goddess Sekhmet the ancient goddess

1408

01:06:34,650 --> 01:06:29,830

Sekhmet who was the goddess of boldness

1409

01:06:36,120 --> 01:06:34,660

and force and power and this is not open

1410

01:06:38,460 --> 01:06:36,130

to the general public this was at the

1411

01:06:40,350 --> 01:06:38,470

temple site of Karnak and we had to pay

1412

01:06:43,560 --> 01:06:40,360

to get in there you have to pay to do

1413

01:06:45,720 --> 01:06:43,570

everything in Egypt today and I went in

1414

01:06:48,450 --> 01:06:45,730

there and and a friend and I did a

1415

01:06:50,089 --> 01:06:48,460

ceremony with a guy to Sekhmet

1416

01:06:52,650 --> 01:06:50,099

I just felt this sense of absolute

1417

01:06:54,300 --> 01:06:52,660

electricity go through my body

1418

01:06:55,980 --> 01:06:54,310

there was another instance we're in the

1419

01:06:58,349 --> 01:06:55,990

valley of kings and we got to go in a

1420

01:07:00,390 --> 01:06:58,359

closed-off portion but most people don't

1421

01:07:03,270 --> 01:07:00,400

get to go to and again you know in Egypt

1422

01:07:06,270 --> 01:07:03,280

you pay to play I mean you know

1423

01:07:08,940 --> 01:07:06,280

everything every door is open to you but

1424

01:07:10,620 --> 01:07:08,950

but money has to change and we were

1425

01:07:13,620 --> 01:07:10,630

willing to do this it's just the way it

1426

01:07:15,900 --> 01:07:13,630

is and and I went and I was able to

1427

01:07:18,000 --> 01:07:15,910

touch a base relief of one of the

1428

01:07:20,880 --> 01:07:18,010

ancient ceremonial Bill of bulls and

1429

01:07:22,920 --> 01:07:20,890

Jimmy you know I just felt a sense of

1430

01:07:25,020 --> 01:07:22,930

lightning electricity just as you put it

1431

01:07:27,210 --> 01:07:25,030

passed through my whole body it was

1432

01:07:28,859 --> 01:07:27,220

absolutely extraordinary those were two

1433

01:07:31,140 --> 01:07:28,869

of the true highlights of the trip for

1434

01:07:32,609 --> 01:07:31,150

me it was also a tough trip because we

1435

01:07:34,589 --> 01:07:32,619

didn't close ourselves off from the

1436

01:07:36,870 --> 01:07:34,599

general population we didn't hang around

1437

01:07:38,339 --> 01:07:36,880

you know on air-conditioned tour buses

1438

01:07:41,250 --> 01:07:38,349

you know we were really out there with

1439

01:07:42,720 --> 01:07:41,260

the people and it's a tough country to

1440

01:07:44,820 --> 01:07:42,730

travel through it's a tough country to

1441

01:07:46,710 --> 01:07:44,830

get things done in but my friend Ronnie

1442

01:07:50,430 --> 01:07:46,720

Thomas who's a great director and I were

1443

01:07:52,020 --> 01:07:50,440

there for a week we filmed a lot and the

1444

01:07:54,810 --> 01:07:52,030

kabali on documentary is going to be

1445

01:07:57,870 --> 01:07:54,820

coming at you probably in the spring of

1446

01:08:00,210 --> 01:07:57,880

next year and some of what we learned

1447

01:08:04,050 --> 01:08:00,220

will be on preview at your conference

1448

01:08:07,290 --> 01:08:04,060

this summer the the Great Pyramid

1449

01:08:10,770 --> 01:08:07,300

you know it's discussed so much I talked

1450

01:08:13,859 --> 01:08:10,780

about it on this show the the Great

1451

01:08:16,829 --> 01:08:13,869

Pyramid is the one thing that not only

1452

01:08:21,059 --> 01:08:16,839

is covered and researched and documented

1453

01:08:26,490 --> 01:08:21,069

in every images turns out honestly we

1454

01:08:28,559 --> 01:08:26,500

know nothing nothing nothing it's just

1455

01:08:31,260 --> 01:08:28,569

extraordinary we have this terrible

1456

01:08:33,870 --> 01:08:31,270

sense of hubris in our society that we

1457

01:08:38,160 --> 01:08:33,880

can document things and understand them

1458

01:08:40,440 --> 01:08:38,170

and you know the truth is incidents go

1459

01:08:41,760 --> 01:08:40,450

on you know in my apartment building you

1460

01:08:43,979 --> 01:08:41,770

know and people have five different

1461

01:08:46,140 --> 01:08:43,989

versions of what happened yesterday you

1462

01:08:47,789 --> 01:08:46,150

know there's a broken window and there's

1463

01:08:51,180 --> 01:08:47,799

three different stories about why the

1464

01:08:53,700 --> 01:08:51,190

window is broken and in fact is we we

1465

01:08:56,400 --> 01:08:53,710

know nothing and part of our ignorance

1466

01:08:58,620 --> 01:08:56,410

stems from this binary thinking that we

1467

01:09:01,559 --> 01:08:58,630

get into you know people will say well

1468

01:09:02,070 --> 01:09:01,569

it was plainly a burial site it was

1469

01:09:04,440 --> 01:09:02,080

playing

1470

01:09:06,120 --> 01:09:04,450

sarcophagus it's inside the King's

1471

01:09:08,370 --> 01:09:06,130

Chamber and I've seen it and I've laid

1472

01:09:10,980 --> 01:09:08,380

hands on at night i endu because we

1473

01:09:13,410 --> 01:09:10,990

think it's got to be one thing it's got

1474

01:09:17,849 --> 01:09:13,420

to be one thing the truth is the ancient

1475

01:09:21,000 --> 01:09:17,859

people aerial sites and [h\_\_h] grips and

1476

01:09:22,829 --> 01:09:21,010

sarcophagi were and and the very

1477

01:09:24,960 --> 01:09:22,839

presence of death and the honor and the

1478

01:09:27,990 --> 01:09:24,970

eneration of death was so fully

1479

01:09:30,780 --> 01:09:28,000

integrated into life and death was so

1480

01:09:33,480 --> 01:09:30,790

much more of a palpable experience and

1481

01:09:35,640 --> 01:09:33,490

an ever-ready possibility than what most

1482

01:09:39,030 --> 01:09:35,650

of us living in the modern West

1483

01:09:40,620 --> 01:09:39,040

experience today that the ancients and I

1484

01:09:42,060 --> 01:09:40,630

believe this is true the Celt that we

1485

01:09:44,310 --> 01:09:42,070

this through the Egyptians I believe

1486

01:09:46,410 --> 01:09:44,320

it's true the Maya they didn't have the

1487

01:09:49,410 --> 01:09:46,420

same sense of dividing line between

1488

01:09:51,420 --> 01:09:49,420

death and life that we have and so we

1489

01:09:54,540 --> 01:09:51,430

with our Western conceptions look back

1490

01:09:57,540 --> 01:09:54,550

and we think that something that served

1491

01:09:59,760 --> 01:09:57,550

funerary purpose must have been only

1492

01:10:00,510 --> 01:09:59,770

that must have been only that and that's

1493

01:10:06,270 --> 01:10:00,520

just not true

1494

01:10:09,030 --> 01:10:06,280

there was a integration and a an absence

1495

01:10:11,730 --> 01:10:09,040

of straight lines and sharp angles

1496

01:10:13,920 --> 01:10:11,740

between life and death they lived in a

1497

01:10:15,900 --> 01:10:13,930

magical culture in which the

1498

01:10:18,120 --> 01:10:15,910

non-physical world and the physical

1499

01:10:19,620 --> 01:10:18,130

world were part of one whole and I think

1500

01:10:21,630 --> 01:10:19,630

that's made it very difficult for us to

1501  
01:10:23,760 --> 01:10:21,640  
understand some of these things because

1502  
01:10:25,110 --> 01:10:23,770  
we'll look at something and say that

1503  
01:10:26,880 --> 01:10:25,120  
must have been a crypt that must have

1504  
01:10:28,800 --> 01:10:26,890  
been a burial chamber there was more

1505  
01:10:30,840 --> 01:10:28,810  
than one thing going on just as there's

1506  
01:10:33,480 --> 01:10:30,850  
more than one thing going on in our

1507  
01:10:35,370 --> 01:10:33,490  
bodies when we pray and something

1508  
01:10:37,950 --> 01:10:35,380  
happens or when we experience what's

1509  
01:10:40,170 --> 01:10:37,960  
called the placebo effect yes you know

1510  
01:10:42,420 --> 01:10:40,180  
endorphins and dopamine and all kinds of

1511  
01:10:45,540 --> 01:10:42,430  
enzymes might be getting released but

1512  
01:10:48,060 --> 01:10:45,550  
that just might be what prayer or what

1513  
01:10:50,940 --> 01:10:48,070

the mental hero healing experience looks

1514

01:10:53,370 --> 01:10:50,950

like in the body it's one thing that's

1515

01:10:57,210 --> 01:10:53,380

going on among others and this binary

1516

01:10:59,490 --> 01:10:57,220

thinking keeps us from appreciating the

1517

01:11:01,860 --> 01:10:59,500

broader possibilities of human

1518

01:11:03,540 --> 01:11:01,870

experience they were very often a great

1519

01:11:06,630 --> 01:11:03,550

complex of things going on a

1520

01:11:09,270 --> 01:11:06,640

superposition of things going on as one

1521

01:11:11,750 --> 01:11:09,280

of the most important things I've ever

1522

01:11:16,339 --> 01:11:11,760

heard you say and you say a lot

1523

01:11:18,350 --> 01:11:16,349

right but but is this even today with

1524

01:11:20,060 --> 01:11:18,360

all of our science and all of our

1525

01:11:23,209 --> 01:11:20,070

medical knowledge and all of the

1526

01:11:26,839 --> 01:11:23,219

technology we don't understand death at

1527

01:11:31,089 --> 01:11:26,849

all we don't know anything about it and

1528

01:11:33,649 --> 01:11:31,099

until something comes very clear

1529

01:11:36,830 --> 01:11:33,659

everything that the ancients had to say

1530

01:11:39,830 --> 01:11:36,840

about it I think is as valid as anything

1531

01:11:41,750 --> 01:11:39,840

and that's right out with it absolutely

1532

01:11:43,970 --> 01:11:41,760

you know it's funny the other day a

1533

01:11:45,919 --> 01:11:43,980

friend of mine was in an argument with

1534

01:11:47,569 --> 01:11:45,929

somebody who was kind of goading him and

1535

01:11:49,279 --> 01:11:47,579

saying you know you're telling me you

1536

01:11:51,049 --> 01:11:49,289

believe in ghosts and I've never thrown

1537

01:11:53,899 --> 01:11:51,059

when people use words like ghosts

1538

01:11:56,779 --> 01:11:53,909

because it's an attempt to sort of

1539

01:11:59,149 --> 01:11:56,789

infantilize a very important discussion

1540

01:12:01,729 --> 01:11:59,159

by seizing a term you know from popular

1541

01:12:04,609 --> 01:12:01,739

culture and my response to that person

1542

01:12:06,979 --> 01:12:04,619

would be are you absolutely certain that

1543

01:12:10,209 --> 01:12:06,989

you know what happens after we die are

1544

01:12:12,799 --> 01:12:10,219

you absolutely certain that there's no

1545

01:12:14,149 --> 01:12:12,809

non-physical or extra physical component

1546

01:12:16,549 --> 01:12:14,159

to life and of course the answer would

1547

01:12:19,490 --> 01:12:16,559

be no I'm not certain how could any of

1548

01:12:21,620 --> 01:12:19,500

us be in which case the conversation the

1549

01:12:21,979 --> 01:12:21,630

argument becomes moot then we agree we

1550

01:12:24,140 --> 01:12:21,989

agree

1551

01:12:25,879 --> 01:12:24,150

four-high of questions right simply

1552

01:12:28,189 --> 01:12:25,889

acknowledging that I have questions you

1553

01:12:31,790 --> 01:12:28,199

know and and and talking about you know

1554

01:12:35,089 --> 01:12:31,800

how our thoughts can become reality I

1555

01:12:38,390 --> 01:12:35,099

think the first stage with all of this

1556

01:12:39,979 --> 01:12:38,400

and and correct me if I'm wrong but you

1557

01:12:42,740 --> 01:12:39,989

have to find the foundation of your

1558

01:12:45,290 --> 01:12:42,750

bliss you have to find your bliss and

1559

01:12:47,509 --> 01:12:45,300

identify that how do we do that Mitch

1560

01:12:50,540 --> 01:12:47,519

you know I'm really glad you came back

1561

01:12:52,100 --> 01:12:50,550

to that you know one of the metaphysical

1562

01:12:55,310 --> 01:12:52,110

writers who have really loved over the

1563

01:12:57,080 --> 01:12:55,320

years is Carlos Castaneda yep and a lot

1564

01:12:58,930 --> 01:12:57,090

of people are down on Castaneda because

1565

01:13:02,089 --> 01:12:58,940

they say oh you know he falsified his

1566

01:13:04,850 --> 01:13:02,099

identity as historicism and so on

1567

01:13:06,919 --> 01:13:04,860

but there's so much truth in his books

1568

01:13:09,290 --> 01:13:06,929

and it speaks and it resounds on so many

1569

01:13:12,200 --> 01:13:09,300

different levels that one makes a

1570

01:13:14,870 --> 01:13:12,210

mistake to read Castaneda strictly as a

1571

01:13:17,930 --> 01:13:14,880

work of anthropology which it's not it's

1572

01:13:20,720 --> 01:13:17,940

the work of spiritual philosophy and

1573

01:13:23,959 --> 01:13:20,730

esoteric psychology one of the the

1574

01:13:27,490 --> 01:13:23,969

culmination and the day new mom

1575

01:13:29,959 --> 01:13:27,500

is the first of Carlos's donjuan books

1576

01:13:32,420 --> 01:13:29,969

involves him being on the porch of his

1577

01:13:34,910 --> 01:13:32,430

mentor and his mentor tells him you must

1578

01:13:36,979 --> 01:13:34,920

find the safe spot on this porch and

1579

01:13:38,930 --> 01:13:36,989

Carlos spends all night rolling around

1580

01:13:41,959 --> 01:13:38,940

rolling around until he finds the safe

1581

01:13:45,320 --> 01:13:41,969

spot a spot where he feels Noble and

1582

01:13:47,450 --> 01:13:45,330

secure and protected and it arguably

1583

01:13:49,939 --> 01:13:47,460

saves his life because he's attacked by

1584

01:13:52,760 --> 01:13:49,949

another figure in the in the story and

1585

01:13:56,000 --> 01:13:52,770

he prevails and he's able to prevail

1586

01:13:58,189 --> 01:13:56,010

because his life depended upon his

1587

01:14:01,760 --> 01:13:58,199

finding that safe spot on the porch he

1588

01:14:06,590 --> 01:14:01,770

found it and in finding it he saved his

1589

01:14:08,720 --> 01:14:06,600

own life I would submit that one of the

1590

01:14:12,170 --> 01:14:08,730

ways you can read that story is that it

1591

01:14:15,350 --> 01:14:12,180

is a matter of saving your own life to

1592

01:14:17,240 --> 01:14:15,360

find what your definite aim and passion

1593

01:14:19,820 --> 01:14:17,250

is what you're really supposed to be

1594

01:14:23,900 --> 01:14:19,830

doing in life and to assimilate that and

1595

01:14:27,700 --> 01:14:23,910

I think that that is as Noble and as

1596

01:14:29,930 --> 01:14:27,710

important a journey as an actual

1597

01:14:31,760 --> 01:14:29,940

life-saving journey because each of us

1598

01:14:35,360 --> 01:14:31,770

has something that we want to be doing

1599

01:14:38,090 --> 01:14:35,370

in the world that is as needful and as

1600

01:14:40,610 --> 01:14:38,100

important to us as the drawing of breath

1601  
01:14:42,770 --> 01:14:40,620  
itself in Vedic tradition it might be

1602  
01:14:45,260 --> 01:14:42,780  
referred to as your Dharma in Western

1603  
01:14:47,600 --> 01:14:45,270  
tradition we might call it your definite

1604  
01:14:50,060 --> 01:14:47,610  
chief aim what is your definite absolute

1605  
01:14:54,680 --> 01:14:50,070  
aim and in the Miracle Club and

1606  
01:14:57,560 --> 01:14:54,690  
elsewhere I I encourage people to really

1607  
01:15:00,590 --> 01:14:57,570  
sit down with unembarrassed self

1608  
01:15:02,600 --> 01:15:00,600  
scrutiny in a very private way this is

1609  
01:15:05,270 --> 01:15:02,610  
not something to necessarily share with

1610  
01:15:07,900 --> 01:15:05,280  
other people this is your own individual

1611  
01:15:11,600 --> 01:15:07,910  
inner experiment and really ask yourself

1612  
01:15:13,430 --> 01:15:11,610  
what is your most sacred passionately

1613  
01:15:16,490 --> 01:15:13,440

felt aim in life and you mustn't be

1614

01:15:19,189 --> 01:15:16,500

embarrassed by it because we hide we

1615

01:15:21,350 --> 01:15:19,199

hide from our aim because we think oh

1616

01:15:23,270 --> 01:15:21,360

I'm a spiritual person I'm not supposed

1617

01:15:24,979 --> 01:15:23,280

to be too interested in money or I'm a

1618

01:15:27,050 --> 01:15:24,989

developed person I'm not supposed to be

1619

01:15:29,180 --> 01:15:27,060

too interested in the physical throw out

1620

01:15:31,729 --> 01:15:29,190

all of those preconceptions throw out

1621

01:15:33,500 --> 01:15:31,739

all embarrassment that's why I say it's

1622

01:15:35,390 --> 01:15:33,510

so important to keep this experiment

1623

01:15:36,419 --> 01:15:35,400

private it's not something you're going

1624

01:15:37,919 --> 01:15:36,429

to vet

1625

01:15:39,270 --> 01:15:37,929

with other people it's not something

1626

01:15:41,459 --> 01:15:39,280

where you're looking for other people's

1627

01:15:42,810 --> 01:15:41,469

approbation don't repeat things to

1628

01:15:47,340 --> 01:15:42,820

yourself that you heard in the past

1629

01:15:49,649 --> 01:15:47,350

don't repeat principles or homilies that

1630

01:15:53,459 --> 01:15:49,659

are from translations of translations of

1631

01:15:55,830 --> 01:15:53,469

ancient literature just be you

1632

01:15:58,320 --> 01:15:55,840

don't be embarrassed and ask yourself

1633

01:16:01,200 --> 01:15:58,330

what do you really want and no matter

1634

01:16:03,209 --> 01:16:01,210

what answer comes back to you honor it

1635

01:16:07,590 --> 01:16:03,219

honor it it could be the most important

1636

01:16:10,770 --> 01:16:07,600

turning point of your life and I I want

1637

01:16:13,830 --> 01:16:10,780

to do the the Jimmy comment here the the

1638

01:16:19,320 --> 01:16:13,840

very simplistic doofus comment which is

1639

01:16:21,300 --> 01:16:19,330

this simply don't be scared so many are

1640

01:16:23,970 --> 01:16:21,310

just they're scared right they're

1641

01:16:26,130 --> 01:16:23,980

nervous they're comfortable in their

1642

01:16:27,750 --> 01:16:26,140

little bubble you know they will make

1643

01:16:33,110 --> 01:16:27,760

that big because they're scared don't be

1644

01:16:35,970 --> 01:16:33,120

scared you know or nothing will get done

1645

01:16:38,100 --> 01:16:35,980

and you know we repeat things to

1646

01:16:40,470 --> 01:16:38,110

ourselves that are deceiving that

1647

01:16:43,140 --> 01:16:40,480

ourself deceiving so chary ourselves oh

1648

01:16:45,330 --> 01:16:43,150

you know I want a nice job I want a nice

1649

01:16:46,800 --> 01:16:45,340

home I want a nice family you know we

1650

01:16:48,360 --> 01:16:46,810

sort of repeat all these things to

1651  
01:16:50,760 --> 01:16:48,370  
ourselves that we think we're supposed

1652  
01:16:53,520 --> 01:16:50,770  
to want and that our gonna press bring

1653  
01:16:55,800 --> 01:16:53,530  
us honor and respect from our peers you

1654  
01:16:57,780 --> 01:16:55,810  
know spiritual people want to say oh you

1655  
01:16:59,580 --> 01:16:57,790  
know I want to save the world or oh you

1656  
01:17:02,310 --> 01:16:59,590  
know money comes second I'm interested

1657  
01:17:05,760 --> 01:17:02,320  
in creativity are you sure are you sure

1658  
01:17:08,700 --> 01:17:05,770  
because we can spend a lifetime hiding

1659  
01:17:11,880 --> 01:17:08,710  
from ourselves and you know I really

1660  
01:17:13,560 --> 01:17:11,890  
want people to get in touch with with

1661  
01:17:16,649 --> 01:17:13,570  
what they're most impassioned desires

1662  
01:17:18,660 --> 01:17:16,659  
are go through the journey and that

1663  
01:17:20,669 --> 01:17:18,670

carlos writes about in the first of this

1664

01:17:22,380 --> 01:17:20,679

donjuan books where you need to find

1665

01:17:25,490 --> 01:17:22,390

that safe spot you need to find that

1666

01:17:29,729 --> 01:17:25,500

secure spot it could be life or death

1667

01:17:32,520 --> 01:17:29,739

metaphorically or literally and I feel

1668

01:17:36,180 --> 01:17:32,530

that it's very possible to fritter away

1669

01:17:38,580 --> 01:17:36,190

one's life repeating things internally

1670

01:17:40,860 --> 01:17:38,590

or framing your desires in such a way

1671

01:17:42,450 --> 01:17:40,870

that you kind of neuter them because you

1672

01:17:44,939 --> 01:17:42,460

think they sound better you know it's

1673

01:17:46,439 --> 01:17:44,949

like I want to found such-and-such a

1674

01:17:48,899 --> 01:17:46,449

company to make the world a better place

1675

01:17:49,680 --> 01:17:48,909

well you know maybe that's true and if

1676

01:17:53,040 --> 01:17:49,690

that's true that

1677

01:17:54,780 --> 01:17:53,050

wonderful but if that's not true heaven

1678

01:17:56,670 --> 01:17:54,790

forbid you waste your life on it maybe

1679

01:17:59,040 --> 01:17:56,680

there's something else you want maybe a

1680

01:18:00,660 --> 01:17:59,050

corporate go-getter doesn't want to be a

1681

01:18:03,240 --> 01:18:00,670

corporate go-getter but just wants to be

1682

01:18:05,689 --> 01:18:03,250

under a blanket at home somebody wrote

1683

01:18:08,250 --> 01:18:05,699

to me tonight a lady was telling me she

1684

01:18:10,200 --> 01:18:08,260

realized that her aim was for security

1685

01:18:12,600 --> 01:18:10,210

and she felt badly about that because

1686

01:18:14,700 --> 01:18:12,610

she thought security may be seem like a

1687

01:18:17,100 --> 01:18:14,710

very narrow thing a very small thing and

1688

01:18:19,650 --> 01:18:17,110

I said look if that's really truly your

1689

01:18:21,660 --> 01:18:19,660

aim then what are life-affirming ways of

1690

01:18:24,090 --> 01:18:21,670

seeking security financial security

1691

01:18:27,150 --> 01:18:24,100

physical security as long as it's your

1692

01:18:28,830 --> 01:18:27,160

passion it will focus your energies it

1693

01:18:31,200 --> 01:18:28,840

will focus your psyche in such a way

1694

01:18:36,390 --> 01:18:31,210

that will give you power and how do we

1695

01:18:40,550 --> 01:18:36,400

okay all right but how do we fight the

1696

01:18:44,220 --> 01:18:40,560

the power of the media where our

1697

01:18:46,860 --> 01:18:44,230

generation today that the the kids today

1698

01:18:50,010 --> 01:18:46,870

Howard Jenner the kids today see the

1699

01:18:53,870 --> 01:18:50,020

headline that you know Kylie Jenner

1700

01:18:57,420 --> 01:18:53,880

becomes forbes youngest self-made

1701

01:18:59,760 --> 01:18:57,430

billionaire she's 21 years 21 years old

1702

01:19:01,680 --> 01:18:59,770

and you want to say something like this

1703

01:19:04,050 --> 01:19:01,690

to your kids and you want to do this and

1704

01:19:08,459 --> 01:19:04,060

there they go up but but Kylie Jenner

1705

01:19:11,459 --> 01:19:08,469

did it well you know with absolutely

1706

01:19:14,070 --> 01:19:11,469

nothing you know and that's that's the

1707

01:19:17,040 --> 01:19:14,080

power of the media and I want to become

1708

01:19:18,930 --> 01:19:17,050

an Instagram star I want to become a

1709

01:19:23,130 --> 01:19:18,940

YouTube star I want to become a

1710

01:19:26,510 --> 01:19:23,140

tick-tock star right we're fighting that

1711

01:19:30,180 --> 01:19:26,520

on a daily basis by by these

1712

01:19:33,209 --> 01:19:30,190

quote-unquote celebs that have you know

1713

01:19:35,010 --> 01:19:33,219

tens of millions of followers that

1714

01:19:36,180 --> 01:19:35,020

recognize what they are doing and

1715

01:19:43,439 --> 01:19:36,190

they're like well there's an easy way

1716

01:19:46,800 --> 01:19:43,449

out yeah you know I I have two sons ages

1717

01:19:49,470 --> 01:19:46,810

12 and 14 and whenever I'm asked

1718

01:19:51,959 --> 01:19:49,480

parenting questions I always quote

1719

01:19:53,220 --> 01:19:51,969

something that is attributed to Napoleon

1720

01:19:55,470 --> 01:19:53,230

I don't know if he ever actually said

1721

01:19:57,750 --> 01:19:55,480

any of these things but Napoleon seems

1722

01:20:00,390 --> 01:19:57,760

to have said everything apparently and

1723

01:20:03,150 --> 01:20:00,400

that is every plan immediately fails

1724

01:20:03,600 --> 01:20:03,160

upon contact with the enemy I guess you

1725

01:20:05,580 --> 01:20:03,610

could say

1726  
01:20:08,629 --> 01:20:05,590  
plan immediately fails upon contact with

1727  
01:20:13,530 --> 01:20:08,639  
your children so every well-laid

1728  
01:20:15,629 --> 01:20:13,540  
sensible values-driven plan seems to go

1729  
01:20:19,470 --> 01:20:15,639  
awry the moment you introduce it into

1730  
01:20:21,180 --> 01:20:19,480  
actual life now I'm proud of my kids

1731  
01:20:24,000 --> 01:20:21,190  
they seem to be doing well they they

1732  
01:20:27,540 --> 01:20:24,010  
have good values and I don't know

1733  
01:20:29,850 --> 01:20:27,550  
frankly if I introduced those values to

1734  
01:20:32,100 --> 01:20:29,860  
them they are exposed to all the media

1735  
01:20:34,890 --> 01:20:32,110  
that you're just describing all the news

1736  
01:20:37,560 --> 01:20:34,900  
that you're just describing I don't know

1737  
01:20:42,479 --> 01:20:37,570  
what precisely inculcates values and

1738  
01:20:45,689 --> 01:20:42,489

children I do know that my older son has

1739

01:20:48,899 --> 01:20:45,699

made a point of not gossiping I'm very

1740

01:20:51,570 --> 01:20:48,909

aware that he stays out of clicks he

1741

01:20:55,470 --> 01:20:51,580

stays out of kind of talking trash about

1742

01:20:57,689 --> 01:20:55,480

friends and it's a powerful train and I

1743

01:21:01,050 --> 01:20:57,699

see that in my younger son as well I

1744

01:21:04,350 --> 01:21:01,060

don't know if I inculcated that in them

1745

01:21:05,939 --> 01:21:04,360

by my behavior I know that they rebelled

1746

01:21:08,100 --> 01:21:05,949

against me I know they make fun of me

1747

01:21:10,649 --> 01:21:08,110

you know for my spiritual interest and

1748

01:21:14,250 --> 01:21:10,659

that's natural and healthy kids kids

1749

01:21:16,950 --> 01:21:14,260

have to do that I wish I could tell you

1750

01:21:20,310 --> 01:21:16,960

I wish I could tell myself what it is

1751

01:21:22,050 --> 01:21:20,320

that inculcates values in a kid it might

1752

01:21:25,370 --> 01:21:22,060

Franklin Jimmy you know kind of

1753

01:21:28,260 --> 01:21:25,380

something to do with just a kind of

1754

01:21:30,510 --> 01:21:28,270

receptivity to ideas and a sensitivity a

1755

01:21:34,649 --> 01:21:30,520

temperament that we come into this world

1756

01:21:37,140 --> 01:21:34,659

with there may be qualities of karma

1757

01:21:40,560 --> 01:21:37,150

qualities of reincarnation other things

1758

01:21:42,359 --> 01:21:40,570

that recur within individuals and you

1759

01:21:44,669 --> 01:21:42,369

know some kids get exposed to all this

1760

01:21:46,530 --> 01:21:44,679

media and my kids certainly have and

1761

01:21:48,570 --> 01:21:46,540

they seem to do well and I can't take

1762

01:21:51,959 --> 01:21:48,580

any awards for it I can't take any

1763

01:21:55,890 --> 01:21:51,969

awards for it I I don't know I I could

1764

01:21:59,490 --> 01:21:55,900

be more eloquent in terms of how a

1765

01:22:01,830 --> 01:21:59,500

parent can introduce metaphysical values

1766

01:22:04,530 --> 01:22:01,840

into a kid's life but I have to tell you

1767

01:22:08,189 --> 01:22:04,540

it's as much a mystery to me as the

1768

01:22:10,560 --> 01:22:08,199

ancient pyramids are I think my stars

1769

01:22:12,959 --> 01:22:10,570

that my kids are doing well and and I

1770

01:22:15,240 --> 01:22:12,969

don't know the only thing I can guess is

1771

01:22:15,890 --> 01:22:15,250

that any behavior have ever inculcated

1772

01:22:19,130 --> 01:22:15,900

in them

1773

01:22:20,540 --> 01:22:19,140

good or bad has probably been something

1774

01:22:22,460 --> 01:22:20,550

imitative you know I don't think

1775

01:22:24,920 --> 01:22:22,470

anything I've ever said to them has made

1776

01:22:28,520 --> 01:22:24,930

an impact so much as imitative behavior

1777

01:22:31,720 --> 01:22:28,530

has been present yeah my my my guidance

1778

01:22:35,720 --> 01:22:31,730

to my two daughters as has meant nothing

1779

01:22:37,910 --> 01:22:35,730

you know they laugh they do and they

1780

01:22:41,540 --> 01:22:37,920

they have grown up to be to the most

1781

01:22:46,040 --> 01:22:41,550

beautiful young adults that I could have

1782

01:22:51,880 --> 01:22:46,050

ever wished and and I'm so blessed but

1783

01:22:54,230 --> 01:22:51,890

all the advice I've ever dispensed no

1784

01:22:57,530 --> 01:22:54,240

but they're doing their own thing and

1785

01:22:59,510 --> 01:22:57,540

and and you know what they're on their

1786

01:23:02,090 --> 01:22:59,520

own life path finding their own bliss

1787

01:23:04,490 --> 01:23:02,100

and I think that that is probably what

1788

01:23:07,010 --> 01:23:04,500

is washed off with them is that you know

1789

01:23:09,830 --> 01:23:07,020

their mom and dad are doing what makes

1790

01:23:11,510 --> 01:23:09,840

them happy and that's the secret you

1791

01:23:14,180 --> 01:23:11,520

know that is the whole secret and going

1792

01:23:16,760 --> 01:23:14,190

back Mitch I want to I want to go back

1793

01:23:18,350 --> 01:23:16,770

to this you know the the television

1794

01:23:20,360 --> 01:23:18,360

commercials are gonna tell you that you

1795

01:23:22,010 --> 01:23:20,370

need the brand new car you need the you

1796

01:23:24,140 --> 01:23:22,020

know the new set of teeth you know you

1797

01:23:27,530 --> 01:23:24,150

need the house with the three-car garage

1798

01:23:29,480 --> 01:23:27,540

on it and a pool that these are what's

1799

01:23:32,570 --> 01:23:29,490

going to make you popular that's that's

1800

01:23:36,140 --> 01:23:32,580

that's the TV telling you that the

1801

01:23:38,840 --> 01:23:36,150

secret is you find your bliss you know

1802

01:23:40,160 --> 01:23:38,850

the genie that you know the three wishes

1803

01:23:44,060 --> 01:23:40,170

you're not gonna wish for the big house

1804

01:23:46,490 --> 01:23:44,070

you wish for the Bliss and that will run

1805

01:23:49,670 --> 01:23:46,500

its course and then that other stuff

1806

01:23:52,460 --> 01:23:49,680

that's that's the bonus right that that

1807

01:23:55,190 --> 01:23:52,470

comes with it that's not your focus that

1808

01:24:00,110 --> 01:23:55,200

just happens to pop up as life moves

1809

01:24:01,580 --> 01:24:00,120

along doesn't it metaphor the genie

1810

01:24:03,980 --> 01:24:01,590

because that actually brings up an

1811

01:24:05,990 --> 01:24:03,990

exercise that I sometimes challenge

1812

01:24:07,580 --> 01:24:06,000

people to use and I challenge myself to

1813

01:24:10,670 --> 01:24:07,590

use it you know you were asking earlier

1814

01:24:14,750 --> 01:24:10,680

how does the individual sort of strip

1815

01:24:16,640 --> 01:24:14,760

away all the noise and get down to what

1816

01:24:18,080 --> 01:24:16,650

you really want what what is your place

1817

01:24:21,440 --> 01:24:18,090

what are you really passionate about and

1818

01:24:25,340 --> 01:24:21,450

I ask people to imagine that a genie

1819

01:24:27,920 --> 01:24:25,350

offers to grant them one wish one wish

1820

01:24:29,510 --> 01:24:27,930

and they can have whatever they ask for

1821

01:24:32,270 --> 01:24:29,520

but it's kindig

1822

01:24:36,080 --> 01:24:32,280

the fact that they must tell the

1823

01:24:38,750 --> 01:24:36,090

absolute truth of what the one thing is

1824

01:24:40,580 --> 01:24:38,760

that they wish for or they'll lose

1825

01:24:43,070 --> 01:24:40,590

everything and what would it be and

1826

01:24:46,130 --> 01:24:43,080

people want to protest well you know God

1827

01:24:48,760 --> 01:24:46,140

how can i how can I am how can I name

1828

01:24:51,350 --> 01:24:48,770

one thing you know I have all kinds of

1829

01:24:54,140 --> 01:24:51,360

necessities and complexities in life all

1830

01:24:56,750 --> 01:24:54,150

kinds of responsibilities and roles that

1831

01:24:59,660 --> 01:24:56,760

I need to play and I honor that I bow

1832

01:25:02,420 --> 01:24:59,670

before that I do too but I do believe

1833

01:25:06,560 --> 01:25:02,430

that life makes a very tough tough

1834

01:25:09,230 --> 01:25:06,570

bargain with us that if we can focus all

1835

01:25:11,900 --> 01:25:09,240

of our energies onto one thing we can

1836

01:25:13,910 --> 01:25:11,910

come into extraordinary power it's a law

1837

01:25:17,080 --> 01:25:13,920

of nature that concentration brings

1838

01:25:20,240 --> 01:25:17,090

force right we can come into a kind of

1839

01:25:24,770 --> 01:25:20,250

transcendental power if we're willing to

1840

01:25:27,620 --> 01:25:24,780

focus our energies on one thing it can

1841

01:25:29,480 --> 01:25:27,630

be very tough and that one thing must be

1842

01:25:31,160 --> 01:25:29,490

well chosen we must not only be

1843

01:25:34,040 --> 01:25:31,170

passionate about it but if you choose

1844

01:25:36,260 --> 01:25:34,050

wisely that one thing can cover a lot of

1845

01:25:39,320 --> 01:25:36,270

different bases but if you look at the

1846

01:25:42,050 --> 01:25:39,330

lives of people you admire people you

1847

01:25:45,710 --> 01:25:42,060

really regard as heroes or role models

1848

01:25:47,120 --> 01:25:45,720

almost always they stood for one thing

1849

01:25:49,460 --> 01:25:47,130

where they're certainly remembered for

1850

01:25:52,850 --> 01:25:49,470

one thing for Winston Churchill it was

1851

01:25:56,720 --> 01:25:52,860

defeating fascism for Helen Keller it

1852

01:25:58,780 --> 01:25:56,730

was extolling human potential for Nelson

1853

01:26:01,280 --> 01:25:58,790

Mandela it was it was a democracy

1854

01:26:04,130 --> 01:26:01,290

nonviolent change for Steve Jobs

1855

01:26:08,090 --> 01:26:04,140

it was revolutionising digital culture

1856

01:26:09,860 --> 01:26:08,100

you know these people of course they had

1857

01:26:12,440 --> 01:26:09,870

families they had life they intimate

1858

01:26:14,960 --> 01:26:12,450

lives they had many things going on in

1859

01:26:17,560 --> 01:26:14,970

their lives as we all do but their

1860

01:26:19,490 --> 01:26:17,570

greatness arose from the capacity to

1861

01:26:21,460 --> 01:26:19,500

concentrate their energies

1862

01:26:25,010 --> 01:26:21,470

it's a tough bargain it's a tough

1863

01:26:27,170 --> 01:26:25,020

bargain and it's not necessarily going

1864

01:26:30,710 --> 01:26:27,180

to leave everybody around you entirely

1865

01:26:32,780 --> 01:26:30,720

happy but I think that greatness arises

1866

01:26:36,290 --> 01:26:32,790

from that absolute concentration of

1867

01:26:39,170 --> 01:26:36,300

effort do you do you speak this out loud

1868

01:26:40,330 --> 01:26:39,180

do you write it down or do you keep it

1869

01:26:45,400 --> 01:26:40,340

internal

1870

01:26:47,170 --> 01:26:45,410

infertile because I'd be once in a while

1871

01:26:49,120 --> 01:26:47,180

I will disclose variants and the things

1872

01:26:52,360 --> 01:26:49,130

to people because I feel like I have to

1873

01:26:54,970 --> 01:26:52,370

provide examples of my own life in terms

1874

01:26:56,890 --> 01:26:54,980

of what I'm talking about but I do think

1875

01:26:59,710 --> 01:26:56,900

that there's a deep importance to

1876

01:27:01,570 --> 01:26:59,720

privacy some people might even call it

1877

01:27:04,900 --> 01:27:01,580

secrecy but I prefer to think in terms

1878

01:27:07,660 --> 01:27:04,910

of privacy because when you air your

1879

01:27:09,940 --> 01:27:07,670

innermost desire to people there's every

1880

01:27:11,830 --> 01:27:09,950

possibility that your Uncle Mike at

1881

01:27:14,620 --> 01:27:11,840

Thanksgiving will run it down

1882

01:27:18,370 --> 01:27:14,630

we're jealous agreed you know if you had

1883

01:27:20,050 --> 01:27:18,380

it right head we we run things down and

1884

01:27:22,090 --> 01:27:20,060

and even our friends do it our

1885

01:27:23,740 --> 01:27:22,100

co-workers do it there's a lot to be

1886

01:27:26,140 --> 01:27:23,750

said for keeping these four remaining

1887

01:27:28,750 --> 01:27:26,150

silence I believe that this is the

1888

01:27:37,960 --> 01:27:28,760

individuals private experiment well I

1889

01:27:41,590 --> 01:27:37,970

guess that kills my next question and

1890

01:27:43,210 --> 01:27:41,600

the point is that you do keep an

1891

01:27:45,250 --> 01:27:43,220

internal of course I was gonna ask you

1892

01:27:47,680 --> 01:27:45,260

what your one wish would be or if you've

1893

01:27:48,910 --> 01:27:47,690

made the one wish and what was it but if

1894

01:27:51,220 --> 01:27:48,920

you need to keep it internal I

1895

01:27:54,070 --> 01:27:51,230

understand that but the secret to that

1896

01:27:57,700 --> 01:27:54,080

is well hold on the secret is don't lie

1897

01:28:00,040 --> 01:27:57,710

to yourself about it don't change it you

1898

01:28:02,950 --> 01:28:00,050

know you've got to stay committed once

1899

01:28:04,750 --> 01:28:02,960

you do it you can't alter it and you

1900

01:28:09,100 --> 01:28:04,760

can't chant and don't lie to yourself

1901

01:28:10,870 --> 01:28:09,110

don't cheat amen amen I will say this my

1902

01:28:13,870 --> 01:28:10,880

definite aim is the chronical

1903

01:28:16,540 --> 01:28:13,880

metaphysical experience that's my aim in

1904

01:28:18,730 --> 01:28:16,550

both history and practice to chronicle

1905

01:28:19,420 --> 01:28:18,740

metaphysical experience now I have to be

1906

01:28:23,350 --> 01:28:19,430

fair with you

1907

01:28:27,010 --> 01:28:23,360

I'm not disclosing to you every fold of

1908

01:28:29,080 --> 01:28:27,020

my most intimate wish because I do think

1909

01:28:30,760 --> 01:28:29,090

that one has to maintain some privacy

1910

01:28:34,240 --> 01:28:30,770

and some silence around that but in

1911

01:28:35,680 --> 01:28:34,250

terms of vehicle in terms of vehicle if

1912

01:28:38,350 --> 01:28:35,690

you want to hear a good example of what

1913

01:28:40,420 --> 01:28:38,360

a clear aim sounds like that's one

1914

01:28:42,460 --> 01:28:40,430

that's one the chronical metaphysical

1915

01:28:44,680 --> 01:28:42,470

experience that's that's the definite

1916

01:28:48,550 --> 01:28:44,690

aim that's the overt vehicle of my life

1917

01:28:50,320 --> 01:28:48,560

I won't be a morbidly self-disclosing

1918

01:28:51,640 --> 01:28:50,330

because I feel like I do have to remain

1919

01:28:53,860 --> 01:28:51,650

private about certain things and I

1920

01:28:57,880 --> 01:28:53,870

counsel your listeners to remain private

1921

01:29:00,190 --> 01:28:57,890

but that that I would say as my my outer

1922

01:29:02,620 --> 01:29:00,200

vehicle and I I think we can find the

1923

01:29:04,270 --> 01:29:02,630

real intimate stuff and your tattoos if

1924

01:29:06,370 --> 01:29:04,280

we look close enough it's all right

1925

01:29:09,040 --> 01:29:06,380

there you display it our guest tonight

1926

01:29:10,750 --> 01:29:09,050

Mitch Horowitz it's already a great

1927

01:29:12,400 --> 01:29:10,760

conversation and it's only gonna get

1928

01:29:13,840 --> 01:29:12,410

better this is fade to black I'm use to

1929

01:29:14,560 --> 01:29:13,850

research more with Mitch after this

1930

01:29:21,000 --> 01:29:14,570

short break

1931

01:29:21,010 --> 01:29:30,820

[Music]

1932

01:29:37,060 --> 01:29:34,030

way out here we listen to Jimmy Church

1933

01:29:39,560 --> 01:29:37,070

you're listening to faint and black

1934

01:29:42,410 --> 01:29:39,570

always on the edge of the hottest

1935

01:29:42,890 --> 01:29:42,420

alternative talk jimmy church with fade

1936

01:30:02,450 --> 01:29:42,900

to black

1937

01:30:06,170 --> 01:30:02,460

stay GRA radio.com hurricanes

1938

01:30:07,910 --> 01:30:06,180

earthquakes wildfires this year we've

1939

01:30:10,310 --> 01:30:07,920

experienced more than our fair share

1940

01:30:13,190 --> 01:30:10,320

this is Jimmy Church of fade to black

1941

01:30:15,380 --> 01:30:13,200

and last month I decided to make sure my

1942

01:30:17,540 --> 01:30:15,390

family does not have to worry about food

1943

01:30:21,290 --> 01:30:17,550

should we get caught in a real emergency

1944

01:30:23,180 --> 01:30:21,300

situation introducing Humana a healthy

1945

01:30:25,010 --> 01:30:23,190

storable product that tastes so good

1946

01:30:26,780 --> 01:30:25,020

that you'll want to eat it every day

1947

01:30:29,540 --> 01:30:26,790

instead of just during those times of

1948

01:30:32,960 --> 01:30:29,550

duress all new manna products have a 25

1949

01:30:35,360 --> 01:30:32,970

year shelf life our msg and GMO free no

1950

01:30:37,490 --> 01:30:35,370

preservatives and are made in America

1951

01:30:39,290 --> 01:30:37,500

with the new manna pack in your home

1952

01:30:42,080 --> 01:30:39,300

you'll be able to sleep at night knowing

1953

01:30:45,020 --> 01:30:42,090

that you protected your family not only

1954

01:30:47,630 --> 01:30:45,030

have I tasted and tested I own it now

1955

01:30:49,970 --> 01:30:47,640

you can too just click on the new manna

1956

01:30:52,010 --> 01:30:49,980

banner on Jimmy Church radio.com and use

1957

01:30:54,410 --> 01:30:52,020

the promo code Jimmy when you order in

1958

01:30:56,540 --> 01:30:54,420

addition to a discount we'll send you an

1959

01:31:00,650 --> 01:30:56,550

autograph fade to black t-shirt

1960

01:31:03,830 --> 01:31:00,660

seriously gobekli tepe do you want to be

1961

01:31:05,510 --> 01:31:03,840

an official fade or not of course you do

1962

01:31:08,060 --> 01:31:05,520

this is Jimmy Church of fade to black

1963

01:31:10,910 --> 01:31:08,070

just go to our membership section at

1964

01:31:12,150 --> 01:31:10,920

Jimmy Church radio.com

1965

01:31:14,940 --> 01:31:12,160

[Music]

1966

01:31:17,740 --> 01:31:14,950

introducing the new surfer music app

1967

01:31:21,280 --> 01:31:17,750

listen fate or not you know I love my

1968

01:31:24,190 --> 01:31:21,290

music this is my go-to for all things

1969

01:31:26,500 --> 01:31:24,200

notes the surfer hat is a brand new

1970

01:31:28,690 --> 01:31:26,510

concept of music listening surfer is

1971

01:31:30,610 --> 01:31:28,700

free providing unlimited access to

1972

01:31:32,830 --> 01:31:30,620

thousands of live streaming radio

1973

01:31:34,540 --> 01:31:32,840

stations surfer is an exciting

1974

01:31:37,420 --> 01:31:34,550

interactive listening experience

1975

01:31:40,060 --> 01:31:37,430

discovery and surprise of built right in

1976

01:31:42,790 --> 01:31:40,070

surfer is your destination to discover

1977

01:31:45,310 --> 01:31:42,800

and rediscover great live streaming

1978

01:31:47,530 --> 01:31:45,320

music it features high quality audio

1979

01:31:49,180 --> 01:31:47,540

streams free access to music from

1980

01:31:52,000 --> 01:31:49,190

thousands of live streaming radio

1981

01:31:54,490 --> 01:31:52,010

stations unlimited listening unlimited

1982

01:31:56,380 --> 01:31:54,500

skipping you get a music visualizer and

1983

01:31:58,840 --> 01:31:56,390

you can also select your favorite

1984

01:31:59,830 --> 01:31:58,850

channels get it at the Apple App Store

1985

01:32:03,130 --> 01:31:59,840

or Google Play

1986

01:32:05,440 --> 01:32:03,140

just search surfer music or click on the

1987

01:32:09,439 --> 01:32:05,450

surfer banner at Jimmy Church radio calm

1988

01:32:16,560 --> 01:32:12,929

so you love talk radio then you'll love

1989

01:32:19,410 --> 01:32:16,570

talk stream live.com talk stream live is

1990

01:32:21,689 --> 01:32:19,420

always on 24/7 with the best streaming

1991

01:32:23,729 --> 01:32:21,699

talk shows find your favorite talkers

1992

01:32:26,609 --> 01:32:23,739

and discover some new ones it's free

1993

01:32:28,259 --> 01:32:26,619

readily available online or on mobile

1994

01:32:30,299 --> 01:32:28,269

with any smartphone or tablet

1995

01:32:32,370 --> 01:32:30,309

finding your favorite talk shows all in

1996

01:32:35,399 --> 01:32:32,380

one place has gotten a whole lot easier

1997

01:32:37,199 --> 01:32:35,409

just go to talk stream live.com

1998

01:32:41,239 --> 01:32:37,209

be sure to download the free apps from

1999

01:32:45,270 --> 01:32:41,249

Google Play or the iTunes App Store you

2000

01:32:52,979 --> 01:32:45,280

listen to us and we listen to you and so

2001  
01:32:54,569 --> 01:32:52,989  
does the CI k GRA radio.com if you have

2002  
01:32:56,910 --> 01:32:54,579  
hard water the lime scale not only

2003  
01:32:58,739 --> 01:32:56,920  
leaves white spots at clogs pipes and

2004  
01:33:00,660 --> 01:32:58,749  
breaks down appliances costing you

2005  
01:33:02,669 --> 01:33:00,670  
hundreds of dollars in energy and where

2006  
01:33:04,529 --> 01:33:02,679  
eliminate limescale and other water

2007  
01:33:06,899 --> 01:33:04,539  
issues like brown staining and bad odors

2008  
01:33:08,850 --> 01:33:06,909  
with hydro care water products available

2009  
01:33:11,100 --> 01:33:08,860  
from wave home solutions waves

2010  
01:33:12,870 --> 01:33:11,110  
affordable water systems don't use salts

2011  
01:33:14,540 --> 01:33:12,880  
or chemicals you'll love the way your

2012  
01:33:16,560 --> 01:33:14,550  
water tastes smells and looks

2013  
01:33:19,290 --> 01:33:16,570

satisfaction guaranteed for more

2014

01:33:23,040 --> 01:33:19,300

information go to best water 1 2 3 com

2015

01:33:25,739 --> 01:33:23,050

that's best water 1 2 3 com are you

2016

01:33:28,259 --> 01:33:25,749

intrigued by paranormal talk radio you

2017

01:33:31,229 --> 01:33:28,269

love the new paranormal radio app from

2018

01:33:33,449 --> 01:33:31,239

torque stream live you'll find a great

2019

01:33:36,569 --> 01:33:33,459

selection of talk shows covering UFOs

2020

01:33:39,000 --> 01:33:36,579

ghosts strange phenomena and much more

2021

01:33:41,219 --> 01:33:39,010

download the paranormal radio app now

2022

01:33:43,649 --> 01:33:41,229

and start listening to the very best in

2023

01:33:45,060 --> 01:33:43,659

paranormal talk entertainment including

2024

01:33:48,060 --> 01:33:45,070

the network you're listening to right

2025

01:33:52,669 --> 01:33:48,070

now the paranormal radio app free in

2026  
01:33:55,049 --> 01:33:52,679  
Google Play and the iOS App Store you

2027  
01:33:57,330 --> 01:33:55,059  
are listening to fade to black

2028  
01:34:00,209 --> 01:33:57,340  
with Jimmy Church on the game changer

2029  
01:34:05,810 --> 01:34:03,060  
hi I'm Lisa Vance you're listening to me

2030  
01:34:09,390 --> 01:34:05,820  
church this is revolution the revolution

2031  
01:34:16,390 --> 01:34:09,400  
will not be televised the revolution is

2032  
01:34:53,980 --> 01:34:50,990  
[Music]

2033  
01:34:57,680 --> 01:34:53,990  
[Applause]

2034  
01:34:58,820 --> 01:34:57,690  
welcome back fade to black I'm Errol

2035  
01:35:02,090 --> 01:34:58,830  
semi church I guess and I'm Mitch

2036  
01:35:05,540 --> 01:35:02,100  
Horowitz and we're discussing how

2037  
01:35:10,010 --> 01:35:05,550  
thoughts become a reality and changing

2038  
01:35:12,170 --> 01:35:10,020

your reality how to get it done great

2039

01:35:13,940 --> 01:35:12,180

conversation so far but Mitch let's

2040

01:35:16,940 --> 01:35:13,950

let's dig a little bit deeper because

2041

01:35:18,980 --> 01:35:16,950

that statement how thoughts become

2042

01:35:19,910 --> 01:35:18,990

reality is pretty bold it's pretty

2043

01:35:30,380 --> 01:35:19,920

strong yep

2044

01:35:34,580 --> 01:35:30,390

I would suggest coffee vital component

2045

01:35:36,980 --> 01:35:34,590

but it's a very strong statement and so

2046

01:35:40,250 --> 01:35:36,990

let's take a little bit deeper here when

2047

01:35:44,300 --> 01:35:40,260

when I say that what's the first thing

2048

01:35:45,770 --> 01:35:44,310

that that comes to mind I I would say

2049

01:35:48,110 --> 01:35:45,780

the first thing that comes to mind is I

2050

01:35:50,570 --> 01:35:48,120

don't use the term manifest I use the

2051  
01:35:52,490 --> 01:35:50,580  
term select and I think that our through

2052  
01:35:56,480 --> 01:35:52,500  
our emotionalized thoughts and our

2053  
01:36:00,050 --> 01:35:56,490  
mental pictures we are selecting from

2054  
01:36:02,540 --> 01:36:00,060  
among a vast range of possibilities that

2055  
01:36:04,910 --> 01:36:02,550  
we experience one of the things I write

2056  
01:36:08,210 --> 01:36:04,920  
about in the miracle club is that I

2057  
01:36:11,150 --> 01:36:08,220  
think we have seen enough at this point

2058  
01:36:12,500 --> 01:36:11,160  
in the 21st century to realize that it

2059  
01:36:15,020 --> 01:36:12,510  
is the fact that there's an extra

2060  
01:36:17,150 --> 01:36:15,030  
physical component to existence and our

2061  
01:36:20,960 --> 01:36:17,160  
existence goes beyond our five senses

2062  
01:36:23,570 --> 01:36:20,970  
and that the model of linearity does not

2063  
01:36:25,970 --> 01:36:23,580

hold up it doesn't cover all the bases

2064

01:36:28,160 --> 01:36:25,980

of reality it doesn't cover particle

2065

01:36:30,260 --> 01:36:28,170

physics it doesn't cover extra

2066

01:36:32,930 --> 01:36:30,270

dimensional study that doesn't cover

2067

01:36:36,680 --> 01:36:32,940

psychical research it doesn't cover the

2068

01:36:38,720 --> 01:36:36,690

relativity of time and I think that

2069

01:36:40,580 --> 01:36:38,730

what's happening in terms of all this

2070

01:36:42,980 --> 01:36:40,590

positive thinking that people talk about

2071

01:36:46,370 --> 01:36:42,990

is not so much that we're manifesting

2072

01:36:48,830 --> 01:36:46,380

but at certain moments of exquisite

2073

01:36:51,170 --> 01:36:48,840

focus we are getting in touch with the

2074

01:36:54,620 --> 01:36:51,180

fact that linearity is only an

2075

01:36:57,980 --> 01:36:54,630

incredible useful illusion of device

2076

01:37:01,090 --> 01:36:57,990

that we use to navigate life in terms of

2077

01:37:04,300 --> 01:37:01,100

our five sensory experience but in fact

2078

01:37:07,120 --> 01:37:04,310

everything exists as an infinite

2079

01:37:10,870 --> 01:37:07,130

possibility everything is in super

2080

01:37:14,070 --> 01:37:10,880

position all around us and that concepts

2081

01:37:17,080 --> 01:37:14,080

of time and space are understood to be

2082

01:37:19,780 --> 01:37:17,090

relative and particles and subatomic

2083

01:37:22,240 --> 01:37:19,790

objects are understood to be in

2084

01:37:24,070 --> 01:37:22,250

superposition because that's what's

2085

01:37:26,110 --> 01:37:24,080

really going on that's what's really

2086

01:37:28,450 --> 01:37:26,120

going on and we don't have the sensory

2087

01:37:31,629 --> 01:37:28,460

equipment to see it all the time so we

2088

01:37:33,820 --> 01:37:31,639

experience a chair as a chair a cat as a

2089

01:37:35,620 --> 01:37:33,830

cat there's just one thing going on and

2090

01:37:37,689 --> 01:37:35,630

there's a past present future

2091

01:37:41,020 --> 01:37:37,699

that's an organizing principle and it's

2092

01:37:44,530 --> 01:37:41,030

vital to our existence but the reality

2093

01:37:47,860 --> 01:37:44,540

the greater broader reality is that we

2094

01:37:52,270 --> 01:37:47,870

live in a universe of infinitude and

2095

01:37:55,379 --> 01:37:52,280

infinite possibilities and that time and

2096

01:37:58,780 --> 01:37:55,389

events are all part of a great vast

2097

01:38:00,760 --> 01:37:58,790

whole and that through our focused

2098

01:38:04,300 --> 01:38:00,770

perspective and emotionalized thoughts

2099

01:38:07,840 --> 01:38:04,310

we are in effect taking measurements of

2100

01:38:11,020 --> 01:38:07,850

that great hole at any different moment

2101

01:38:13,750 --> 01:38:11,030

and experiencing things based on what we

2102

01:38:15,280 --> 01:38:13,760

focus upon so that's my theory at least

2103

01:38:19,020 --> 01:38:15,290

that's my attempt to come up with an

2104

01:38:21,100 --> 01:38:19,030

explanation of why there seems to be a

2105

01:38:24,189 --> 01:38:21,110

congruence between thought and

2106

01:38:26,800 --> 01:38:24,199

experience our minds are tools of

2107

01:38:28,810 --> 01:38:26,810

selection they are measurement tools not

2108

01:38:31,149 --> 01:38:28,820

much different from the way that a

2109

01:38:35,350 --> 01:38:31,159

scientist would be using a microscopic

2110

01:38:38,169 --> 01:38:35,360

measuring tool in a laboratory and the

2111

01:38:40,270 --> 01:38:38,179

closer we get to understanding the

2112

01:38:43,330 --> 01:38:40,280

infinitude of life the more we realize

2113

01:38:45,520 --> 01:38:43,340

what's really actually going on we may

2114

01:38:47,200 --> 01:38:45,530

not be able to experience it at all

2115

01:38:50,350 --> 01:38:47,210

moments we may not be able to experience

2116

01:38:52,300 --> 01:38:50,360

it with consistency in fact it might be

2117

01:38:55,899 --> 01:38:52,310

necessary to our existence that we do

2118

01:39:00,220 --> 01:38:55,909

not but there is an infinitude of

2119

01:39:04,750 --> 01:39:00,230

possibilities facing us and our minds or

2120

01:39:09,939 --> 01:39:04,760

tools of selectivity do you repeat the

2121

01:39:13,060 --> 01:39:09,949

thought in terms of trying to select

2122

01:39:15,490 --> 01:39:13,070

something yeah yes yes yeah I think it

2123

01:39:18,430 --> 01:39:15,500

helps I think it helps I think that that

2124

01:39:20,800 --> 01:39:18,440

that repetition and assumption

2125

01:39:23,050 --> 01:39:20,810

ultimately concretize in

2126

01:39:24,430 --> 01:39:23,060

some kind of reality there may be a lot

2127

01:39:25,810 --> 01:39:24,440

of other things going on and other

2128

01:39:28,570 --> 01:39:25,820

people's thoughts and physical

2129

01:39:31,060 --> 01:39:28,580

limitations are at play because we do

2130

01:39:34,330 --> 01:39:31,070

live in a framework at least in which we

2131

01:39:36,040 --> 01:39:34,340

experience inevitably physical decline

2132

01:39:38,740 --> 01:39:36,050

and limitations but I think there are

2133

01:39:40,920 --> 01:39:38,750

many laws and forces at play and going

2134

01:39:44,020 --> 01:39:40,930

on around us but I absolutely do believe

2135

01:39:48,100 --> 01:39:44,030

repetition affirmation emotionalized

2136

01:39:52,780 --> 01:39:48,110

thought meditation assumption these

2137

01:39:55,210 --> 01:39:52,790

things wield a huge power over what we

2138

01:39:57,850 --> 01:39:55,220

experience in life so yes I think I

2139

01:40:00,160 --> 01:39:57,860

think repetition is one very simple but

2140

01:40:03,000 --> 01:40:00,170

deceptively simple and powerful tool

2141

01:40:08,530 --> 01:40:03,010

that's at our disposal we've all

2142

01:40:11,770 --> 01:40:08,540

experienced the and I haven't spoken to

2143

01:40:12,580 --> 01:40:11,780

Bob in such a long time and you think it

2144

01:40:16,150 --> 01:40:12,590

in your mind

2145

01:40:18,250 --> 01:40:16,160

five minutes later the phone rings and

2146

01:40:21,280 --> 01:40:18,260

you haven't spoken to Bob in five years

2147

01:40:24,070 --> 01:40:21,290

well let's way beyond coincidence and

2148

01:40:26,620 --> 01:40:24,080

we've all experienced that so if we know

2149

01:40:29,230 --> 01:40:26,630

that that is real and it happens

2150

01:40:31,990 --> 01:40:29,240

whatever you want it to happen it seems

2151  
01:40:34,240 --> 01:40:32,000  
to happen is that the same type of

2152  
01:40:37,360 --> 01:40:34,250  
process that is involved and that's

2153  
01:40:39,370 --> 01:40:37,370  
actually what's going on I believe so

2154  
01:40:42,160 --> 01:40:39,380  
I believe so obviously there are

2155  
01:40:44,590 --> 01:40:42,170  
coincidences that occur you know so to

2156  
01:40:46,360 --> 01:40:44,600  
speak I mean it's just you know the

2157  
01:40:48,250 --> 01:40:46,370  
world is filled with complexities and

2158  
01:40:50,500 --> 01:40:48,260  
there's all kinds of things that are

2159  
01:40:53,590 --> 01:40:50,510  
just going to happen to us as a result

2160  
01:40:56,140 --> 01:40:53,600  
of multiple laws and forces going on

2161  
01:40:58,510 --> 01:40:56,150  
multiple instances of cause and effect

2162  
01:41:01,870 --> 01:40:58,520  
criss-crossing one another but when we

2163  
01:41:05,590 --> 01:41:01,880

experience a really emotionally

2164

01:41:07,420 --> 01:41:05,600

impactful congruence between what we're

2165

01:41:10,780 --> 01:41:07,430

thinking about and what occurs or when

2166

01:41:12,790 --> 01:41:10,790

past-president future or concepts of

2167

01:41:15,220 --> 01:41:12,800

past present and future all seem to

2168

01:41:17,680 --> 01:41:15,230

enter a kind of time collapse and we

2169

01:41:20,110 --> 01:41:17,690

seem to be experiencing everything at

2170

01:41:21,940 --> 01:41:20,120

once where things that we have thought

2171

01:41:25,000 --> 01:41:21,950

about and emotional states that we've

2172

01:41:27,910 --> 01:41:25,010

occupied in the past suddenly come back

2173

01:41:30,370 --> 01:41:27,920

to us in the present in this form of

2174

01:41:33,160 --> 01:41:30,380

this extraordinary synchronicity or

2175

01:41:34,600 --> 01:41:33,170

seeming coincidence that has emotional

2176

01:41:37,530 --> 01:41:34,610

gravity for us and

2177

01:41:40,510 --> 01:41:37,540

seems to break down a sense of

2178

01:41:42,550 --> 01:41:40,520

separation between ourselves and our

2179

01:41:45,100 --> 01:41:42,560

innermost thoughts between past present

2180

01:41:47,620 --> 01:41:45,110

future these time collapse States I

2181

01:41:50,140 --> 01:41:47,630

think give us a glimpse of the selecting

2182

01:41:52,660 --> 01:41:50,150

power of our minds and yes it can be as

2183

01:41:54,580 --> 01:41:52,670

simple as thinking of Bob needing to

2184

01:41:57,640 --> 01:41:54,590

talk to Bob and Bob is right there on

2185

01:42:01,060 --> 01:41:57,650

the phone Rita and I have fun with this

2186

01:42:06,129 --> 01:42:01,070

so much that I'll give you a perfect

2187

01:42:07,689 --> 01:42:06,139

example we want Bob on the show right

2188

01:42:11,740 --> 01:42:07,699

and we'll talk about it

2189

01:42:14,649 --> 01:42:11,750

and instead of sending Bob an email

2190

01:42:16,180 --> 01:42:14,659

right okay Bob are you available next

2191

01:42:17,890 --> 01:42:16,190

week or the week after

2192

01:42:20,649 --> 01:42:17,900

I'll just go okay well let's just wait

2193

01:42:24,100 --> 01:42:20,659

for the email to come in we'll just talk

2194

01:42:25,990 --> 01:42:24,110

about a couple of days later hey you

2195

01:42:27,939 --> 01:42:26,000

know I got this new book out I got this

2196

01:42:30,160 --> 01:42:27,949

that new TVs Erica there you know I just

2197

01:42:35,080 --> 01:42:30,170

wanted to reach out and and it's just

2198

01:42:39,250 --> 01:42:35,090

like isn't that funny yes it is such a

2199

01:42:42,580 --> 01:42:39,260

powerful thing now yeah is there danger

2200

01:42:46,090 --> 01:42:42,590

with that you know if you're thinking

2201  
01:42:47,890 --> 01:42:46,100  
negative thoughts or you know you can't

2202  
01:42:50,050 --> 01:42:47,900  
get a negative thought out of your mind

2203  
01:42:53,020 --> 01:42:50,060  
maybe you're angry at somebody I you

2204  
01:42:57,040 --> 01:42:53,030  
know whatever it could be but is there

2205  
01:42:58,240 --> 01:42:57,050  
danger with it too it's a great question

2206  
01:43:00,580 --> 01:42:58,250  
and the answer is yes

2207  
01:43:02,770 --> 01:43:00,590  
yes there is a danger to it but I would

2208  
01:43:04,209 --> 01:43:02,780  
say that there's a danger inherent in

2209  
01:43:06,160 --> 01:43:04,219  
everything that we do in life it's not

2210  
01:43:08,890 --> 01:43:06,170  
just a metaphysical experience but you

2211  
01:43:11,560 --> 01:43:08,900  
know stress will take a toll on life

2212  
01:43:13,450 --> 01:43:11,570  
anger will take a toll on life there's a

2213  
01:43:15,640 --> 01:43:13,460

great deal of danger you're getting

2214

01:43:18,280 --> 01:43:15,650

behind the wheel of a car feeling angry

2215

01:43:19,899 --> 01:43:18,290

or depressed or anxious and you know if

2216

01:43:21,520 --> 01:43:19,909

you've got intoxicants in you then

2217

01:43:25,300 --> 01:43:21,530

you're entering into a whole different

2218

01:43:26,800 --> 01:43:25,310

territory of danger there's a danger

2219

01:43:29,320 --> 01:43:26,810

with addiction there's a danger with

2220

01:43:31,570 --> 01:43:29,330

automatic behavior there's a danger in

2221

01:43:33,820 --> 01:43:31,580

terms of our inability to control our

2222

01:43:36,760 --> 01:43:33,830

anger so you know whether our

2223

01:43:39,040 --> 01:43:36,770

perspective on life is materialist or

2224

01:43:41,560 --> 01:43:39,050

whether it's spiritual and by spiritual

2225

01:43:43,270 --> 01:43:41,570

I simply mean extra physical there's

2226

01:43:45,970 --> 01:43:43,280

always a danger there's always a danger

2227

01:43:48,399 --> 01:43:45,980

we expand the conversation and I think

2228

01:43:50,770 --> 01:43:48,409

we almost embrace a greater sense of

2229

01:43:52,600 --> 01:43:50,780

possibility that acknowledging that our

2230

01:43:54,879 --> 01:43:52,610

thoughts do have these extra physical

2231

01:43:58,029 --> 01:43:54,889

dimensions and that puts an even greater

2232

01:44:00,250 --> 01:43:58,039

responsibility on us to to know

2233

01:44:02,409 --> 01:44:00,260

ourselves and to understand our lives

2234

01:44:04,330 --> 01:44:02,419

and to understand our powers and our

2235

01:44:07,659 --> 01:44:04,340

capacities but you're absolutely correct

2236

01:44:11,379 --> 01:44:07,669

you know I mean I think if I'm walking

2237

01:44:14,109 --> 01:44:11,389

around feeling a sense of anxiety that

2238

01:44:17,319 --> 01:44:14,119

can produce hypertension and me but it

2239

01:44:22,179 --> 01:44:17,329

can also produce possibilities that are

2240

01:44:25,089 --> 01:44:22,189

going to bring fissures and difficulties

2241

01:44:27,339 --> 01:44:25,099

into my world and these things are

2242

01:44:30,009 --> 01:44:27,349

omnipresent they're always with us and

2243

01:44:31,799 --> 01:44:30,019

it should heighten a sense of one's

2244

01:44:35,500 --> 01:44:31,809

responsibility for one's own existence

2245

01:44:41,649 --> 01:44:35,510

if if this is the case and I do believe

2246

01:44:44,140 --> 01:44:41,659

that it is is free will now part of this

2247

01:44:46,719 --> 01:44:44,150

or are we taking free will and the

2248

01:44:52,750 --> 01:44:46,729

concept of that and kind of pushing it

2249

01:44:55,569 --> 01:44:52,760

off to the side because we are now you

2250

01:44:58,509 --> 01:44:55,579

know creating this and then therefore

2251

01:45:01,600 --> 01:44:58,519

the future is seen and his plan is free

2252

01:45:03,009 --> 01:45:01,610

we'll still part of the picture well

2253

01:45:04,479 --> 01:45:03,019

it's an interesting question you know I

2254

01:45:07,000 --> 01:45:04,489

was speaking with a friend last night

2255

01:45:09,250 --> 01:45:07,010

about synchronicities we're both sharing

2256

01:45:11,319 --> 01:45:09,260

stories that fantastic synchronicities

2257

01:45:12,909 --> 01:45:11,329

that have happened to us and I said you

2258

01:45:14,140 --> 01:45:12,919

know what's interesting in these stories

2259

01:45:16,419 --> 01:45:14,150

and one of the things we have to watch

2260

01:45:19,689 --> 01:45:16,429

out for is we always think that where

2261

01:45:22,839 --> 01:45:19,699

somehow the agent of whatever's going on

2262

01:45:25,060 --> 01:45:22,849

right now that you know whatever is

2263

01:45:27,759 --> 01:45:25,070

happening however wild or coincidental

2264

01:45:29,379 --> 01:45:27,769

it is you know the agency somehow rests

2265

01:45:31,270 --> 01:45:29,389

with us my hands are on the driver's

2266

01:45:32,859 --> 01:45:31,280

wheel but how do I know that I'm not

2267

01:45:36,250 --> 01:45:32,869

just sitting into somebody else's

2268

01:45:38,529 --> 01:45:36,260

picture or story or need or necessities

2269

01:45:40,750 --> 01:45:38,539

know I have all kinds of funny stories

2270

01:45:42,879 --> 01:45:40,760

about things coming to me at just the

2271

01:45:46,659 --> 01:45:42,889

right moment but maybe somebody needed

2272

01:45:47,169 --> 01:45:46,669

my assist the half way yeah exactly my

2273

01:45:49,959 --> 01:45:47,179

point

2274

01:45:52,120 --> 01:45:49,969

that's exactly right right right yeah

2275

01:45:53,830 --> 01:45:52,130

right yeah yes I was telling this funny

2276

01:45:56,049 --> 01:45:53,840

story and I repeat this in the vehicle

2277

01:45:58,389 --> 01:45:56,059

club it's absolutely true about two

2278

01:46:00,310 --> 01:45:58,399

years ago one summer I started getting

2279

01:46:02,229 --> 01:46:00,320

into the the monkeys the TV band the

2280

01:46:03,640 --> 01:46:02,239

monkeys and I was listening their muse

2281

01:46:04,870 --> 01:46:03,650

I was reading about them and I was

2282

01:46:06,790 --> 01:46:04,880

knowing everything there was to know

2283

01:46:09,609 --> 01:46:06,800

about the monkeys and everybody thought

2284

01:46:13,149 --> 01:46:09,619

I was nuts and I couldn't explain it for

2285

01:46:15,189 --> 01:46:13,159

the life of me and I I then entered this

2286

01:46:16,870 --> 01:46:15,199

interval in my life where I was kind of

2287

01:46:21,040 --> 01:46:16,880

in between projects and I thought to

2288

01:46:23,020 --> 01:46:21,050

myself I want a really big assignment to

2289

01:46:25,359 --> 01:46:23,030

kind of come to me and that day I

2290

01:46:26,799 --> 01:46:25,369

started getting these emails that

2291

01:46:28,089 --> 01:46:26,809

somebody at the Washington Post was

2292

01:46:29,649 --> 01:46:28,099

trying to reach me and they couldn't get

2293

01:46:31,450 --> 01:46:29,659

in touch with me and there was some

2294

01:46:33,370 --> 01:46:31,460

email snafu so finally we got together

2295

01:46:34,899 --> 01:46:33,380

and the guy said something listen that's

2296

01:46:37,569 --> 01:46:34,909

why I've been trying to reach you

2297

01:46:39,819 --> 01:46:37,579

Deana who Mike Nesmith is and I said

2298

01:46:43,959 --> 01:46:39,829

well you know of course you know I mean

2299

01:46:46,629 --> 01:46:43,969

he was he was the guitarist for the for

2300

01:46:48,220 --> 01:46:46,639

the Monkees yeah and and and do you know

2301

01:46:50,739 --> 01:46:48,230

that he's a Christian Scientist and I

2302

01:46:52,540 --> 01:46:50,749

said no you know I didn't know that and

2303

01:46:54,819 --> 01:46:52,550

he said yeah did you know that he just

2304

01:46:56,229 --> 01:46:54,829

wrote a new memoir and I said no I

2305

01:46:57,939 --> 01:46:56,239

didn't know that he said would you like

2306

01:47:00,040 --> 01:46:57,949

to review it and I said well of course I

2307

01:47:02,470 --> 01:47:00,050

would and his memoir is called infinite

2308

01:47:04,419 --> 01:47:02,480

Tuesday and it's about these time loops

2309

01:47:05,950 --> 01:47:04,429

and synchronicities to some extent that

2310

01:47:08,709 --> 01:47:05,960

we're talking about right now

2311

01:47:11,259 --> 01:47:08,719

and you know I've talked to myself Wow

2312

01:47:13,000 --> 01:47:11,269

it was almost like I was precognitive

2313

01:47:15,669 --> 01:47:13,010

you know seeing that this assignment was

2314

01:47:16,689 --> 01:47:15,679

going to come somewhere in in time and

2315

01:47:18,339 --> 01:47:16,699

you know that's why I was into the

2316

01:47:19,629 --> 01:47:18,349

Monkees and then as I was speaking about

2317

01:47:21,640 --> 01:47:19,639

this I thought wait a minute

2318

01:47:24,189 --> 01:47:21,650

how do I know that I had any agency in

2319

01:47:26,140 --> 01:47:24,199

any of this right maybe nesting you know

2320

01:47:27,339 --> 01:47:26,150

gee I really need a reviewer who's not

2321

01:47:29,200 --> 01:47:27,349

going to be a jerk and who's gonna

2322

01:47:31,419 --> 01:47:29,210

respect my metaphysical point of view

2323

01:47:34,330 --> 01:47:31,429

and you know so that's how I entered the

2324

01:47:36,399 --> 01:47:34,340

picture I'm just a you know an ancillary

2325

01:47:38,290 --> 01:47:36,409

to all this you know we always like to

2326

01:47:40,989 --> 01:47:38,300

think that we're the ones with agency

2327

01:47:42,669 --> 01:47:40,999

but it could be this you know it maybe

2328

01:47:44,739 --> 01:47:42,679

it wasn't Mike maybe it was somebody

2329

01:47:46,479 --> 01:47:44,749

else maybe the the the editor at The

2330

01:47:48,129 --> 01:47:46,489

Washington Post was thinking you know

2331

01:47:50,410 --> 01:47:48,139

boy we need to spruce up this review

2332

01:47:52,359 --> 01:47:50,420

section I need to get you know something

2333

01:47:54,910 --> 01:47:52,369

more metaphysical going on here so that

2334

01:47:57,729 --> 01:47:54,920

brings Nesmith and B into play you know

2335

01:47:59,200 --> 01:47:57,739

who knows and and of course I'm talking

2336

01:48:02,069 --> 01:47:59,210

about all this on the most elementary

2337

01:48:05,470 --> 01:48:02,079

level there could be much faster greater

2338

01:48:07,029 --> 01:48:05,480

levels of intentionality at work that I

2339

01:48:09,160 --> 01:48:07,039

don't even have a single glimpse of so

2340

01:48:11,169 --> 01:48:09,170

all of this really complicates the

2341

01:48:13,299 --> 01:48:11,179

question of free will and leaves me with

2342

01:48:13,689 --> 01:48:13,309

more questions and mysteries than I had

2343

01:48:14,780 --> 01:48:13,699

before

2344

01:48:16,250 --> 01:48:14,790

yeah I know

2345

01:48:17,960 --> 01:48:16,260

you must have just set it back and just

2346

01:48:21,110 --> 01:48:17,970

said to you well my hands weren't on the

2347

01:48:24,230 --> 01:48:21,120

wheel this time it's a trip it's a trip

2348

01:48:27,050 --> 01:48:24,240

right I must say I write about all this

2349

01:48:28,850 --> 01:48:27,060

weirdness in the review itself and the

2350

01:48:30,170 --> 01:48:28,860

editor at the post left it in and I

2351

01:48:32,060 --> 01:48:30,180

really appreciated that because there's

2352

01:48:33,890 --> 01:48:32,070

not a great deal of metaphysical

2353

01:48:36,680 --> 01:48:33,900

rumination in the Washington Post and I

2354

01:48:39,020 --> 01:48:36,690

really appreciate it leaving in mind so

2355

01:48:42,350 --> 01:48:39,030

the whole experience was quite wild yeah

2356

01:48:46,580 --> 01:48:42,360

the monkeys of all the things on a known

2357

01:48:49,040 --> 01:48:46,590

universe right why do you think the

2358

01:48:50,810 --> 01:48:49,050

monkeys you know grow up you know and I

2359

01:48:54,590 --> 01:48:50,820

was like no no no these guys have it

2360

01:48:57,740 --> 01:48:54,600

going on and it all just played such a

2361

01:48:59,420 --> 01:48:57,750

strange it was such a weird epic kind of

2362

01:49:02,030 --> 01:48:59,430

opera of events they never could have

2363

01:49:04,730 --> 01:49:02,040

predicted any of it yeah and I you know

2364

01:49:09,650 --> 01:49:04,740

when it comes to free will of course I

2365

01:49:13,250 --> 01:49:09,660

would like to think that free will is as

2366

01:49:15,410 --> 01:49:13,260

a as a reality concept right that's as

2367

01:49:18,410 --> 01:49:15,420

part of our reality free will is here we

2368

01:49:21,050 --> 01:49:18,420

all want and desire that and then yeah

2369

01:49:24,080 --> 01:49:21,060

and then you hear physicists and

2370

01:49:26,780 --> 01:49:24,090

scientists are talking about math going

2371

01:49:29,990 --> 01:49:26,790

back to the Big Bang the numbers played

2372

01:49:32,690 --> 01:49:30,000

out the way they played out everything

2373

01:49:37,490 --> 01:49:32,700

is going to continue to play out as the

2374

01:49:39,890 --> 01:49:37,500

math works that is it there is no free

2375

01:49:43,340 --> 01:49:39,900

will I mean no matter you think the

2376

01:49:45,890 --> 01:49:43,350

decision you are making no that is the

2377

01:49:49,130 --> 01:49:45,900

way the atoms at the Southie atomic

2378

01:49:51,410 --> 01:49:49,140

level are just operating and it was

2379

01:49:52,880 --> 01:49:51,420

going to happen that way that decision

2380

01:49:56,360 --> 01:49:52,890

that you made was going to happen no

2381

01:49:57,110 --> 01:49:56,370

matter what and that brings me out it

2382

01:50:01,220 --> 01:49:57,120

freaks me out

2383

01:50:04,130 --> 01:50:01,230

I suppose I take refuge from I freaking

2384

01:50:05,990 --> 01:50:04,140

out in ancient Egyptian philosophy

2385

01:50:07,580 --> 01:50:06,000

because some of the hermetic philosophy

2386

01:50:08,770 --> 01:50:07,590

that we were talking about before that

2387

01:50:11,480 --> 01:50:08,780

we're going to speak about this summer

2388

01:50:13,730 --> 01:50:11,490

teaches that well I guess the great

2389

01:50:14,210 --> 01:50:13,740

Maxim is as above so below as above so

2390

01:50:16,990 --> 01:50:14,220

below

2391

01:50:19,910 --> 01:50:17,000

right appears in western scripture as

2392

01:50:22,120 --> 01:50:19,920

God created man in his own image and if

2393

01:50:25,460 --> 01:50:22,130

we take seriously the notion that

2394

01:50:27,830 --> 01:50:25,470

everything is mirrored in different

2395

01:50:28,080 --> 01:50:27,840

concentric circles in the universe and

2396

01:50:29,910 --> 01:50:28,090

that

2397

01:50:32,370 --> 01:50:29,920

are created in the image of some greater

2398

01:50:34,189 --> 01:50:32,380

higher mind somewhere then it stands to

2399

01:50:36,209 --> 01:50:34,199

reason that we do have some creative

2400

01:50:38,310 --> 01:50:36,219

capacities within our own sphere of

2401

01:50:41,040 --> 01:50:38,320

existence that's what the ancients

2402

01:50:43,050 --> 01:50:41,050

believed and and they had a tremendously

2403

01:50:45,209 --> 01:50:43,060

intimate knowledge of the natural world

2404

01:50:48,000 --> 01:50:45,219

in ways that I don't think we've even

2405

01:50:50,790 --> 01:50:48,010

begun to come to terms with yet and they

2406

01:50:52,439 --> 01:50:50,800

also had kolender expand mathematics and

2407

01:50:55,530 --> 01:50:52,449

geometry and knowledge of architecture

2408

01:50:57,270 --> 01:50:55,540

and repeat patterns in nature and they

2409

01:50:59,700 --> 01:50:57,280

were very sophisticated in these ways as

2410

01:51:02,280 --> 01:50:59,710

well and yet their philosophy led them

2411

01:51:06,689 --> 01:51:02,290

to believe that you and I and everyone

2412

01:51:09,540 --> 01:51:06,699

listening are in ourselves reflections

2413

01:51:12,450 --> 01:51:09,550

of some great higher mind which the

2414

01:51:15,479 --> 01:51:12,460

Greeks called a noose and this great

2415

01:51:18,209 --> 01:51:15,489

creative mind creating us thus in its

2416

01:51:20,669 --> 01:51:18,219

image gave us the capacity to create so

2417

01:51:22,620 --> 01:51:20,679

you know thus comes in an argument in

2418

01:51:24,959 --> 01:51:22,630

favor of some kind of free will or human

2419

01:51:26,550 --> 01:51:24,969

capacity it's a tremendous mystery in

2420

01:51:28,589 --> 01:51:26,560

the end I can only just fall to my knees

2421

01:51:30,510 --> 01:51:28,599

in front of it basically it's it's

2422

01:51:33,990 --> 01:51:30,520

interesting talk about synchronicities

2423

01:51:36,589 --> 01:51:34,000

have you seen the new docu-series it's

2424

01:51:41,490 --> 01:51:36,599

called Hellyer have you seen that yet

2425

01:51:45,209 --> 01:51:41,500

have you heard about it no ok just write

2426

01:51:48,870 --> 01:51:45,219

it down Helier atll are Hellyer's the

2427

01:51:51,720 --> 01:51:48,880

city in Kentucky and but anyway last

2428

01:51:55,410 --> 01:51:51,730

night I had on Greg and Dana Newkirk the

2429

01:51:57,570 --> 01:51:55,420

stars of Hellyer and their yeah their

2430

01:51:59,370 --> 01:51:57,580

paranormal investigators great coupled

2431

01:52:03,350 --> 01:51:59,380

they do amazing work in the series is

2432

01:52:07,140 --> 01:52:03,360

really good but in one of the episodes

2433

01:52:11,280 --> 01:52:07,150

they discuss as above so below

2434

01:52:15,030 --> 01:52:11,290

I watched it yesterday right and and I'm

2435

01:52:18,270 --> 01:52:15,040

watching them discuss the meaning of as

2436

01:52:20,520 --> 01:52:18,280

above so below as you just discussed it

2437

01:52:23,220 --> 01:52:20,530

here in the same context what is the

2438

01:52:24,990 --> 01:52:23,230

hidden meaning of it you know that you

2439

01:52:27,180 --> 01:52:25,000

know it's alchemical we understand that

2440

01:52:32,100 --> 01:52:27,190

it's Hermeticism we understand that too

2441

01:52:33,050 --> 01:52:32,110

but how it is interpreted is as above

2442

01:52:37,020 --> 01:52:33,060

so below

2443

01:52:39,089 --> 01:52:37,030

left up to us to figure it out or is

2444

01:52:40,529 --> 01:52:39,099

there an actual direct meaning - as

2445

01:52:43,890 --> 01:52:40,539

above so below

2446

01:52:44,970 --> 01:52:43,900

hmm these are tremendous questions I

2447

01:52:47,310 --> 01:52:44,980

mean you're getting into some of

2448

01:52:50,339 --> 01:52:47,320

humanity's deepest questions about its

2449

01:52:53,850 --> 01:52:50,349

own capacities I think probably there is

2450

01:52:58,049 --> 01:52:53,860

a vastness of meaning to that expression

2451

01:53:01,430 --> 01:52:58,059

and I'm able to interpret it in my life

2452

01:53:05,549 --> 01:53:01,440

as having some sort of creative and

2453

01:53:07,620 --> 01:53:05,559

psychological meaning but I think in the

2454

01:53:10,580 --> 01:53:07,630

broadest sense it does indicate to us

2455

01:53:14,189 --> 01:53:10,590

that we are part of a great vast

2456

01:53:16,229 --> 01:53:14,199

wholeness and that understanding the

2457

01:53:20,100 --> 01:53:16,239

micro allows one in some way to

2458

01:53:22,459 --> 01:53:20,110

understand the macro and in as much as

2459

01:53:24,959 --> 01:53:22,469

we're given perspective on this physical

2460

01:53:28,169 --> 01:53:24,969

plane and framework that we find

2461

01:53:32,220 --> 01:53:28,179

ourselves in that is as close as we have

2462

01:53:35,520 --> 01:53:32,230

to a universal law because and I bring

2463

01:53:37,950 --> 01:53:35,530

it up because there was just like three

2464

01:53:40,799 --> 01:53:37,960

or four people from the show sitting

2465

01:53:45,509 --> 01:53:40,809

around discussing the meaning of as

2466

01:53:48,870 --> 01:53:45,519

above so below as varied of definitions

2467

01:53:51,390 --> 01:53:48,880

as you can imagine and I just found that

2468

01:53:54,600 --> 01:53:51,400

very very interesting because you hear

2469

01:53:56,450 --> 01:53:54,610

it so often but what does it but what

2470

01:54:02,040 --> 01:53:56,460

does it actually mean what does it

2471

01:54:04,770 --> 01:54:02,050

generally mean yeah yeah I I look at it

2472

01:54:09,899 --> 01:54:04,780

I've my my take on it every time that I

2473

01:54:14,009 --> 01:54:09,909

hear it I had this vision of knowledge

2474

01:54:18,470 --> 01:54:14,019

of the unknown which is the above the

2475

01:54:21,540 --> 01:54:18,480

knowledge of the unknown right is is

2476

01:54:25,259 --> 01:54:21,550

whether we like it or not is part of our

2477

01:54:27,450 --> 01:54:25,269

lives here yeah that's that you know I'm

2478

01:54:29,399 --> 01:54:27,460

being very broad in how I'm trying to

2479

01:54:32,370 --> 01:54:29,409

order to describe this but that's how I

2480

01:54:34,709 --> 01:54:32,380

see it you know but then there's a black

2481

01:54:37,259 --> 01:54:34,719

and white there's a duality here that's

2482

01:54:39,359 --> 01:54:37,269

going on there's a negative positive

2483

01:54:41,549 --> 01:54:39,369

thing that's going on below is very

2484

01:54:45,509 --> 01:54:41,559

negative it feels negative it feels like

2485

01:54:47,459 --> 01:54:45,519

hell right and have above is heaven you

2486

01:54:49,319 --> 01:54:47,469

know there's so there's that mix of it

2487

01:54:51,620 --> 01:54:49,329

too but I don't quite see it that way

2488

01:54:54,569 --> 01:54:51,630

but others may interpret it that way

2489

01:54:58,649 --> 01:54:54,579

right I see it

2490

01:55:00,780 --> 01:54:58,659

at least in terms of my my use of that

2491

01:55:07,290 --> 01:55:00,790

principle as a general source of

2492

01:55:10,979 --> 01:55:07,300

guidance I see it as approbation to

2493

01:55:13,620 --> 01:55:10,989

create approbation to strive approbation

2494

01:55:16,439 --> 01:55:13,630

to develop yourself that in as far as

2495

01:55:18,839 --> 01:55:16,449

there is a universal creator or

2496

01:55:21,780 --> 01:55:18,849

intelligence or mind or power however

2497

01:55:26,549 --> 01:55:21,790

you want to think of it that serves as a

2498

01:55:29,609 --> 01:55:26,559

kind of creative agency in our cosmos so

2499

01:55:33,870 --> 01:55:29,619

do we so do we service centers of

2500

01:55:37,649 --> 01:55:33,880

creativity in life and I I really

2501  
01:55:39,930 --> 01:55:37,659  
believe that the meaning of our lives is

2502  
01:55:43,049 --> 01:55:39,940  
to be productive is to be generative is

2503  
01:55:44,549 --> 01:55:43,059  
to be creative in whatever field were

2504  
01:55:47,220 --> 01:55:44,559  
dedicated to I mean certainly

2505  
01:55:49,260 --> 01:55:47,230  
biologically we see that and understand

2506  
01:55:52,919 --> 01:55:49,270  
that as a fact but I think that

2507  
01:55:55,129 --> 01:55:52,929  
generativity productivity being part of

2508  
01:55:58,319 --> 01:55:55,139  
some kind of circuit of creation is

2509  
01:56:01,140 --> 01:55:58,329  
absolutely vital to who we are and if we

2510  
01:56:03,479 --> 01:56:01,150  
don't participate in that if we don't

2511  
01:56:06,899 --> 01:56:03,489  
assimilate that into our lives then we

2512  
01:56:10,620 --> 01:56:06,909  
just get into escapism we devolve into

2513  
01:56:13,950 --> 01:56:10,630

escapism where we're just watching TV

2514

01:56:17,010 --> 01:56:13,960

we're just overeating we're just taking

2515

01:56:19,979 --> 01:56:17,020

drugs we're just drinking life becomes

2516

01:56:23,669 --> 01:56:19,989

escapism and I think we experience a

2517

01:56:26,459 --> 01:56:23,679

kind of slow agonizing decline and we

2518

01:56:29,669 --> 01:56:26,469

anesthetize ourselves against it when we

2519

01:56:32,580 --> 01:56:29,679

don't realize our capacities as creative

2520

01:56:35,339 --> 01:56:32,590

productive beings in the fullest sense

2521

01:56:38,010 --> 01:56:35,349

yes and and the Egyptians understood I

2522

01:56:43,140 --> 01:56:38,020

think that word you know referencing

2523

01:56:45,120 --> 01:56:43,150

entropy here in in a sense in that the

2524

01:56:47,189 --> 01:56:45,130

Egyptians fully embraced it and

2525

01:56:48,959 --> 01:56:47,199

understood it and chose to try to

2526

01:56:53,430 --> 01:56:48,969

control it and make it part of their

2527

01:56:56,790 --> 01:56:53,440

lives but in a nother broader sense if

2528

01:56:59,580 --> 01:56:56,800

we don't do as the Egyptians did which

2529

01:57:02,850 --> 01:56:59,590

is understand the chaos that we are

2530

01:57:05,129 --> 01:57:02,860

experiencing today that we can in a

2531

01:57:07,979 --> 01:57:05,139

sense control entropy even though

2532

01:57:10,680 --> 01:57:07,989

science says that

2533

01:57:14,010 --> 01:57:10,690

you know coming apart is is the end

2534

01:57:17,520 --> 01:57:14,020

result of everything yes yeah you know I

2535

01:57:20,160 --> 01:57:17,530

think that we live and this is one of

2536

01:57:22,470 --> 01:57:20,170

the areas where I believe hermeticism is

2537

01:57:25,140 --> 01:57:22,480

extremely valuable in terms of helping

2538

01:57:29,370 --> 01:57:25,150

us understand our possibilities and our

2539

01:57:31,320 --> 01:57:29,380

limits today we are extensions of the

2540

01:57:33,870 --> 01:57:31,330

highest but the branch is not the same

2541

01:57:37,379 --> 01:57:33,880

thing as the tree and the tree is not

2542

01:57:40,260 --> 01:57:37,389

the same thing as the root and we do

2543

01:57:42,600 --> 01:57:40,270

function within a cosmic framework where

2544

01:57:46,229 --> 01:57:42,610

we are going to inevitably of course

2545

01:57:48,030 --> 01:57:46,239

experience physical decline and demise

2546

01:57:51,090 --> 01:57:48,040

there's never been an exception to that

2547

01:57:53,490 --> 01:57:51,100

that is part of our experience whether

2548

01:57:55,830 --> 01:57:53,500

there's some greater awareness or a

2549

01:57:59,040 --> 01:57:55,840

possibility for us to move up through

2550

01:58:01,200 --> 01:57:59,050

some kind of concentric circles that

2551  
01:58:04,140 --> 01:58:01,210  
give us greater perspective on that and

2552  
01:58:08,370 --> 01:58:04,150  
that expose death as being something

2553  
01:58:10,560 --> 01:58:08,380  
that's not final that we pass on to

2554  
01:58:12,720 --> 01:58:10,570  
other other forms and other energies of

2555  
01:58:15,360 --> 01:58:12,730  
course I'm filled with questions about

2556  
01:58:17,550 --> 01:58:15,370  
that but we will experience physical

2557  
01:58:21,240 --> 01:58:17,560  
decline and demise within this cosmic

2558  
01:58:24,479 --> 01:58:21,250  
framework so we are creators but we are

2559  
01:58:26,370 --> 01:58:24,489  
creators within a framework that has

2560  
01:58:29,160 --> 01:58:26,380  
been established for us in as much as

2561  
01:58:32,669 --> 01:58:29,170  
there is a framework than a tree for

2562  
01:58:35,729 --> 01:58:32,679  
example lives within so you know we have

2563  
01:58:38,580 --> 01:58:35,739

to be more to those experiences as well

2564

01:58:40,470 --> 01:58:38,590

we have to realize that as much as we

2565

01:58:46,830 --> 01:58:40,480

can enjoy talking about infinite

2566

01:58:48,899 --> 01:58:46,840

possibilities and the ultimate existence

2567

01:58:52,040 --> 01:58:48,909

of consciousness as an arbiter of all

2568

01:58:57,030 --> 01:58:52,050

creation we're also going to experience

2569

01:58:59,820 --> 01:58:57,040

decline and pain and joys and tragedies

2570

01:59:02,100 --> 01:58:59,830

and natural disasters and all kinds of

2571

01:59:05,160 --> 01:59:02,110

things that are not going to be

2572

01:59:07,500 --> 01:59:05,170

avoidable in terms of our experience but

2573

01:59:10,410 --> 01:59:07,510

I think that is also reflected in as

2574

01:59:11,160 --> 01:59:10,420

above so below we are creators but we're

2575

01:59:13,790 --> 01:59:11,170

creators

2576  
01:59:17,149 --> 01:59:13,800  
below as you were referencing within a

2577  
01:59:19,530 --> 01:59:17,159  
framework of experiential limitation

2578  
01:59:20,820 --> 01:59:19,540  
absolutely fascinating Mitch let's take

2579  
01:59:22,730 --> 01:59:20,830  
a break right here

2580  
01:59:25,710 --> 01:59:22,740  
I want to I want to continue the

2581  
01:59:26,940 --> 01:59:25,720  
Hermeticism discussion with you when we

2582  
01:59:28,380 --> 01:59:26,950  
come back I want to pick up right where

2583  
01:59:30,570 --> 01:59:28,390  
we're leaving off our guest tonight

2584  
01:59:32,070 --> 01:59:30,580  
Mitch Horowitz this is fade to black I'm

2585  
01:59:32,830 --> 01:59:32,080  
those two matured stay with us we'll be

2586  
01:59:35,860 --> 01:59:32,840  
right back

2587  
01:59:37,020 --> 01:59:35,870  
[Music]

2588  
01:59:41,149 --> 01:59:37,030

[Applause]

2589

01:59:48,510 --> 01:59:41,159

[Music]

2590

01:59:51,330 --> 01:59:48,520

Jimmy Church radio calm this is kg are a

2591

01:59:52,350 --> 01:59:51,340

digital broadcasting station Salt Lake

2592

01:59:55,590 --> 01:59:52,360

City Utah

2593

01:59:57,300 --> 01:59:55,600

Van Buren Arkansas poor water quality is

2594

01:59:58,320 --> 01:59:57,310

a major health issue and it's only

2595

02:00:00,209 --> 01:59:58,330

getting worse

2596

02:00:02,010 --> 02:00:00,219

municipalities can't keep up standards

2597

02:00:05,160 --> 02:00:02,020

have dropped and pollutants are

2598

02:00:06,959 --> 02:00:05,170

increasing where does it all end it ends

2599

02:00:08,669 --> 02:00:06,969

by keeping the pollutants outside of

2600

02:00:10,770 --> 02:00:08,679

your home with hydro cares advanced

2601  
02:00:13,169 --> 02:00:10,780  
systems available at wave home solutions

2602  
02:00:14,850 --> 02:00:13,179  
no less than the best purification

2603  
02:00:16,709 --> 02:00:14,860  
materials and processes have been

2604  
02:00:18,419 --> 02:00:16,719  
developed by Hydra care to provide you

2605  
02:00:21,060 --> 02:00:18,429  
with healthy clean water for drinking

2606  
02:00:23,010 --> 02:00:21,070  
cooking and showering hydro care far

2607  
02:00:26,100 --> 02:00:23,020  
surpasses the competition in removing

2608  
02:00:27,180 --> 02:00:26,110  
chlorine odors iron lab chemicals

2609  
02:00:29,640 --> 02:00:27,190  
limescale

2610  
02:00:31,530 --> 02:00:29,650  
and much more don't settle for less when

2611  
02:00:33,330 --> 02:00:31,540  
it comes to your water we'll take care

2612  
02:00:35,600 --> 02:00:33,340  
of the toughest water problems for you

2613  
02:00:37,740 --> 02:00:35,610

whether it's from a city or well source

2614

02:00:39,629 --> 02:00:37,750

satisfaction guarantee for more

2615

02:00:41,669 --> 02:00:39,639

information call eight eight eight nine

2616

02:00:45,060 --> 02:00:41,679

nine seven wave that's eight eight eight

2617

02:00:47,340 --> 02:00:45,070

nine nine seven w AV e or go to best

2618

02:00:49,839 --> 02:00:47,350

water one two three dot-com that's best

2619

02:00:51,070 --> 02:00:49,849

water one two three calm

2620

02:00:54,169 --> 02:00:51,080

all solutions

2621

02:00:56,580 --> 02:00:54,179

[Music]

2622

02:01:01,380 --> 02:00:56,590

your contact for current news and

2623

02:01:03,180 --> 02:01:01,390

trending topics je GRA radio.com does

2624

02:01:05,310 --> 02:01:03,190

your basement or crawlspace have a damp

2625

02:01:07,320 --> 02:01:05,320

musty smell while watch out that's a

2626  
02:01:09,149 --> 02:01:07,330  
sign of too much moisture and not enough

2627  
02:01:10,919 --> 02:01:09,159  
ventilation and that can mean increased

2628  
02:01:13,050 --> 02:01:10,929  
mold growth and the build-up of harmful

2629  
02:01:15,300 --> 02:01:13,060  
toxins and gases don't bother with a

2630  
02:01:17,580 --> 02:01:15,310  
dehumidifier it just circulates the same

2631  
02:01:19,830 --> 02:01:17,590  
unhealthy air now there's a better way

2632  
02:01:21,840 --> 02:01:19,840  
to remove these dangers and odors it's

2633  
02:01:23,939 --> 02:01:21,850  
with the computerized wave moisture

2634  
02:01:26,040 --> 02:01:23,949  
control unit that reduces moisture and

2635  
02:01:28,050 --> 02:01:26,050  
expels pollutants we replaced our old

2636  
02:01:30,300 --> 02:01:28,060  
dehumidifier with the wave unit and in

2637  
02:01:32,700 --> 02:01:30,310  
only three weeks our basement is dry and

2638  
02:01:34,680 --> 02:01:32,710

the musty smell is gone wave units

2639

02:01:37,110 --> 02:01:34,690

require no maintenance no buckets of

2640

02:01:39,030 --> 02:01:37,120

water or filters and costs only pennies

2641

02:01:40,830 --> 02:01:39,040

a day to run breathe better live

2642

02:01:43,229 --> 02:01:40,840

healthier with an affordable no

2643

02:01:45,570 --> 02:01:43,239

maintenance wave unit call eight eight

2644

02:01:48,899 --> 02:01:45,580

eight seven one seven way eight eight

2645

02:01:53,850 --> 02:01:48,909

eight seven one seven wabe or visit dry

2646

02:01:55,370 --> 02:01:53,860

healthy home comm dry healthy home calm

2647

02:01:57,540 --> 02:01:55,380

[Music]

2648

02:02:01,030 --> 02:01:57,550

all solutions

2649

02:02:05,330 --> 02:02:03,320

this is Jimmy Church of fade to black

2650

02:02:08,450 --> 02:02:05,340

and I only drink

2651  
02:02:10,970 --> 02:02:08,460  
fade to black blend coffee from River

2652  
02:02:13,910 --> 02:02:10,980  
Moon just click on the River Moon coffee

2653  
02:02:18,020 --> 02:02:13,920  
banner at Jimmy Church radio.com promo

2654  
02:02:20,510 --> 02:02:18,030  
code f2 b blend so are you tired of

2655  
02:02:22,970 --> 02:02:20,520  
being tired well then it's time to get

2656  
02:02:25,340 --> 02:02:22,980  
the tea hey it's Leeza here to tell you

2657  
02:02:27,260 --> 02:02:25,350  
about this all-natural all organic tea

2658  
02:02:28,790 --> 02:02:27,270  
I've been drinking that has had great

2659  
02:02:31,730 --> 02:02:28,800  
results for over 20 years

2660  
02:02:33,560 --> 02:02:31,740  
it's called life changed tea and it's

2661  
02:02:36,170 --> 02:02:33,570  
specially formulated to help detoxify

2662  
02:02:38,870 --> 02:02:36,180  
and cleanse your kidneys liver colon and

2663  
02:02:40,250 --> 02:02:38,880

blood all at once the colon is one of

2664

02:02:43,040 --> 02:02:40,260

the most ignored organs in the human

2665

02:02:44,840 --> 02:02:43,050

body the faster that waste is eliminated

2666

02:02:46,850 --> 02:02:44,850

from the body the less time that way

2667

02:02:48,800 --> 02:02:46,860

sits in our intestine spreading toxins

2668

02:02:50,720 --> 02:02:48,810

to our bloodstream this tea helps

2669

02:02:52,580 --> 02:02:50,730

cleanse chemicals caused by outside

2670

02:02:55,640 --> 02:02:52,590

intruders from our entire digestive

2671

02:02:58,190 --> 02:02:55,650

system and get this weight loss can be a

2672

02:03:00,170 --> 02:02:58,200

side effect and with continued use of

2673

02:03:02,600 --> 02:03:00,180

the tea you can experience clearer

2674

02:03:05,270 --> 02:03:02,610

healthier younger looking skin increased

2675

02:03:06,680 --> 02:03:05,280

energy and a happier outlook on life so

2676

02:03:09,560 --> 02:03:06,690

if you're tired of being tired

2677

02:03:13,460 --> 02:03:09,570

get the life change tea at get the tea

2678

02:03:16,370 --> 02:03:13,470

calm that's get the tea calm and like me

2679

02:03:18,110 --> 02:03:16,380

you'll be glad you did did you know that

2680

02:03:20,420 --> 02:03:18,120

when you're on the road with limited

2681

02:03:22,340 --> 02:03:20,430

data or Wi-Fi available you can still

2682

02:03:25,100 --> 02:03:22,350

listen to every minute of fade to black

2683

02:03:28,220 --> 02:03:25,110

by just calling six oh five five six two

2684

02:03:30,530 --> 02:03:28,230

four four eight two no smartphone app or

2685

02:03:32,780 --> 02:03:30,540

Internet needed it saves your data plan

2686

02:03:36,140 --> 02:03:32,790

and no extra cost if you have unlimited

2687

02:03:38,540 --> 02:03:36,150

minutes just call six oh five five six

2688

02:03:40,880 --> 02:03:38,550

two four four eight two you can listen

2689

02:03:48,740 --> 02:03:40,890

to me Jimmy Church on any phone anytime

2690

02:03:52,780 --> 02:03:50,440

[Music]

2691

02:03:55,070 --> 02:03:52,790

[Applause]

2692

02:03:59,180 --> 02:03:55,080

you want to know a secret

2693

02:04:02,120 --> 02:03:59,190

I love police I really love ponies I'm

2694

02:04:06,380 --> 02:04:02,130

serious I couldn't stay sane without

2695

02:04:11,890 --> 02:04:06,390

poor mr. Brooks I fade to black because

2696

02:04:15,890 --> 02:04:13,760

this is fade to black

2697

02:04:19,580 --> 02:04:15,900

with Jimmy Church on the game changer

2698

02:04:21,960 --> 02:04:19,590

radio network and kgr a the global radio

2699

02:04:34,070 --> 02:04:21,970

alliance

2700

02:04:35,840 --> 02:04:34,080

[Music]

2701  
02:04:37,880 --> 02:04:35,850  
welcome back fade to black our guest

2702  
02:04:40,220 --> 02:04:37,890  
tonight Mitch Horowitz fascinating

2703  
02:04:45,020 --> 02:04:40,230  
conversation and we're gonna continue

2704  
02:04:46,820 --> 02:04:45,030  
right where we left off and in Mitch as

2705  
02:04:49,100 --> 02:04:46,830  
we're going through this conversation

2706  
02:04:51,920 --> 02:04:49,110  
this headline just popped up are you

2707  
02:04:54,110 --> 02:04:51,930  
ready for this the US Food and Drug

2708  
02:04:59,660 --> 02:04:54,120  
Administration has approved Janssen

2709  
02:05:01,460 --> 02:04:59,670  
pharmaceuticals s Cal hold on s s

2710  
02:05:03,650 --> 02:05:01,470  
ketamine I think that's how you say it

2711  
02:05:07,100 --> 02:05:03,660  
on Tuesday for treatment-resistant

2712  
02:05:11,150 --> 02:05:07,110  
depression a drug that is the chemical

2713  
02:05:14,750 --> 02:05:11,160

cousin to ketamine it's a nasal spray

2714

02:05:18,290 --> 02:05:14,760

and you know it's the club drug Special

2715

02:05:21,770 --> 02:05:18,300

K is now going to be treatment for

2716

02:05:26,450 --> 02:05:21,780

depression in a nasal spray there we go

2717

02:05:29,420 --> 02:05:26,460

let's let's add to the chaos and just I

2718

02:05:31,670 --> 02:05:29,430

cannot believe that and and getting back

2719

02:05:35,950 --> 02:05:31,680

to hermeticism and what the Egyptians

2720

02:05:40,640 --> 02:05:35,960

understood they understood and they

2721

02:05:44,150 --> 02:05:40,650

embraced order out of chaos I mean each

2722

02:05:46,940 --> 02:05:44,160

year the flooding of the Nile brought

2723

02:05:48,980 --> 02:05:46,950

this unpredictability this craziness

2724

02:05:52,850 --> 02:05:48,990

washing away villages and they didn't

2725

02:05:54,560 --> 02:05:52,860

know but it also brung nutrients to the

2726

02:05:58,520 --> 02:05:54,570

soil they knew that they'd be able to

2727

02:06:01,310 --> 02:05:58,530

grow their crops and and the the cycle

2728

02:06:03,860 --> 02:06:01,320

of life would continue and they embrace

2729

02:06:08,270 --> 02:06:03,870

and they started to understand that yes

2730

02:06:12,440 --> 02:06:08,280

it's chaotic it's out of control but we

2731

02:06:15,710 --> 02:06:12,450

use it to to advance our culture and for

2732

02:06:19,220 --> 02:06:15,720

us to live and they understood order out

2733

02:06:22,610 --> 02:06:19,230

of chaos didn't they oh yeah that's a

2734

02:06:23,810 --> 02:06:22,620

very interesting point you know by the

2735

02:06:25,090 --> 02:06:23,820

way I don't know if you're hearing this

2736

02:06:27,260 --> 02:06:25,100

on your end but I'm getting some

2737

02:06:31,510 --> 02:06:27,270

interference I don't know if you're here

2738

02:06:34,670 --> 02:06:31,520

in your it's the headline of ketamine

2739

02:06:38,090 --> 02:06:34,680

okay so be gone now sorry about that

2740

02:06:39,500 --> 02:06:38,100

all right no problem you make it a very

2741

02:06:42,680 --> 02:06:39,510

good point and one of the things that I

2742

02:06:46,310 --> 02:06:42,690

found in Egypt that astonished me was

2743

02:06:47,780 --> 02:06:46,320

this I'm very interested in a figure

2744

02:06:50,030 --> 02:06:47,790

named Seth who's

2745

02:06:51,830 --> 02:06:50,040

sometimes thought of as the Egyptian god

2746

02:06:54,470 --> 02:06:51,840

of chaos or sometimes thought of as the

2747

02:06:56,150 --> 02:06:54,480

god of the underworld but in fact he was

2748

02:07:00,940 --> 02:06:56,160

the god of the desert he was the god of

2749

02:07:04,940 --> 02:07:00,950

storms and there was a beautiful and

2750

02:07:07,190 --> 02:07:04,950

necessary and vital and noble fierceness

2751

02:07:09,560 --> 02:07:07,200

and strength and power about set he

2752

02:07:13,600 --> 02:07:09,570

sometimes depicted as the adversary of

2753

02:07:17,300 --> 02:07:13,610

Horus who is sort of seen as the god of

2754

02:07:20,360 --> 02:07:17,310

life and sustenance there was a base

2755

02:07:24,070 --> 02:07:20,370

relief that demonstrated exactly what

2756

02:07:26,720 --> 02:07:24,080

you were saying a unity a unity of both

2757

02:07:28,790 --> 02:07:26,730

Seth and Horus and in fact I think I'll

2758

02:07:31,610 --> 02:07:28,800

post it on Twitter for your listeners

2759

02:07:33,890 --> 02:07:31,620

later and it shows the two of them with

2760

02:07:37,520 --> 02:07:33,900

joined hands set and Horus together and

2761

02:07:41,680 --> 02:07:37,530

it demonstrates the absolute necessity

2762

02:07:46,160 --> 02:07:41,690

of these two forces one of fierce

2763

02:07:48,340 --> 02:07:46,170

creativity and a beautiful noble kind of

2764

02:07:53,990 --> 02:07:48,350

wildness and strength and the other a

2765

02:07:56,870 --> 02:07:54,000

force of orderliness and right angles

2766

02:08:00,230 --> 02:07:56,880

and containment and the two of these

2767

02:08:02,680 --> 02:08:00,240

things are vital parts of creation and

2768

02:08:06,830 --> 02:08:02,690

this beautiful beautiful base relief

2769

02:08:09,140 --> 02:08:06,840

which I came upon in Egypt demonstrated

2770

02:08:11,930 --> 02:08:09,150

that and I was really fortunate to see

2771

02:08:14,480 --> 02:08:11,940

it because the god set was a vital part

2772

02:08:17,810 --> 02:08:14,490

of Egyptian life and his his name and

2773

02:08:19,850 --> 02:08:17,820

and meaning is not often heard or

2774

02:08:23,300 --> 02:08:19,860

understood today even among people who

2775

02:08:26,450 --> 02:08:23,310

are into Egyptology and I just find it

2776

02:08:29,090 --> 02:08:26,460

so interesting that so many thousands of

2777

02:08:31,790 --> 02:08:29,100

years ago that they understood these

2778

02:08:35,810 --> 02:08:31,800

concepts you know no and and if you

2779

02:08:39,290 --> 02:08:35,820

think about it where academia it likes

2780

02:08:41,240 --> 02:08:39,300

to focus on you know Egypt and then and

2781

02:08:44,900 --> 02:08:41,250

then Greece and then Rome as being the

2782

02:08:47,900 --> 02:08:44,910

foundations of civilization Greece and

2783

02:08:50,030 --> 02:08:47,910

Rome when when Egypt was going through

2784

02:08:53,120 --> 02:08:50,040

all of these concepts and understanding

2785

02:08:55,820 --> 02:08:53,130

them well I wasn't even mud huts yet

2786

02:09:01,540 --> 02:08:55,830

that that was like that was 2,000 years

2787

02:09:07,750 --> 02:09:04,890

for us to understand the antiquity of

2788

02:09:09,640 --> 02:09:07,760

Egyptian culture when the Greek

2789

02:09:11,620 --> 02:09:09,650

historian Herodotus encountered the

2790

02:09:15,400 --> 02:09:11,630

pyramid they were as ancient to him as

2791

02:09:17,380 --> 02:09:15,410

eroded this is to us and we don't even

2792

02:09:19,090 --> 02:09:17,390

fully understand the timeline of ancient

2793

02:09:21,730 --> 02:09:19,100

Egyptian culture but even if you stick

2794

02:09:24,190 --> 02:09:21,740

with this traditional timeline or going

2795

02:09:26,020 --> 02:09:24,200

back to 3000 BC and it's just

2796

02:09:29,410 --> 02:09:26,030

inconceivable even according to the

2797

02:09:32,350 --> 02:09:29,420

conventional to lend rix how

2798

02:09:35,410 --> 02:09:32,360

long-standing a civilization ancient

2799

02:09:37,750 --> 02:09:35,420

Egypt was it's very difficult for us to

2800

02:09:43,840 --> 02:09:37,760

even get our arms around that one fact

2801

02:09:46,570 --> 02:09:43,850

much less the spiritual mythical

2802

02:09:48,490 --> 02:09:46,580

scientific and psychological view of

2803

02:09:49,060 --> 02:09:48,500

life and understanding that the ancients

2804

02:09:52,120 --> 02:09:49,070

possessed

2805

02:09:54,820 --> 02:09:52,130

let's stay right there for a second you

2806

02:09:56,410 --> 02:09:54,830

just got back from Egypt and I think

2807

02:10:00,130 --> 02:09:56,420

it's one of the most important points

2808

02:10:03,820 --> 02:10:00,140

that we can make today is that when

2809

02:10:05,830 --> 02:10:03,830

Herodotus went to Egypt in 300 BC the

2810

02:10:08,050 --> 02:10:05,840

Egyptians at that point had no clue

2811

02:10:09,400 --> 02:10:08,060

about themselves either right they

2812

02:10:12,960 --> 02:10:09,410

didn't they didn't know how old they

2813

02:10:15,340 --> 02:10:12,970

were there's no books lying around and

2814

02:10:17,830 --> 02:10:15,350

and all of that stuff started to get

2815

02:10:20,350 --> 02:10:17,840

compiled about that time it went around

2816

02:10:23,620 --> 02:10:20,360

to different temples and and and did

2817

02:10:27,400 --> 02:10:23,630

their best to chronicle and and go back

2818

02:10:32,170 --> 02:10:27,410

you know to 3000 BC and and and Menace

2819

02:10:35,200 --> 02:10:32,180

many but they did not know how they were

2820

02:10:39,460 --> 02:10:35,210

they didn't even understand it and and

2821

02:10:43,690 --> 02:10:39,470

today we really don't we don't have a

2822

02:10:46,390 --> 02:10:43,700

concept of that but for you you've been

2823

02:10:50,260 --> 02:10:46,400

there how do you think that they started

2824

02:10:52,690 --> 02:10:50,270

to get these ideas so early on at at

2825

02:10:55,000 --> 02:10:52,700

2500 BC forget about building of the

2826

02:10:57,730 --> 02:10:55,010

pyramids it's the understanding of the

2827

02:11:00,610 --> 02:10:57,740

universe and and mathematics and and

2828

02:11:04,510 --> 02:11:00,620

philosophy and laws and religion and

2829

02:11:07,690 --> 02:11:04,520

education and music and and all of that

2830

02:11:11,590 --> 02:11:07,700

was was part of what should have been a

2831

02:11:14,350 --> 02:11:11,600

pure Stone Age culture yeah ancient man

2832

02:11:15,100 --> 02:11:14,360

was a great deal more sophisticated and

2833

02:11:18,550 --> 02:11:15,110

complex

2834

02:11:22,120 --> 02:11:18,560

is thinking then and we often understand

2835

02:11:25,300 --> 02:11:22,130

and his knowledge of nature was much

2836

02:11:27,850 --> 02:11:25,310

vaster and deeper and broader than I

2837

02:11:31,990 --> 02:11:27,860

think we're able to conceive up when we

2838

02:11:34,810 --> 02:11:32,000

use the term nature today his knowledge

2839

02:11:38,500 --> 02:11:34,820

of the cosmos and his dependency upon

2840

02:11:40,240 --> 02:11:38,510

the natural world was so vital that

2841

02:11:43,180 --> 02:11:40,250

peering into the workings and the

2842

02:11:45,790 --> 02:11:43,190

makings of the natural world was not

2843

02:11:48,220 --> 02:11:45,800

only a matter of knowing oneself it was

2844

02:11:50,169 --> 02:11:48,230

a matter of life and death it's it's the

2845

02:11:53,160 --> 02:11:50,179

mystery of humanity it's the mystery of

2846

02:11:57,160 --> 02:11:53,170

humanity you know where all this was

2847

02:12:00,189 --> 02:11:57,170

emergent from and it adds a further

2848

02:12:03,189 --> 02:12:00,199

wrinkle to our discussion of the meaning

2849

02:12:06,939 --> 02:12:03,199

of as above so below where where did

2850

02:12:09,879 --> 02:12:06,949

these ideas come from my my my sense is

2851  
02:12:14,620 --> 02:12:09,889  
that man's mind is more expansive and

2852  
02:12:18,879 --> 02:12:14,630  
more capable of absorbing higher states

2853  
02:12:23,560 --> 02:12:18,889  
of meaning and extra physical concepts

2854  
02:12:25,510 --> 02:12:23,570  
and ideas then we allow ourselves to

2855  
02:12:28,689 --> 02:12:25,520  
understand in the 21st century I think

2856  
02:12:31,689 --> 02:12:28,699  
the mind is connected to something

2857  
02:12:35,470 --> 02:12:31,699  
greater call it an over soul as Emerson

2858  
02:12:38,680 --> 02:12:35,480  
did or do as the ancient Greeks did or

2859  
02:12:41,620 --> 02:12:38,690  
infinite mind or super mind as as some

2860  
02:12:45,580 --> 02:12:41,630  
people term it today but I think our

2861  
02:12:47,770 --> 02:12:45,590  
mind is capable of extraordinary extra

2862  
02:12:50,680 --> 02:12:47,780  
physical experiences and you find that

2863  
02:12:53,590 --> 02:12:50,690

inherent within the philosophy of

2864

02:12:55,990 --> 02:12:53,600

Hermeticism this ancient Egyptian Greek

2865

02:13:01,479 --> 02:12:56,000

philosophy well dude and I guess what

2866

02:13:04,660 --> 02:13:01,489

I'm pushing you towards is do you start

2867

02:13:08,260 --> 02:13:04,670

to accept you specifically and the rest

2868

02:13:13,359 --> 02:13:08,270

of us that the ancient gods of Egypt

2869

02:13:15,910 --> 02:13:13,369

before you know pre-dynastic Egypt that

2870

02:13:18,490 --> 02:13:15,920

that is actually reality that they were

2871

02:13:21,939 --> 02:13:18,500

writing about reality that set and sack

2872

02:13:25,030 --> 02:13:21,949

met and Horus and yo seers that these

2873

02:13:28,000 --> 02:13:25,040

were all real that that's where the

2874

02:13:28,780 --> 02:13:28,010

knowledge came from you know I'm glad

2875

02:13:30,460 --> 02:13:28,790

you asked that

2876

02:13:32,770 --> 02:13:30,470

and this is why I love being on your

2877

02:13:35,110 --> 02:13:32,780

show personally speaking the answer is

2878

02:13:37,270 --> 02:13:35,120

yes I do believe that that that these

2879

02:13:40,120 --> 02:13:37,280

beings are real you could say that they

2880

02:13:43,300 --> 02:13:40,130

are personifications of energy you know

2881

02:13:45,280 --> 02:13:43,310

humanity has been doing that since its

2882

02:13:48,430 --> 02:13:45,290

its most primeval origins

2883

02:13:50,590 --> 02:13:48,440

maybe we call it by a certain name we

2884

02:13:52,630 --> 02:13:50,600

call it mercury or we call it Hermes or

2885

02:13:56,020 --> 02:13:52,640

recall it Thoth but it is a

2886

02:13:57,790 --> 02:13:56,030

personification of a kind of energy and

2887

02:13:59,800 --> 02:13:57,800

I think that's a legitimate way of

2888

02:14:04,110 --> 02:13:59,810

communicating with the greater world

2889

02:14:07,060 --> 02:14:04,120

with the higher world I have a beautiful

2890

02:14:08,980 --> 02:14:07,070

piece of original papyrus depicting the

2891

02:14:13,470 --> 02:14:08,990

god set hanging up in my apartment right

2892

02:14:17,620 --> 02:14:13,480

now but I'm looking at I've n rated I

2893

02:14:19,390 --> 02:14:17,630

worship it I petition this this deific

2894

02:14:21,820 --> 02:14:19,400

figure I do believe it's a

2895

02:14:24,490 --> 02:14:21,830

personification of energy I do believe

2896

02:14:26,470 --> 02:14:24,500

it's real I think that our ancient

2897

02:14:29,050 --> 02:14:26,480

ancestors were quite right and we should

2898

02:14:31,690 --> 02:14:29,060

not limit ourselves to just studying

2899

02:14:37,720 --> 02:14:31,700

their architecture their geometry their

2900

02:14:39,910 --> 02:14:37,730

kolender experience i'ts and and and we

2901

02:14:42,370 --> 02:14:39,920

can find retentions of absolute truth

2902

02:14:44,830 --> 02:14:42,380

within these spiritual beliefs and we

2903

02:14:46,450 --> 02:14:44,840

are not limited in our experimentation

2904

02:14:48,670 --> 02:14:46,460

that's one of the wonderful legacies we

2905

02:14:50,290 --> 02:14:48,680

live with today so my answer to your

2906

02:14:50,800 --> 02:14:50,300

question is absolutely yes I believe

2907

02:14:53,880 --> 02:14:50,810

that

2908

02:15:00,790 --> 02:14:53,890

Sekhmet and and set and others of the

2909

02:15:04,450 --> 02:15:00,800

ancient the epic litany of gods are real

2910

02:15:07,360 --> 02:15:04,460

our personifications of energy and can

2911

02:15:11,500 --> 02:15:07,370

be appealed to what do we what do we do

2912

02:15:15,910 --> 02:15:11,510

with those ideas of Alexandria and and

2913

02:15:18,010 --> 02:15:15,920

hermeticism and Thoth and these concepts

2914

02:15:19,660 --> 02:15:18,020

that were collected from around the

2915

02:15:21,730 --> 02:15:19,670

world all the great philosophers and

2916

02:15:24,430 --> 02:15:21,740

thinkers and scientists you know we're

2917

02:15:27,190 --> 02:15:24,440

all getting together and apparently

2918

02:15:30,850 --> 02:15:27,200

having fun and sharing wisdom without

2919

02:15:32,890 --> 02:15:30,860

ego coming into play and their own

2920

02:15:35,350 --> 02:15:32,900

cultures and

2921

02:15:37,870 --> 02:15:35,360

that knowledge is somewhere I don't

2922

02:15:40,689 --> 02:15:37,880

think it went down in you know the

2923

02:15:43,630 --> 02:15:40,699

burning of the library I think those

2924

02:15:46,600 --> 02:15:43,640

concepts continued where do you think

2925

02:15:49,030 --> 02:15:46,610

that they went to next well you know

2926  
02:15:51,580 --> 02:15:49,040  
fortunately and this is why the hermetic

2927  
02:15:53,830 --> 02:15:51,590  
literature is so important there

2928  
02:15:56,260 --> 02:15:53,840  
hermetic literature was a collection of

2929  
02:15:58,840 --> 02:15:56,270  
manuscripts that were written in the

2930  
02:16:02,770 --> 02:15:58,850  
decades immediately following Christ by

2931  
02:16:03,580 --> 02:16:02,780  
Greek Egyptians and as best as we can

2932  
02:16:07,209 --> 02:16:03,590  
understand

2933  
02:16:10,919 --> 02:16:07,219  
they took Egyptian oral tradition they

2934  
02:16:14,970 --> 02:16:10,929  
took Egyptian philosophy and they

2935  
02:16:18,459 --> 02:16:14,980  
translated it into a literary language

2936  
02:16:21,490 --> 02:16:18,469  
Greek which we have the capacity to

2937  
02:16:24,100 --> 02:16:21,500  
understand and translate and commune

2938  
02:16:26,890 --> 02:16:24,110

with today the Egyptian hieroglyphic

2939

02:16:30,490 --> 02:16:26,900

language was more of a symbolical

2940

02:16:33,339 --> 02:16:30,500

language it wasn't expository in the

2941

02:16:35,709 --> 02:16:33,349

same way that Greek is so in the

2942

02:16:36,790 --> 02:16:35,719

hermetic literature we have a kind of

2943

02:16:39,850 --> 02:16:36,800

time capsule

2944

02:16:42,549 --> 02:16:39,860

we have a kind of retention of ancient

2945

02:16:45,370 --> 02:16:42,559

Egyptian ideas ideas that had probably

2946

02:16:48,400 --> 02:16:45,380

circulated for many many hundreds of

2947

02:16:51,850 --> 02:16:48,410

years in oral tradition since that seems

2948

02:16:53,980 --> 02:16:51,860

to be the habit of humanity things occur

2949

02:16:55,719 --> 02:16:53,990

first and are passed along through oral

2950

02:16:57,910 --> 02:16:55,729

tradition and only later are written

2951

02:17:00,669 --> 02:16:57,920

down that's why the dramatic literature

2952

02:17:03,310 --> 02:17:00,679

is so valuable to me and in an occult

2953

02:17:06,850 --> 02:17:03,320

book like the Cabal yawn you do have you

2954

02:17:09,610 --> 02:17:06,860

do have authentic vestiges and threads

2955

02:17:11,020 --> 02:17:09,620

of some of this ancient wisdom and

2956

02:17:12,790 --> 02:17:11,030

that's something that we're going to be

2957

02:17:15,400 --> 02:17:12,800

talking about at your conference this

2958

02:17:18,040 --> 02:17:15,410

summer so some of this is hidden in

2959

02:17:22,140 --> 02:17:18,050

plain sight in the sense that we do have

2960

02:17:24,669 --> 02:17:22,150

a few precious precious threads of

2961

02:17:27,280 --> 02:17:24,679

wisdom that have been preserved in the

2962

02:17:29,770 --> 02:17:27,290

hermetic literature that give us an

2963

02:17:33,429 --> 02:17:29,780

insight into some of the understanding

2964

02:17:35,560 --> 02:17:33,439

of the ancient word is it survive today

2965

02:17:40,719 --> 02:17:35,570

you know where we talk about the mystery

2966

02:17:43,030 --> 02:17:40,729

schools and and that it's out there

2967

02:17:46,169 --> 02:17:43,040

where do we where do we where does it

2968

02:17:48,479 --> 02:17:46,179

survive today if you could point this

2969

02:17:51,389 --> 02:17:48,489

audience in a direction where do you

2970

02:17:54,030 --> 02:17:51,399

think it continues I think that yeah I

2971

02:17:58,469 --> 02:17:54,040

don't think frankly that there's any

2972

02:17:59,759 --> 02:17:58,479

great mystery school or there's any you

2973

02:18:01,979 --> 02:17:59,769

know lodge

2974

02:18:05,339 --> 02:18:01,989

you know filled with with with people

2975

02:18:08,759 --> 02:18:05,349

who are kind of vouchsafing this wisdom

2976

02:18:10,349 --> 02:18:08,769

I I don't think that the secret school

2977

02:18:13,080 --> 02:18:10,359

is something that's going to bear fruit

2978

02:18:16,589 --> 02:18:13,090

for people if they go in search of it

2979

02:18:20,809 --> 02:18:16,599

but I do think that some of this ancient

2980

02:18:25,200 --> 02:18:20,819

wisdom does live within and is

2981

02:18:27,809 --> 02:18:25,210

attainable to the deeply sensitive

2982

02:18:30,229 --> 02:18:27,819

motivated individual who really searches

2983

02:18:33,269 --> 02:18:30,239

through the ideas of the ancient and

2984

02:18:36,950 --> 02:18:33,279

experiments experiments in life today

2985

02:18:39,269 --> 02:18:36,960

you can get yourself a few decent

2986

02:18:43,320 --> 02:18:39,279

translations of the hermetic literature

2987

02:18:45,000 --> 02:18:43,330

for example one that I recommend is it's

2988

02:18:47,790 --> 02:18:45,010

just called rheumatica and that the

2989

02:18:49,500 --> 02:18:47,800

translator is Brian koppenhaver it's

2990

02:18:51,599 --> 02:18:49,510

from Cambridge University Press

2991

02:18:54,030 --> 02:18:51,609

inner traditions my publisher also

2992

02:18:55,830 --> 02:18:54,040

publishes a really excellent translation

2993

02:18:58,080 --> 02:18:55,840

of some of the hermetic literature you

2994

02:19:00,269 --> 02:18:58,090

can you can start there with some of

2995

02:19:03,509 --> 02:19:00,279

those translations but you're gonna have

2996

02:19:07,110 --> 02:19:03,519

to bring yourself into experimentation

2997

02:19:10,110 --> 02:19:07,120

with these ideas the fee of entry to

2998

02:19:12,120 --> 02:19:10,120

esoteric ideas and getting one's hands

2999

02:19:14,669 --> 02:19:12,130

dirty you you have to have a mechanism

3000

02:19:16,679 --> 02:19:14,679

for experimenting with these things I'm

3001  
02:19:20,040 --> 02:19:16,689  
working and experimenting all the time

3002  
02:19:21,689 --> 02:19:20,050  
with meditation and visualization and

3003  
02:19:24,299 --> 02:19:21,699  
the uses of the mind and trying to

3004  
02:19:26,759 --> 02:19:24,309  
discover congruence ease between thought

3005  
02:19:29,160 --> 02:19:26,769  
and reality and also not get lost and

3006  
02:19:30,479 --> 02:19:29,170  
just kind of imagining what they're when

3007  
02:19:34,379 --> 02:19:30,489  
it really isn't because it's what I'm

3008  
02:19:36,209 --> 02:19:34,389  
looking for there are a precious few

3009  
02:19:39,589 --> 02:19:36,219  
places where I think you can find

3010  
02:19:42,150 --> 02:19:39,599  
colleagues to study esoteric wisdom with

3011  
02:19:43,679 --> 02:19:42,160  
but they're not dramatic and they're not

3012  
02:19:46,889 --> 02:19:43,689  
you know they don't involve secret

3013  
02:19:48,059 --> 02:19:46,899

handshakes and I think people who lay

3014

02:19:49,950 --> 02:19:48,069

claims to secrecy

3015

02:19:51,840 --> 02:19:49,960

often don't know what they're talking

3016

02:19:54,000 --> 02:19:51,850

about I think they're they're they're

3017

02:19:56,040 --> 02:19:54,010

they're victims of artifice themselves

3018

02:19:57,540 --> 02:19:56,050

they may think they belong to some sort

3019

02:19:59,099 --> 02:19:57,550

of ancient order that's that's not

3020

02:20:00,080 --> 02:19:59,109

really there don't get lost in drama

3021

02:20:03,769 --> 02:20:00,090

don't get lost

3022

02:20:06,050 --> 02:20:03,779

pageantry or costumery or whatsoever but

3023

02:20:07,580 --> 02:20:06,060

roll yourself throw yourself into

3024

02:20:09,800 --> 02:20:07,590

experiment throw yourself into

3025

02:20:12,620 --> 02:20:09,810

experiment and this can include chaos

3026

02:20:15,800 --> 02:20:12,630

magic and ceremonial magic and Salima

3027

02:20:18,019 --> 02:20:15,810

and and new thought and all kinds of

3028

02:20:20,479 --> 02:20:18,029

different ideas you know if you can find

3029

02:20:23,719 --> 02:20:20,489

a legitimate strain of shamanic thoughts

3030

02:20:25,849 --> 02:20:23,729

and then follow that but don't kid

3031

02:20:27,260 --> 02:20:25,859

yourself that any one thing is going to

3032

02:20:29,120 --> 02:20:27,270

become the turn tear that unlocks

3033

02:20:31,099 --> 02:20:29,130

everything for the great likely but is

3034

02:20:33,469 --> 02:20:31,109

that you'll have to experiment with a

3035

02:20:37,819 --> 02:20:33,479

lot of us in a lot of different ways and

3036

02:20:41,149 --> 02:20:37,829

you may begin to find a convergence of

3037

02:20:42,769 --> 02:20:41,159

paths a convergence of ideas and that

3038

02:20:44,840 --> 02:20:42,779

may lead you to some individual insight

3039

02:20:46,550 --> 02:20:44,850

so again we come back to as above so

3040

02:20:48,590 --> 02:20:46,560

below I think that if there's a place

3041

02:20:51,819 --> 02:20:48,600

for some of these things exist they

3042

02:20:53,990 --> 02:20:51,829

exist within the psyche of the mature

3043

02:21:00,260 --> 02:20:54,000

experimenting seeker

3044

02:21:02,780 --> 02:21:00,270

where would we be today if if Alexandria

3045

02:21:06,319 --> 02:21:02,790

wasn't burned down right if we had all

3046

02:21:09,380 --> 02:21:06,329

of those ancient texts and and and the

3047

02:21:12,229 --> 02:21:09,390

technology and the science and and the

3048

02:21:16,490 --> 02:21:12,239

religion the philosophy would have

3049

02:21:18,800 --> 02:21:16,500

continued through you know years zero

3050

02:21:21,620 --> 02:21:18,810

would we have been on the moon you know

3051

02:21:23,840 --> 02:21:21,630

two thousand years ago right who can

3052

02:21:25,340 --> 02:21:23,850

know who can know you know maybe there

3053

02:21:27,439 --> 02:21:25,350

would have been some other cataclysmic

3054

02:21:30,040 --> 02:21:27,449

event that would have deprived us of

3055

02:21:33,219 --> 02:21:30,050

this knowledge since human beings seemed

3056

02:21:35,389 --> 02:21:33,229

better as dividing against one another

3057

02:21:38,090 --> 02:21:35,399

than we are at anything else

3058

02:21:40,010 --> 02:21:38,100

you know practically so these

3059

02:21:43,219 --> 02:21:40,020

cataclysmic events and these outbreaks

3060

02:21:45,950 --> 02:21:43,229

of mass violence seem to be part of

3061

02:21:48,649 --> 02:21:45,960

human culture so you know one could only

3062

02:21:51,710 --> 02:21:48,659

guess but the possibility is of course

3063

02:21:53,479 --> 02:21:51,720

that some other catastrophe would have

3064

02:21:55,340 --> 02:21:53,489

occurred that that would have deprived

3065

02:21:57,500 --> 02:21:55,350

us of some of that some of that

3066

02:21:58,880 --> 02:21:57,510

knowledge but it you know youth laid

3067

02:22:01,910 --> 02:21:58,890

your hands on one of the great what-ifs

3068

02:22:04,939 --> 02:22:01,920

of human history yeah and what was

3069

02:22:08,210 --> 02:22:04,949

speaking of what-ifs let's kind of end

3070

02:22:11,899 --> 02:22:08,220

on this note what if I mean you know

3071

02:22:13,370 --> 02:22:11,909

gobekli tepe was was found in 1995

3072

02:22:16,040 --> 02:22:13,380

wasn't supposed to exist

3073

02:22:18,530 --> 02:22:16,050

now we have an ancient temple of high

3074

02:22:21,290 --> 02:22:18,540

technology that was built seven thousand

3075

02:22:23,210 --> 02:22:21,300

years before the Great Pyramid that it

3076

02:22:25,190 --> 02:22:23,220

wasn't supposed to exist we were told

3077

02:22:27,860 --> 02:22:25,200

that a you know ancient Egypt was the

3078

02:22:28,969 --> 02:22:27,870

start of everything at 3100 BC and now

3079

02:22:30,980 --> 02:22:28,979

we have gobekli tepe

3080

02:22:34,400 --> 02:22:30,990

what if with the thawing of these

3081

02:22:38,510 --> 02:22:34,410

glaciers in Greenland or in Antarctica

3082

02:22:42,830 --> 02:22:38,520

that some crazy thing is exposed where

3083

02:22:45,500 --> 02:22:42,840

yeah obviously things aren't what we

3084

02:22:47,570 --> 02:22:45,510

have been taught you know some 50

3085

02:22:51,230 --> 02:22:47,580

thousand a hundred thousand year old

3086

02:22:54,500 --> 02:22:51,240

city is is revealed or taxed or or

3087

02:22:58,880 --> 02:22:54,510

information are we equipped to handle

3088

02:23:01,429 --> 02:22:58,890

that today I I would submit to you that

3089

02:23:04,010 --> 02:23:01,439

not really we not equipped to handle it

3090

02:23:07,070 --> 02:23:04,020

but a whole industry of people would

3091

02:23:09,290 --> 02:23:07,080

spring up to ridicule it and to deter

3092

02:23:11,150 --> 02:23:09,300

investigation of it and to pronounce it

3093

02:23:13,639 --> 02:23:11,160

a hoax and to pronounce it nonsense

3094

02:23:15,500 --> 02:23:13,649

because this is it's sort of like the

3095

02:23:19,130 --> 02:23:15,510

allegory of the cave over and over again

3096

02:23:20,920 --> 02:23:19,140

I mean my friends Robert Schoch and and

3097

02:23:23,719 --> 02:23:20,930

and the late John Anthony West

3098

02:23:25,910 --> 02:23:23,729

discovered water erosion on the oldest

3099

02:23:28,040 --> 02:23:25,920

portion of snakes and rather than just

3100

02:23:29,590 --> 02:23:28,050

saying well this is curious and

3101  
02:23:31,310 --> 02:23:29,600  
marshalling some resources to

3102  
02:23:33,710 --> 02:23:31,320  
investigate it

3103  
02:23:36,860 --> 02:23:33,720  
academia could most of academia

3104  
02:23:40,690 --> 02:23:36,870  
continually runs them down dismisses

3105  
02:23:43,370 --> 02:23:40,700  
that comes up with contradictory

3106  
02:23:45,920 --> 02:23:43,380  
evidence or what is presented as

3107  
02:23:48,980 --> 02:23:45,930  
contradictory evidence without directly

3108  
02:23:51,650 --> 02:23:48,990  
without directly answering the water

3109  
02:23:54,050 --> 02:23:51,660  
erosion thesis itself and this is a very

3110  
02:23:55,969 --> 02:23:54,060  
important point I want to make it's it's

3111  
02:23:59,150 --> 02:23:55,979  
one thing to come up with evidence that

3112  
02:24:00,920 --> 02:23:59,160  
you purport is contradictory and that's

3113  
02:24:03,080 --> 02:24:00,930

important and that's necessary but it's

3114

02:24:07,490 --> 02:24:03,090

not the same thing as actually

3115

02:24:09,679 --> 02:24:07,500

investigating and and responding to the

3116

02:24:12,740 --> 02:24:09,689

water erosion thesis itself so there's

3117

02:24:15,550 --> 02:24:12,750

an instance where two scientists

3118

02:24:18,980 --> 02:24:15,560

discovered something that could question

3119

02:24:21,170 --> 02:24:18,990

the timeline of antiquity and rather

3120

02:24:23,780 --> 02:24:21,180

than saying well this is interesting

3121

02:24:27,261 --> 02:24:23,790

let's investigate it let's see what's

3122

02:24:31,060 --> 02:24:27,271

there a whole industry of people haven't

3123

02:24:34,881 --> 02:24:31,070

said deemed it a dangerous doorway to

3124

02:24:38,211 --> 02:24:34,891

irrationality and tried to come up with

3125

02:24:40,671 --> 02:24:38,221

ways to counter and ridicule the thesis

3126

02:24:42,980 --> 02:24:40,681

while not directly responding to the

3127

02:24:44,030 --> 02:24:42,990

thesis itself so my suspicion is based

3128

02:24:46,491 --> 02:24:44,040

on human nature

3129

02:24:48,711 --> 02:24:46,501

if glacial melting brought us face to

3130

02:24:50,360 --> 02:24:48,721

face with something extraordinary we'd

3131

02:24:52,491 --> 02:24:50,370

probably spend the next generation

3132

02:24:55,881 --> 02:24:52,501

running it down and denying its

3133

02:24:58,041 --> 02:24:55,891

existence how sad right now saying it

3134

02:24:59,991 --> 02:24:58,051

said but but knowledge wants to be free

3135

02:25:01,820 --> 02:25:00,001

and it's a basic of human nature that we

3136

02:25:04,190 --> 02:25:01,830

want to know what's around the next kill

3137

02:25:06,440 --> 02:25:04,200

so you know you can burn the fleet you

3138

02:25:08,871 --> 02:25:06,450

can smash Galileo's telescope you can

3139

02:25:11,030 --> 02:25:08,881

you can tear up the map but but the

3140

02:25:13,911 --> 02:25:11,040

human wish to know will will always be

3141

02:25:16,761 --> 02:25:13,921

triumphant I believe yeah one of the I

3142

02:25:19,220 --> 02:25:16,771

encourage anybody that if you want to

3143

02:25:22,881 --> 02:25:19,230

have a paradigm shift mind-bending

3144

02:25:25,610 --> 02:25:22,891

experience simply go to the Met and walk

3145

02:25:31,220 --> 02:25:25,620

through the Egyptian wing that's all

3146

02:25:34,671 --> 02:25:31,230

that's all you got to do you walk up to

3147

02:25:37,881 --> 02:25:34,681

a 45 hundred year old you know 10-ton

3148

02:25:40,220 --> 02:25:37,891

20-ton sarcophagus carved out of black

3149

02:25:42,621 --> 02:25:40,230

granite with those inscriptions and you

3150

02:25:47,661 --> 02:25:42,631

look at that and you go man somebody's

3151

02:25:50,480 --> 02:25:47,671

lying to us that is the best you have to

3152

02:25:53,661 --> 02:25:50,490

book stone you know with the pictures

3153

02:25:56,030 --> 02:25:53,671

the Internet no go and look at this for

3154

02:25:57,970 --> 02:25:56,040

yourselves and then you'll start to get

3155

02:26:01,640 --> 02:25:57,980

it you'll just start to understand I

3156

02:26:04,220 --> 02:26:01,650

quite agree that's beautifully put if

3157

02:26:05,541 --> 02:26:04,230

you walk through those galleries and

3158

02:26:08,421 --> 02:26:05,551

they're open to everybody you will

3159

02:26:09,860 --> 02:26:08,431

absolutely be be haunted by what you see

3160

02:26:11,720 --> 02:26:09,870

and haunt it in the best way it will

3161

02:26:13,701 --> 02:26:11,730

give you a great sense but there's

3162

02:26:15,470 --> 02:26:13,711

there's so much more than we've

3163

02:26:17,690 --> 02:26:15,480

understood what we see is not all there

3164

02:26:19,761 --> 02:26:17,700

is now Mitch I want to thank you I know

3165

02:26:22,070 --> 02:26:19,771

that you've I'd you've got to go do your

3166

02:26:25,911 --> 02:26:22,080

thing and then get on this plane and get

3167

02:26:29,180 --> 02:26:25,921

out here to LA what is your first event

3168

02:26:32,480 --> 02:26:29,190

once you get here my first event is

3169

02:26:34,180 --> 02:26:32,490

going to be Thursday night at 7 o'clock

3170

02:26:38,091 --> 02:26:34,190

at Manly Hall school it's called

3171

02:26:40,610 --> 02:26:38,101

unvanquished Angels America's not so

3172

02:26:41,151 --> 02:26:40,620

lost occult heroes and you can register

3173

02:26:45,411 --> 02:26:41,161

for

3174

02:26:47,451 --> 02:26:45,421

by going to you PRS edu you PR sidd you

3175

02:26:50,031 --> 02:26:47,461

that's Thursday night and it's going to

3176

02:26:51,831 --> 02:26:50,041

be terrific it's going to kick off a few

3177

02:26:52,821 --> 02:26:51,841

days of some really wonderful esoteric

3178

02:26:55,281 --> 02:26:52,831

activities

3179

02:26:56,781 --> 02:26:55,291

I can't wait and I'm gonna do my best to

3180

02:26:59,781 --> 02:26:56,791

get out there Thursday night obviously

3181

02:27:02,241 --> 02:26:59,791

I'm on the air Thank You Man but we've

3182

02:27:04,640 --> 02:27:02,251

got to hang out this this trip we missed

3183

02:27:06,861 --> 02:27:04,650

each other last time let's uh let's uh

3184

02:27:10,581 --> 02:27:06,871

you read and I go out and break some

3185

02:27:14,421 --> 02:27:10,591

bread I'll talk to you Mitch safe

3186

02:27:15,531 --> 02:27:14,431

travels safe travels out west thank you

3187

02:27:18,470 --> 02:27:15,541

great to be here

3188

02:27:20,421 --> 02:27:18,480

Mitch Horowitz everybody now all of the

3189

02:27:21,861 --> 02:27:20,431

links for Mitch's schedule and

3190

02:27:24,470 --> 02:27:21,871

everything is up we've got it up in

3191

02:27:26,211 --> 02:27:24,480

Twitter and we certainly have it up on

3192

02:27:27,881 --> 02:27:26,221

the website going click and if you're

3193

02:27:30,680 --> 02:27:27,891

here in Los Angeles San Francisco

3194

02:27:33,351 --> 02:27:30,690

Phoenix come on out and hang out with

3195

02:27:34,720 --> 02:27:33,361

Mitch this weekend at the Manley P Hall

3196

02:27:37,161 --> 02:27:34,730

center right here in Glendale California

3197

02:27:39,501 --> 02:27:37,171

our murals Jimmy Church I'm gonna get

3198

02:27:41,361 --> 02:27:39,511

out of here come back after this short

3199

02:27:42,771 --> 02:27:41,371

break I want to thank Mitch and of

3200

02:27:44,720 --> 02:27:42,781

course I'm gonna open up the phone lines

3201

02:27:46,911 --> 02:27:44,730

what did you think about this

3202

02:27:48,470 --> 02:27:46,921

conversation tonight we'll do all of

3203

02:27:50,720 --> 02:27:48,480

that right after this short break stay

3204

02:27:57,591 --> 02:27:50,730

with us

3205

02:28:00,780 --> 02:27:57,601

[Music]

3206

02:28:06,211 --> 02:28:00,790

and you are listening to my boy Jimmy

3207

02:28:09,450 --> 02:28:06,221

Church on Jimmy Church radio.com this my

3208

02:28:19,761 --> 02:28:09,460

popular opinion reading a book will not

3209

02:28:23,400 --> 02:28:19,771

make you smarter hurricanes earthquakes

3210

02:28:25,890 --> 02:28:23,410

wildfires this year we've experienced

3211

02:28:28,171 --> 02:28:25,900

more than our fair share this is Jimmy

3212

02:28:30,360 --> 02:28:28,181

Church a fade to black and last month I

3213

02:28:32,700 --> 02:28:30,370

decided to make sure my family does not

3214

02:28:35,421 --> 02:28:32,710

have to worry about food should we get

3215

02:28:38,310 --> 02:28:35,431

caught in a real emergency situation

3216

02:28:40,140 --> 02:28:38,320

introducing Humana a healthy storable

3217

02:28:42,301 --> 02:28:40,150

product that tastes so good that you'll

3218

02:28:44,610 --> 02:28:42,311

want to eat it every day instead of just

3219

02:28:46,650 --> 02:28:44,620

during those times of duress all new

3220

02:28:50,190 --> 02:28:46,660

manna products have a 25 year shelf life

3221

02:28:52,770 --> 02:28:50,200

our msg and GMO free no preservatives

3222

02:28:54,570 --> 02:28:52,780

and are made in America with the new

3223

02:28:56,520 --> 02:28:54,580

manna pack in your home you'll be able

3224

02:28:59,070 --> 02:28:56,530

to sleep at night knowing that you've

3225

02:29:02,251 --> 02:28:59,080

protected your family not only have I

3226

02:29:04,350 --> 02:29:02,261

tasted and tested I own it now you can

3227

02:29:06,570 --> 02:29:04,360

too just click on the new manna banner

3228

02:29:08,430 --> 02:29:06,580

on Jimmy Church radio.com and use the

3229

02:29:10,860 --> 02:29:08,440

promo code Jimmy when you order in

3230

02:29:12,860 --> 02:29:10,870

addition to a discount we'll send you an

3231

02:29:15,591 --> 02:29:12,870

autograph fade to black t-shirt

3232

02:29:17,850 --> 02:29:15,601

seriously gobekli tepe

3233

02:29:20,791 --> 02:29:17,860

this is Jimmy Church of fade to black

3234

02:29:24,480 --> 02:29:20,801

and I take life change tea supplements

3235

02:29:28,850 --> 02:29:24,490

every single day it's what I do click on

3236

02:29:34,381 --> 02:29:31,770

when you take the beams from Central

3237

02:29:36,841 --> 02:29:34,391

America with dashes of indonesian and

3238

02:29:39,930 --> 02:29:36,851

african mixed in and then roasted to the

3239

02:29:42,320 --> 02:29:39,940

dark side of fade to black you create

3240

02:29:45,301 --> 02:29:42,330

the ultimate brew of fringe

3241

02:29:46,890 --> 02:29:45,311

introducing the fade to black blend from

3242

02:29:49,890 --> 02:29:46,900

river moon coffee

3243

02:29:52,801 --> 02:29:49,900

yes river moon's darkest customized

3244

02:29:53,951 --> 02:29:52,811

roast was created for the love of fade

3245

02:29:56,770 --> 02:29:53,961

to black

3246

02:29:59,470 --> 02:29:56,780

the alchemy of masterful roasting and

3247

02:30:03,041 --> 02:29:59,480

smoking the beans is in every sip of

3248

02:30:06,011 --> 02:30:03,051

this full-bodied dark Java I need my

3249

02:30:07,901 --> 02:30:06,021

coffee dog deep with distinct

3250

02:30:11,081 --> 02:30:07,911

bittersweet chocolate highlights just

3251

02:30:13,480 --> 02:30:11,091

like the bunker leaning further into the

3252

02:30:16,781 --> 02:30:13,490

darkness of the roast is fade to black

3253

02:30:18,430 --> 02:30:16,791

blend from rubber moon coffee just click

3254

02:30:21,730 --> 02:30:18,440

on the banner at Jimmy Church radio.com

3255

02:30:26,671 --> 02:30:21,740

and use the promo code F to B blend for

3256

02:30:29,951 --> 02:30:26,681

15% off of your order today gobekli tepe

3257

02:30:31,751 --> 02:30:29,961

hi folks CBD is the home run hitter for

3258

02:30:32,890 --> 02:30:31,761

health right now why do you ask because

3259

02:30:35,591 --> 02:30:32,900

of what it does for the body

3260

02:30:37,810 --> 02:30:35,601

unfortunately I can't tell you all about

3261

02:30:39,640 --> 02:30:37,820

the benefit you know there's reasons do

3262

02:30:43,001 --> 02:30:39,650

your due diligence and log on to ancient

3263

02:30:44,261 --> 02:30:43,011

life oil com that's ancient life oil com

3264

02:30:46,600 --> 02:30:44,271

ancient life oil uses organic

3265

02:30:49,211 --> 02:30:46,610

ingredients and is blended in coconut

3266

02:30:52,541 --> 02:30:49,221

oil for some of the best benefits legal

3267

02:30:54,821 --> 02:30:52,551

in 50 states and non-psychoactive log on

3268

02:30:58,091 --> 02:30:54,831

to ancient life oil com that's ancient

3269

02:31:00,430 --> 02:30:58,101

life oil com this is Jimmy Church of

3270

02:31:03,251 --> 02:31:00,440

fade to black and my family is safe

3271

02:31:06,190 --> 02:31:03,261

because of new manna emergency food

3272

02:31:09,581 --> 02:31:06,200

storage just go to the new manna banner

3273

02:31:14,381 --> 02:31:09,591

at Jimmy Church radio.com promo code

3274

02:31:17,020 --> 02:31:14,391

jimmy 10 are you intrigued by paranormal

3275

02:31:20,680 --> 02:31:17,030

talk radio you love the new paranormal

3276

02:31:22,421 --> 02:31:20,690

radio app from torque stream live you'll

3277

02:31:25,571 --> 02:31:22,431

find a great selection of talk shows

3278

02:31:28,270 --> 02:31:25,581

covering UFOs ghosts strange phenomena

3279

02:31:30,551 --> 02:31:28,280

and much more download the paranormal

3280

02:31:32,171 --> 02:31:30,561

radio app now and start listening to the

3281

02:31:33,970 --> 02:31:32,181

very best in paranormal talk

3282

02:31:35,980 --> 02:31:33,980

entertainment including the network

3283

02:31:38,890 --> 02:31:35,990

you're listening to right now the

3284

02:31:48,400 --> 02:31:38,900

paranormal radio app free in Google Play

3285

02:32:02,930 --> 02:31:52,131

it's not a lifestyle we chose we were

3286

02:32:07,700 --> 02:32:02,940

born this way k GRA radio.com this is KJ

3287

02:32:07,710 --> 02:32:21,469

[Music]

3288

02:32:27,889 --> 02:32:24,449

all right welcome back fade to black

3289

02:32:30,540 --> 02:32:27,899

I'm opening up the phone lines right now

3290

02:32:35,309 --> 02:32:30,550

seven four seven two two eight two zero

3291

02:32:39,599 --> 02:32:35,319

five one seven four seven two two eight

3292

02:32:43,939 --> 02:32:39,609

two zero five one and while we wait for

3293

02:32:46,790 --> 02:32:43,949

the delay and the calls to come in

3294

02:32:50,040 --> 02:32:46,800

fascinating conversation tonight and

3295

02:32:53,429 --> 02:32:50,050

manifesting that's that's my word you

3296

02:32:58,340 --> 02:32:53,439

know creating your your own reality it

3297

02:33:01,859 --> 02:32:58,350

is 100% possible so 100% possible and

3298

02:33:07,099 --> 02:33:01,869

the the concepts behind it although

3299

02:33:10,380 --> 02:33:07,109

simple they take work and it can't be

3300

02:33:13,139 --> 02:33:10,390

simplified there's no easy road but you

3301

02:33:17,370 --> 02:33:13,149

can and the power of the mind and

3302

02:33:23,609 --> 02:33:17,380

thought is is so strong that if you

3303

02:33:27,500 --> 02:33:23,619

choose to do that you know be careful be

3304

02:33:29,729 --> 02:33:27,510

careful that's the best advice because

3305

02:33:32,989 --> 02:33:29,739

what I think that you want to base

3306

02:33:36,989 --> 02:33:32,999

everything on something as simple as

3307

02:33:41,130 --> 02:33:36,999

finding your bliss what is it what is

3308

02:33:44,279 --> 02:33:41,140

that one thing what is that one thing

3309

02:33:48,179 --> 02:33:44,289

where you will achieve that that

3310

02:33:53,069 --> 02:33:48,189

happiness that glow right and everything

3311

02:33:56,010 --> 02:33:53,079

else will follow everything else again

3312

02:33:59,870 --> 02:33:56,020

going back to these concepts and I do

3313

02:34:02,250 --> 02:33:59,880

want to hear from from you about this so

3314

02:34:05,309 --> 02:34:02,260

the numbers are open now seven four

3315

02:34:07,830 --> 02:34:05,319

seven two two eight two zero five one in

3316

02:34:10,019 --> 02:34:07,840

that the reason why you want to be

3317

02:34:12,559 --> 02:34:10,029

careful find your bliss and that is

3318

02:34:14,609 --> 02:34:12,569

something that is is very very personal

3319

02:34:16,859 --> 02:34:14,619

don't be scared

3320

02:34:19,529 --> 02:34:16,869

whatever it is don't be embarrassed

3321

02:34:23,489 --> 02:34:19,539

about it or whatever it's what makes you

3322

02:34:28,409 --> 02:34:23,499

happy and everything else will align

3323

02:34:29,501 --> 02:34:28,419

itself into your life with that comes

3324

02:34:32,470 --> 02:34:29,511

the chaos

3325

02:34:35,261 --> 02:34:32,480

and I addressed this in my opening

3326

02:34:40,600 --> 02:34:35,271

statement and rant tonight on the show

3327

02:34:43,480 --> 02:34:40,610

in that Rita and I decided to change our

3328

02:34:47,980 --> 02:34:43,490

reality we did and we made a very

3329

02:34:49,990 --> 02:34:47,990

conscious effort in in that and we did

3330

02:34:53,740 --> 02:34:50,000

and we pulled it off what comes with

3331

02:34:57,430 --> 02:34:53,750

that is chaos I expressed it it's very

3332

02:34:59,470 --> 02:34:57,440

personal and in a very direct way what

3333

02:35:02,261 --> 02:34:59,480

came with that there are things that you

3334

02:35:07,871 --> 02:35:02,271

have to deal with and figure out a way

3335

02:35:11,411 --> 02:35:07,881

to embrace because that chaos that

3336

02:35:13,541 --> 02:35:11,421

unwinding that unglue of your life is

3337

02:35:18,100 --> 02:35:13,551

going to come with that because now you

3338

02:35:22,511 --> 02:35:18,110

are changing directions and and and and

3339

02:35:24,881 --> 02:35:22,521

nobody warned me and nobody let Reid and

3340

02:35:28,661 --> 02:35:24,891

I know that this is what's gonna come

3341

02:35:31,720 --> 02:35:28,671

along with the ride okay we were so

3342

02:35:34,990 --> 02:35:31,730

focused on getting things done and still

3343

02:35:37,780 --> 02:35:35,000

are to this day that the chaos and the

3344

02:35:41,740 --> 02:35:37,790

things that started to erupt and it

3345

02:35:46,121 --> 02:35:41,750

erupted and it it showed itself very

3346

02:35:51,490 --> 02:35:46,131

very early and naturally this is what we

3347

02:35:54,511 --> 02:35:51,500

did naturally we chose to ignore some of

3348

02:35:57,341 --> 02:35:54,521

the negative things we chose to ignore

3349

02:35:59,261 --> 02:35:57,351

things that would take us you know I

3350

02:36:02,350 --> 02:35:59,271

keep saying this that we were in our

3351

02:36:04,270 --> 02:36:02,360

lane and we're still in our lane things

3352

02:36:10,240 --> 02:36:04,280

that were trying to pull us out of our

3353

02:36:12,280 --> 02:36:10,250

lane no you know we we stayed true right

3354

02:36:15,791 --> 02:36:12,290

and we stayed in our lane and it's hard

3355

02:36:17,530 --> 02:36:15,801

man oh it's hard you just got their

3356

02:36:21,070 --> 02:36:17,540

hands on that wheel and you're just

3357

02:36:25,240 --> 02:36:21,080

staying in your lane but nobody told it

3358

02:36:28,900 --> 02:36:25,250

naturally we figured this out day to day

3359

02:36:32,740 --> 02:36:28,910

today today right and and figuring out

3360

02:36:34,270 --> 02:36:32,750

that there were going to be jealousies

3361

02:36:37,600 --> 02:36:34,280

and there was going to be some negative

3362

02:36:42,420 --> 02:36:37,610

influence there was people out there not

3363

02:36:45,929 --> 02:36:42,430

everybody but people hate success

3364

02:36:48,809 --> 02:36:45,939

and it doesn't matter and what I am

3365

02:36:51,359 --> 02:36:48,819

referring to here about this show is it

3366

02:36:57,840 --> 02:36:51,369

as successful in in its own little way

3367

02:37:00,420 --> 02:36:57,850

it is certainly it is a success but in

3368

02:37:02,699 --> 02:37:00,430

your own lives out there in your own

3369

02:37:04,380 --> 02:37:02,709

lives when you're out doing your thing

3370

02:37:06,540 --> 02:37:04,390

and you're successful at something you

3371

02:37:09,359 --> 02:37:06,550

know you know that there's people around

3372

02:37:13,500 --> 02:37:09,369

you that don't want to see somebody

3373

02:37:15,540 --> 02:37:13,510

succeed they don't like it and they will

3374

02:37:18,269 --> 02:37:15,550

do everything to fight it and they will

3375

02:37:21,179 --> 02:37:18,279

say things to you and plan things in

3376

02:37:23,340 --> 02:37:21,189

your mind and and and and try to throw

3377

02:37:27,120 --> 02:37:23,350

you off your game to get you to drive

3378

02:37:29,250 --> 02:37:27,130

out of your lane so hearing this for me

3379

02:37:33,630 --> 02:37:29,260

and hearing this for Mitch and others

3380

02:37:37,109 --> 02:37:33,640

will reinforce that in you to recognize

3381

02:37:40,429 --> 02:37:37,119

it when it happens it's not you it's

3382

02:37:42,899 --> 02:37:40,439

other things out there right and and so

3383

02:37:46,679 --> 02:37:42,909

changing your reality and getting this

3384

02:37:50,489 --> 02:37:46,689

on on track and giving you this advice

3385

02:37:53,699 --> 02:37:50,499

right now and a self-awareness of what

3386

02:37:56,460 --> 02:37:53,709

is possible and not only in changing

3387

02:37:59,790 --> 02:37:56,470

your reality but those other forces out

3388

02:38:02,699 --> 02:37:59,800

there that will start to create chaos

3389

02:38:06,389 --> 02:38:02,709

and you have to recognize that when it's

3390

02:38:07,920 --> 02:38:06,399

coming in okay so now I'm going to let

3391

02:38:09,210 --> 02:38:07,930

everybody know though like this collar

3392

02:38:11,219 --> 02:38:09,220

right here I'm gonna put you on hold

3393

02:38:13,710 --> 02:38:11,229

right now don't freak out it's gonna go

3394

02:38:16,739 --> 02:38:13,720

silent okay I'm gonna bring in another

3395

02:38:20,609 --> 02:38:16,749

caller right now you stay right there

3396

02:38:24,380 --> 02:38:20,619

I'm about to put you on hold welcome to

3397

02:38:27,359 --> 02:38:24,390

the show stay right there and let's

3398

02:38:30,359 --> 02:38:27,369

let's uh let's start seeing what's on

3399

02:38:31,590 --> 02:38:30,369

people's minds let's go here first hi

3400

02:38:35,189 --> 02:38:31,600

you're live on fade to black who's

3401

02:38:38,519 --> 02:38:35,199

calling hi this is lianna Hyde lianna

3402

02:38:42,139 --> 02:38:38,529

how are you I am good Jimmy I think

3403

02:38:44,639 --> 02:38:42,149

you're awesome I think you're awesome

3404

02:38:47,609 --> 02:38:44,649

thank you so much I appreciate that

3405

02:38:50,250 --> 02:38:47,619

what's on your mom well you know you

3406

02:38:54,510 --> 02:38:50,260

were talking about how people try to

3407

02:38:57,599 --> 02:38:54,520

derail you once you're successful and

3408

02:38:59,609 --> 02:38:57,609

one of the reasons why I think that I

3409

02:39:02,219 --> 02:38:59,619

don't try to go for that one thing or

3410

02:39:04,969 --> 02:39:02,229

what I love is because I'm afraid a my

3411

02:39:11,249 --> 02:39:04,979

very core I'm going to lose people you

3412

02:39:14,819 --> 02:39:11,259

know what it's inevitable right but do

3413

02:39:17,579 --> 02:39:14,829

you want to put your happiness you know

3414

02:39:19,949 --> 02:39:17,589

in jeopardy yeah you know and and the

3415

02:39:23,399 --> 02:39:19,959

other thing is this Liana and I really

3416

02:39:26,460 --> 02:39:23,409

mean this our time on this planet in our

3417

02:39:28,399 --> 02:39:26,470

physical selves is very very short and

3418

02:39:32,130 --> 02:39:28,409

you know when we hear this all the time

3419

02:39:34,679 --> 02:39:32,140

but it's really really true and when you

3420

02:39:38,309 --> 02:39:34,689

get to the end of the road right and

3421

02:39:40,859 --> 02:39:38,319

you're in your 70s 75 you want to be

3422

02:39:43,889 --> 02:39:40,869

that old lady that says you know what I

3423

02:39:47,699 --> 02:39:43,899

almost did what I really loved but I

3424

02:39:49,260 --> 02:39:47,709

didn't you don't want to be saying those

3425

02:39:57,599 --> 02:39:49,270

words don't want to be the woman with a

3426

02:39:59,579 --> 02:39:57,609

billion cats I totally agree so you know

3427

02:40:01,829 --> 02:39:59,589

but you're exactly right don't worry

3428

02:40:06,899 --> 02:40:01,839

about anybody else if I was worried

3429

02:40:09,960 --> 02:40:06,909

about the the the critics or the

3430

02:40:11,550 --> 02:40:09,970

criticism or the negativity this show

3431

02:40:13,199 --> 02:40:11,560

would have never happened and you and I

3432

02:40:14,989 --> 02:40:13,209

wouldn't be talking right now and you

3433

02:40:17,670 --> 02:40:14,999

know what that would have sucked right

3434

02:40:20,189 --> 02:40:17,680

yeah and I just want to say I think that

3435

02:40:23,460 --> 02:40:20,199

you're famous you're famous to me and a

3436

02:40:25,319 --> 02:40:23,470

lot of other people so you know as I get

3437

02:40:29,729 --> 02:40:25,329

older I'm like well what is self-worth

3438

02:40:31,319 --> 02:40:29,739

what is what is success and you know I

3439

02:40:33,689 --> 02:40:31,329

think that you've nailed it dude

3440

02:40:35,279 --> 02:40:33,699

you're cool no thank you so much lianna

3441

02:40:35,840 --> 02:40:35,289

behave and be well where are you calling

3442

02:40:41,010 --> 02:40:35,850

from

3443

02:40:43,319 --> 02:40:41,020

Pensacola Florida will behave and be

3444

02:40:47,069 --> 02:40:43,329

well and don't be a stranger to this

3445

02:40:50,099 --> 02:40:47,079

show I won't and love you thank you so

3446

02:40:51,869 --> 02:40:50,109

much Leanna behave thank you

3447

02:40:54,269 --> 02:40:51,879

it's a great phone call right there

3448

02:40:58,289 --> 02:40:54,279

that's exactly right and that's how we

3449

02:41:02,909 --> 02:40:58,299

play it you know do not do not worry

3450

02:41:06,670 --> 02:41:02,919

about critics don't worry about losing

3451

02:41:10,030 --> 02:41:06,680

somebody because what did I say

3452

02:41:13,840 --> 02:41:10,040

what admits a right you can't be worried

3453

02:41:17,380 --> 02:41:13,850

about that don't be scared don't be

3454

02:41:19,059 --> 02:41:17,390

scared I don't care what it is that

3455

02:41:22,570 --> 02:41:19,069

makes you happy

3456

02:41:25,960 --> 02:41:22,580

only you know that only you know that so

3457

02:41:29,469 --> 02:41:25,970

whatever it is go and nail it going nail

3458

02:41:33,820 --> 02:41:29,479

it because you will your life will

3459

02:41:36,790 --> 02:41:33,830

change you will glow and not only that

3460

02:41:40,210 --> 02:41:36,800

you are going to attract other positive

3461

02:41:41,860 --> 02:41:40,220

beings right and you're just gonna look

3462

02:41:43,750 --> 02:41:41,870

around and go wow things are so much

3463

02:41:46,360 --> 02:41:43,760

different you know and and and just

3464

02:41:49,150 --> 02:41:46,370

think about that don't worry about don't

3465

02:41:50,800 --> 02:41:49,160

be scared don't worry about anything do

3466

02:41:54,460 --> 02:41:50,810

your thing

3467

02:41:56,889 --> 02:41:54,470

the reason why I am here is because I am

3468

02:42:00,340 --> 02:41:56,899

happy I get to hang out with all of you

3469

02:42:02,740 --> 02:42:00,350

I'm doing exactly what I want to do I

3470

02:42:05,860 --> 02:42:02,750

don't want to do anything else right I

3471

02:42:10,540 --> 02:42:05,870

don't play guitar as much as I should

3472

02:42:11,530 --> 02:42:10,550

right I my life is is this this is what

3473

02:42:15,429 --> 02:42:11,540

makes me happy

3474

02:42:19,740 --> 02:42:15,439

I used to build model cars right I've

3475

02:42:23,679 --> 02:42:19,750

got I I have got boxes I have got cases

3476

02:42:25,840 --> 02:42:23,689

literally packed of models that I have

3477

02:42:29,110 --> 02:42:25,850

built over the years I used to sit I

3478

02:42:32,620 --> 02:42:29,120

mean I've got airbrush machines I've got

3479

02:42:36,460 --> 02:42:32,630

all of the gits tools and things and oh

3480

02:42:40,000 --> 02:42:36,470

man and I built I probably built

3481

02:42:41,830 --> 02:42:40,010

hundreds hundreds and and I even got

3482

02:42:45,070 --> 02:42:41,840

Rita involve Rita would be over there

3483

02:42:47,860 --> 02:42:45,080

airbrushing and and and we built I don't

3484

02:42:50,200 --> 02:42:47,870

do that anymore now I got a lot of

3485

02:42:53,019 --> 02:42:50,210

enjoyment out of that but they are

3486

02:42:56,019 --> 02:42:53,029

sitting in inboxes now I don't even have

3487

02:42:59,889 --> 02:42:56,029

to have shelves and displays and lights

3488

02:43:03,370 --> 02:42:59,899

and and little things and scenes and oh

3489

02:43:05,320 --> 02:43:03,380

man oh so into it but I don't have time

3490

02:43:08,229 --> 02:43:05,330

for that anymore what makes me happy is

3491

02:43:11,349 --> 02:43:08,239

what I'm doing right here you know and I

3492

02:43:14,979 --> 02:43:11,359

talked about this my stupid ear you know

3493

02:43:17,260 --> 02:43:14,989

I forget about my ear when I'm here

3494

02:43:19,610 --> 02:43:17,270

hanging out with you you know it's my

3495

02:43:22,791 --> 02:43:19,620

escape and I am just so

3496

02:43:23,270 --> 02:43:22,801

happy so go and find what makes you

3497

02:43:28,220 --> 02:43:23,280

happy

3498

02:43:32,001 --> 02:43:28,230

look I can only imagine and that may be

3499

02:43:33,711 --> 02:43:32,011

in the back of my mind that I didn't

3500

02:43:37,430 --> 02:43:33,721

want to tell anybody I wanted to be on

3501  
02:43:40,430 --> 02:43:37,440  
the radio I didn't want to hear any dude

3502  
02:43:43,100 --> 02:43:40,440  
you on the radio yeah right okay so I

3503  
02:43:45,411 --> 02:43:43,110  
kept it to myself you know it wasn't

3504  
02:43:48,831 --> 02:43:45,421  
something that I discussed with people

3505  
02:43:52,041 --> 02:43:48,841  
but one day Reid and I decided we're

3506  
02:43:53,570 --> 02:43:52,051  
gonna do this you know that's it and we

3507  
02:43:56,001 --> 02:43:53,580  
were committed and that's all you need

3508  
02:43:58,610 --> 02:43:56,011  
to do whatever it is do it

3509  
02:44:00,230 --> 02:43:58,620  
commit and make it happen let's go back

3510  
02:44:04,270 --> 02:44:00,240  
to the phones hi you're live on fade to

3511  
02:44:10,520 --> 02:44:04,280  
black who's calling Jimmy this is Ray

3512  
02:44:14,211 --> 02:44:10,530  
also known as mr. anonymous yes ray mr.

3513  
02:44:15,680 --> 02:44:14,221

anonymous how are you I'm terrific Jimmy

3514

02:44:21,310 --> 02:44:15,690

eh

3515

02:44:29,570 --> 02:44:25,911

and not to complain but I feel for what

3516

02:44:32,001 --> 02:44:29,580

you're going through I worked I work at

3517

02:44:34,011 --> 02:44:32,011

a metrology lab I was a lab manager

3518

02:44:34,640 --> 02:44:34,021

until I got fired from that about a

3519

02:44:40,671 --> 02:44:34,650

month ago

3520

02:44:43,190 --> 02:44:40,681

oh and that's cool it is what it is but

3521

02:44:45,551 --> 02:44:43,200

I had I had walking pneumonia for a

3522

02:44:48,801 --> 02:44:45,561

month and a half and I didn't know it I

3523

02:44:52,310 --> 02:44:48,811

just know I yeah when I went home I just

3524

02:44:54,081 --> 02:44:52,320

I felt like crap all the time I didn't

3525

02:44:56,331 --> 02:44:54,091

want to do anything you know I was just

3526

02:44:59,241 --> 02:44:56,341

tired all the time and trouble breathing

3527

02:45:01,400 --> 02:44:59,251

I thought I was and I hadn't moved I was

3528

02:45:04,581 --> 02:45:01,410

living up in Turlock and now I'm in

3529

02:45:06,621 --> 02:45:04,591

Baker still of all places probably the

3530

02:45:07,970 --> 02:45:06,631

worst air quality because you know

3531

02:45:10,400 --> 02:45:07,980

everything in the San Joaquin Valley

3532

02:45:14,381 --> 02:45:10,410

kind of focuses on Bakersfield it sits

3533

02:45:17,751 --> 02:45:14,391

there in the summertime yes it does yeah

3534

02:45:20,900 --> 02:45:17,761

anyway got a nice house here in

3535

02:45:25,180 --> 02:45:20,910

Bakersfield brought all of my 11 cats

3536

02:45:28,820 --> 02:45:25,190

down here with me they're all rescues in

3537

02:45:30,770 --> 02:45:28,830

Turlock I was staying at a house that

3538

02:45:33,229 --> 02:45:30,780

I'd rented for 20 years and one of the

3539

02:45:35,689 --> 02:45:33,239

conditions was no animals

3540

02:45:37,550 --> 02:45:35,699

and I actually got through that that

3541

02:45:39,860 --> 02:45:37,560

whole thing attentive signing off the

3542

02:45:44,000 --> 02:45:39,870

house with them never finding out that I

3543

02:45:46,870 --> 02:45:44,010

had as many as 15 cats about uh-huh and

3544

02:45:49,820 --> 02:45:46,880

that's it that that's a challenge I mean

3545

02:45:53,059 --> 02:45:49,830

you know what a UV light does with the

3546

02:45:56,150 --> 02:45:53,069

cat urine you can find it immediately I

3547

02:45:57,099 --> 02:45:56,160

was scrubbing walls and floors for two

3548

02:46:02,900 --> 02:45:57,109

weeks

3549

02:46:04,660 --> 02:46:02,910

Wow anyway Wow Wow but but have you

3550

02:46:08,269 --> 02:46:04,670

found your bliss

3551  
02:46:11,540 --> 02:46:08,279  
you know what three years ago when I

3552  
02:46:15,530 --> 02:46:11,550  
first started listening to you what a

3553  
02:46:18,500 --> 02:46:15,540  
blessing that was seriously and and and

3554  
02:46:22,610 --> 02:46:18,510  
I have enjoyed every time I listen to on

3555  
02:46:25,910 --> 02:46:22,620  
the radio I mean you you are prime time

3556  
02:46:28,760 --> 02:46:25,920  
in my book if if 7 o'clock rolls around

3557  
02:46:31,639 --> 02:46:28,770  
you know I may watch about five minutes

3558  
02:46:34,510 --> 02:46:31,649  
of Hannity and then Ingram comes on and

3559  
02:46:37,639 --> 02:46:34,520  
I say up time for Kay the black and

3560  
02:46:40,400 --> 02:46:37,649  
she's my cue to go that on and turn the

3561  
02:46:46,269 --> 02:46:40,410  
TV off and that's the best therapy that

3562  
02:46:52,280 --> 02:46:46,279  
I've done seriously as far as the Bliss

3563  
02:46:55,580 --> 02:46:52,290

you know I have spurts I'll I'll listen

3564

02:46:58,519 --> 02:46:55,590

to music you know I'm 65 and I remember

3565

02:47:01,010 --> 02:46:58,529

Gary James and Doug sax and all those

3566

02:47:04,790 --> 02:47:01,020

guys down there and I couldn't get as

3567

02:47:08,590 --> 02:47:04,800

involved with all of that as I wanted my

3568

02:47:11,269 --> 02:47:08,600

mentor was he taught me all of the audio

3569

02:47:13,000 --> 02:47:11,279

it should I can't even discuss out here

3570

02:47:16,070 --> 02:47:13,010

with anybody else anymore they're just

3571

02:47:20,540 --> 02:47:16,080

there's no one like my mentor left and

3572

02:47:23,269 --> 02:47:20,550

when you mentioned Bob that situation

3573

02:47:24,889 --> 02:47:23,279

you talked about yeah five minutes later

3574

02:47:27,469 --> 02:47:24,899

after I was thinking about a problem

3575

02:47:32,599 --> 02:47:27,479

he'd called me on the phone right and we

3576

02:47:34,490 --> 02:47:32,609

and we were exactly that same way and I

3577

02:47:38,269 --> 02:47:34,500

had known him ever since I was dropped

3578

02:47:42,710 --> 02:47:38,279

on his doorstep in 1985 because like

3579

02:47:45,530 --> 02:47:42,720

your guest tonight I my last drop of

3580

02:47:46,969 --> 02:47:45,540

alcohol was 1985 and I think the world

3581

02:47:50,090 --> 02:47:46,979

is probably a better place

3582

02:47:51,469 --> 02:47:50,100

videos because of that and I have no

3583

02:47:54,019 --> 02:47:51,479

issues with that whatsoever

3584

02:47:56,929 --> 02:47:54,029

I was truly blessed I didn't have to

3585

02:48:02,269 --> 02:47:56,939

side slip or go back out find out how

3586

02:48:05,809 --> 02:48:02,279

bad it was the truth was was given to me

3587

02:48:09,439 --> 02:48:05,819

as a gift and I found out who I was at

3588

02:48:13,219 --> 02:48:09,449

that point and it's been a slow process

3589

02:48:16,700 --> 02:48:13,229

after that hey I got top secret jobs at

3590

02:48:19,399 --> 02:48:16,710

NASA was offered top secret jobs at

3591

02:48:23,359 --> 02:48:19,409

skunk works I didn't turn down two jobs

3592

02:48:24,859 --> 02:48:23,369

at skunk works and I'm still kind of you

3593

02:48:26,479 --> 02:48:24,869

know I'm a little upset about that

3594

02:48:28,609 --> 02:48:26,489

because I wouldn't know more about that

3595

02:48:34,340 --> 02:48:28,619

rich side of chicken if I want a job

3596

02:48:36,469 --> 02:48:34,350

sure but the best part of it you know

3597

02:48:40,309 --> 02:48:36,479

the meditation and all of that kind of

3598

02:48:43,340 --> 02:48:40,319

stuff that takes a severe devotion and I

3599

02:48:45,500 --> 02:48:43,350

really honestly am not there yet I'll

3600

02:48:48,679 --> 02:48:45,510

come home at the end of the day and I'm

3601

02:48:50,450 --> 02:48:48,689

just so tired that I just want to sit

3602

02:48:53,330 --> 02:48:50,460

down and do nothing you know feed the

3603

02:48:55,399 --> 02:48:53,340

cats get myself a bite to eat and I'll

3604

02:48:59,540 --> 02:48:55,409

just vegetate for about a half an hour

3605

02:49:04,510 --> 02:48:59,550

and unlike you I'm not really doing what

3606

02:49:12,260 --> 02:49:08,450

yeah that's and again it's one of those

3607

02:49:14,269 --> 02:49:12,270

things that only you don't have to

3608

02:49:18,620 --> 02:49:14,279

verbalize it right now with me that's

3609

02:49:20,109 --> 02:49:18,630

not my intent but only you know your

3610

02:49:24,469 --> 02:49:20,119

little secret

3611

02:49:30,219 --> 02:49:24,479

only you right and and whatever that

3612

02:49:33,139 --> 02:49:30,229

thing is go and do it well if it's legal

3613

02:49:37,160 --> 02:49:33,149

whatever I'm not saying your little

3614

02:49:41,569 --> 02:49:37,170

secret is robbing banks or whatever but

3615

02:49:45,769 --> 02:49:41,579

but you know whatever that thing is that

3616

02:49:50,479 --> 02:49:45,779

you've always wanted to do right go and

3617

02:49:52,700 --> 02:49:50,489

do it you're 65 men the time is now ray

3618

02:49:55,910 --> 02:49:52,710

I think quit what do you what are you

3619

02:49:58,969 --> 02:49:55,920

farting around for go and do it I that's

3620

02:50:00,840 --> 02:49:58,979

the thing is you know when you say okay

3621

02:50:04,319 --> 02:50:00,850

go ahead and dream dream big

3622

02:50:06,389 --> 02:50:04,329

go do your dream it's like damn I don't

3623

02:50:10,380 --> 02:50:06,399

have any dreams I've been in a workforce

3624

02:50:12,420 --> 02:50:10,390

for 42 years and I'm worked out I really

3625

02:50:15,239 --> 02:50:12,430

it's gonna take some time getting in

3626

02:50:16,290 --> 02:50:15,249

contact with Ray yeah yeah I hear you

3627

02:50:20,609 --> 02:50:16,300

there too my friend

3628

02:50:22,559 --> 02:50:20,619

I do I do but you know that's why you

3629

02:50:25,829 --> 02:50:22,569

know not only fade to black is here but

3630

02:50:27,809 --> 02:50:25,839

a guest like Mitch Horowitz will get you

3631

02:50:30,000 --> 02:50:27,819

to think because that's why you made

3632

02:50:31,769 --> 02:50:30,010

this phone call you know that's the

3633

02:50:35,159 --> 02:50:31,779

truth that's the truth yes

3634

02:50:38,359 --> 02:50:35,169

so going to it go and think all right

3635

02:50:41,269 --> 02:50:38,369

ray anonymous go do your thing man and

3636

02:50:44,369 --> 02:50:41,279

I'll see you tomorrow night right here

3637

02:50:46,380 --> 02:50:44,379

Jimmy thanks very much and and say hello

3638

02:50:48,569 --> 02:50:46,390

the reader I sure will ray thank you so

3639

02:50:52,469 --> 02:50:48,579

much I always enjoy the phone calls with

3640

02:50:57,719 --> 02:50:52,479

Ray and it's the truth it's the truth if

3641

02:51:00,500 --> 02:50:57,729

if you get inspired by tonight's show

3642

02:51:04,319 --> 02:51:00,510

where you just sit back and go you know

3643

02:51:07,019 --> 02:51:04,329

churches right there's this one thing

3644

02:51:09,389 --> 02:51:07,029

you know all right I've been beating or

3645

02:51:12,929 --> 02:51:09,399

you know what all right all right

3646

02:51:16,739 --> 02:51:12,939

that that right there we all win the

3647

02:51:18,149 --> 02:51:16,749

world wins we all win so think about

3648

02:51:19,260 --> 02:51:18,159

that let's go back to the phones how

3649

02:51:22,199 --> 02:51:19,270

you're live on fade to black who's

3650

02:51:25,979 --> 02:51:22,209

calling listen Jimmy Church how are you

3651

02:51:27,929 --> 02:51:25,989

hey Scott how are you Tammy you know my

3652

02:51:32,189 --> 02:51:27,939

voice every time I call him all right no

3653

02:51:36,869 --> 02:51:32,199

I don't I I know your phone number so so

3654

02:51:39,779 --> 02:51:36,879

Scott have you found your bliss I have I

3655

02:51:47,059 --> 02:51:39,789

have my friend I really have and it was

3656

02:51:57,540 --> 02:51:52,909

Jimmy I left rock-and-roll business and

3657

02:52:03,210 --> 02:51:57,550

I took a hard left turn and decided that

3658

02:52:05,609 --> 02:52:03,220

I am going to not be an old rocker like

3659

02:52:08,939 --> 02:52:05,619

Iggy Pop and decided to make a family

3660

02:52:13,309 --> 02:52:08,949

and try to become normal in the mean and

3661

02:52:14,490 --> 02:52:13,319

when I did that it became a very very

3662

02:52:19,950 --> 02:52:14,500

very

3663

02:52:21,840 --> 02:52:19,960

heart journey and I purchased for my

3664

02:52:25,080 --> 02:52:21,850

road manager he had some hubcap and

3665

02:52:28,440 --> 02:52:25,090

wheel stores and from that point on I

3666

02:52:31,890 --> 02:52:28,450

just dedicated myself to trying to make

3667

02:52:35,120 --> 02:52:31,900

myself a smooth being that would make

3668

02:52:39,930 --> 02:52:35,130

just the right decision from there on in

3669

02:52:44,310 --> 02:52:39,940

the neck sense it does and are you happy

3670

02:52:47,040 --> 02:52:44,320

I am very happy I'm very happy and

3671

02:52:48,240 --> 02:52:47,050

sometimes I'm too happy and I have to

3672

02:52:52,140 --> 02:52:48,250

calm myself down

3673

02:52:55,020 --> 02:52:52,150

and that's the point that's that's

3674

02:52:58,350 --> 02:52:55,030

exactly the point I mean so where you

3675

02:53:00,840 --> 02:52:58,360

are today you wouldn't change a thing

3676

02:53:04,770 --> 02:53:00,850

and that's what's most important I I

3677

02:53:07,170 --> 02:53:04,780

when I said tonight my opening rant I

3678

02:53:11,490 --> 02:53:07,180

may sound like I'm complaining I am NOT

3679

02:53:15,060 --> 02:53:11,500

I am thankful and Rita and I would not

3680

02:53:18,450 --> 02:53:15,070

change a thing we would not say there's

3681

02:53:20,730 --> 02:53:18,460

there's nothing there's nothing that we

3682

02:53:23,940 --> 02:53:20,740

would do different you know not not a

3683

02:53:26,670 --> 02:53:23,950

single thing and that is what's most

3684

02:53:29,040 --> 02:53:26,680

important is that we are happy and

3685

02:53:31,440 --> 02:53:29,050

anybody that's around us you're around

3686

02:53:34,650 --> 02:53:31,450

us we've got a small circle of friends

3687

02:53:38,160 --> 02:53:34,660

that are around us they will all attest

3688

02:53:40,770 --> 02:53:38,170

to what Rita and I are about we are real

3689

02:53:43,260 --> 02:53:40,780

our feet are on the ground and we just

3690

02:53:47,100 --> 02:53:43,270

do our thing we have no outside forces

3691

02:53:49,980 --> 02:53:47,110

that are pulling on us we the reason why

3692

02:53:54,660 --> 02:53:49,990

fade to black is what it is is because

3693

02:53:56,760 --> 02:53:54,670

it's by design it's us right it's

3694

02:53:58,800 --> 02:53:56,770

nothing more than that and people want

3695

02:54:01,530 --> 02:53:58,810

to make

3696

02:54:03,390 --> 02:54:01,540

you know how do I want to say this I'm

3697

02:54:05,070 --> 02:54:03,400

gonna say this in a polite way they want

3698

02:54:07,020 --> 02:54:05,080

to make fade to black something that it

3699

02:54:10,140 --> 02:54:07,030

isn't right they want to make me

3700

02:54:12,000 --> 02:54:10,150

something that I'm not they want to you

3701  
02:54:14,070 --> 02:54:12,010  
know by the power of suggestion like he

3702  
02:54:16,260 --> 02:54:14,080  
was saying Mitch said earlier you know

3703  
02:54:18,750 --> 02:54:16,270  
with gossip and none of it is true

3704  
02:54:22,910 --> 02:54:18,760  
you know only the people that are around

3705  
02:54:26,070 --> 02:54:22,920  
us know what is real and they laugh they

3706  
02:54:28,500 --> 02:54:26,080  
laugh at all the negatives I cuz it's

3707  
02:54:32,700 --> 02:54:28,510  
all made up you know and and that's what

3708  
02:54:35,760 --> 02:54:32,710  
is hilarious you know and I I could

3709  
02:54:39,540 --> 02:54:35,770  
attest Jimmy that everybody and everyone

3710  
02:54:43,530 --> 02:54:39,550  
that circles around you a very decent

3711  
02:54:46,620 --> 02:54:43,540  
human beings and very polite and you

3712  
02:54:49,680 --> 02:54:46,630  
yourself are very very very polite and

3713  
02:54:51,870 --> 02:54:49,690

and conduct yourself as a gentleman and

3714

02:54:54,240 --> 02:54:51,880

and I I don't know anybody would come

3715

02:54:57,360 --> 02:54:54,250

off as seeing anything differently than

3716

02:54:59,790 --> 02:54:57,370

that yeah yeah it's it's funny when I

3717

02:55:02,670 --> 02:54:59,800

you know I see some post and I

3718

02:55:04,740 --> 02:55:02,680

immediately just like delete block right

3719

02:55:07,530 --> 02:55:04,750

but I see the punk right on the post

3720

02:55:10,020 --> 02:55:07,540

start off for some email or some tweet

3721

02:55:12,270 --> 02:55:10,030

you know you know you know Jimmy and

3722

02:55:20,310 --> 02:55:12,280

Rita are doing this or they're you know

3723

02:55:22,470 --> 02:55:20,320

there is you know hilarious and and we

3724

02:55:24,720 --> 02:55:22,480

don't subscribe to it we just don't we

3725

02:55:26,520 --> 02:55:24,730

don't pay attention yeah I've got to ask

3726

02:55:28,560 --> 02:55:26,530

you something now you you have this

3727

02:55:31,770 --> 02:55:28,570

inner ear problem and I did about a year

3728

02:55:33,810 --> 02:55:31,780

ago and I gotta ask you something cuz

3729

02:55:36,780 --> 02:55:33,820

when we were talking about this when I

3730

02:55:39,690 --> 02:55:36,790

was talking about my Bigfoot experience

3731

02:55:41,640 --> 02:55:39,700

and I had mentioned something that is

3732

02:55:44,070 --> 02:55:41,650

little crater that inner ear that

3733

02:55:46,050 --> 02:55:44,080

vertical horizontal diagonal and the

3734

02:55:48,420 --> 02:55:46,060

crystals that float around in ears and

3735

02:55:54,540 --> 02:55:48,430

you've got a you got a really look at

3736

02:55:57,990 --> 02:55:54,550

this in a deep conceptual mine I say

3737

02:56:00,300 --> 02:55:58,000

this I would say but it is your your

3738

02:56:03,270 --> 02:56:00,310

inner here is a flotation device

3739

02:56:06,030 --> 02:56:03,280

and there's crystals that are in that

3740

02:56:09,870 --> 02:56:06,040

inner ear that will tell you if you're

3741

02:56:12,050 --> 02:56:09,880

going up down diagonal and if one of

3742

02:56:14,390 --> 02:56:12,060

those crystals get dislodged

3743

02:56:16,370 --> 02:56:14,400

you're going to go different way that

3744

02:56:18,470 --> 02:56:16,380

you'll never believe and I felt like a

3745

02:56:22,130 --> 02:56:18,480

couple times that I was floating down

3746

02:56:23,540 --> 02:56:22,140

accepting stories down a building and

3747

02:56:25,370 --> 02:56:23,550

that was because they do a lot of

3748

02:56:27,230 --> 02:56:25,380

mountain bike riding so I don't know

3749

02:56:29,870 --> 02:56:27,240

what you're experiencing but you got to

3750

02:56:33,800 --> 02:56:29,880

ask yourself who designed that this is a

3751  
02:56:36,380 --> 02:56:33,810  
grand design well you know what's what's

3752  
02:56:43,510 --> 02:56:36,390  
really funny in this seven-month journey

3753  
02:56:46,820 --> 02:56:43,520  
of this chronic ear situation so many

3754  
02:56:48,380 --> 02:56:46,830  
different every single type of

3755  
02:56:52,940 --> 02:56:48,390  
medication and treatment has been done

3756  
02:56:58,330 --> 02:56:52,950  
okay everything from from cleaners and D

3757  
02:57:02,630 --> 02:57:00,400  
hold on

3758  
02:57:07,460 --> 02:57:02,640  
antibiotics and steroids and

3759  
02:57:12,350 --> 02:57:07,470  
antihistamines and and everything seem

3760  
02:57:15,230 --> 02:57:12,360  
to have helped and then it comes back

3761  
02:57:16,760 --> 02:57:15,240  
and it comes back stronger and it's you

3762  
02:57:19,400 --> 02:57:16,770  
know and I've been going on this this

3763  
02:57:25,130 --> 02:57:19,410

roller coaster and it's it's it's just

3764

02:57:27,080 --> 02:57:25,140

been gnarly gnarly gnarly so that's it I

3765

02:57:29,630 --> 02:57:27,090

just want everybody's energy coming this

3766

02:57:34,550 --> 02:57:29,640

way I've exposed it now everybody knows

3767

02:57:37,580 --> 02:57:34,560

what's going on and there you go it are

3768

02:57:39,170 --> 02:57:37,590

you taking vertigo I don't want to get

3769

02:57:43,250 --> 02:57:39,180

into it you know what I don't you want

3770

02:57:45,620 --> 02:57:43,260

to talk about it let's just let's just

3771

02:57:47,750 --> 02:57:45,630

get the energy flowing this way and and

3772

02:57:49,160 --> 02:57:47,760

the power of this audience will fix

3773

02:57:56,120 --> 02:57:49,170

things and there you go

3774

02:58:01,060 --> 02:57:56,130

you know I know if I was going up you've

3775

02:58:03,320 --> 02:58:01,070

got like Scott you've got ten seconds

3776

02:58:06,470 --> 02:58:03,330

okay what scares me the most

3777

02:58:09,950 --> 02:58:06,480

what is worse if the man has lost

3778

02:58:13,970 --> 02:58:09,960

everything and where are we going from

3779

02:58:17,000 --> 02:58:13,980

here Jimmy you know and it just seems

3780

02:58:20,270 --> 02:58:17,010

like at one point we were on the right

3781

02:58:22,270 --> 02:58:20,280

track and we've just come unglued you

3782

02:58:24,421 --> 02:58:22,280

know and we've lost sight of of

3783

02:58:26,551 --> 02:58:24,431

everything that we learn and

3784

02:58:28,890 --> 02:58:26,561

taught thousands of years ago it just

3785

02:58:31,320 --> 02:58:28,900

all went out the window and with that I

3786

02:58:32,881 --> 02:58:31,330

got I got a roll credits and I got to

3787

02:58:34,770 --> 02:58:32,891

get out of here you're my last caller of

3788

02:58:38,220 --> 02:58:34,780

the night behaving be well stay dry

3789

02:58:40,020 --> 02:58:38,230

I will you got it I love you love you

3790

02:58:41,160 --> 02:58:40,030

back Scott thank you so much that's got

3791

02:58:43,770 --> 02:58:41,170

the rocker right there

3792

02:58:47,041 --> 02:58:43,780

fade to black executive producer is Rita

3793

02:58:49,440 --> 02:58:47,051

Kumari on show is produced by Hill J

3794

02:58:51,871 --> 02:58:49,450

Palmer Renae Dennison Bob announcers are

3795

02:58:54,810 --> 02:58:51,881

Steve harder Jean Patou imarti Kovar

3796

02:58:57,600 --> 02:58:54,820

what master is Drew that geek music doug

3797

02:58:59,910 --> 02:58:57,610

aldrich intro space boy space boy

3798

02:59:02,680 --> 02:58:59,920

music.com fade to black is produced by

3799

02:59:08,331 --> 02:59:04,501

[Music]

3800

02:59:11,610 --> 02:59:08,341

the planet Thank You Mitch Horowitz

3801  
02:59:13,831 --> 02:59:11,620  
Mitch Horowitz comm you can follow them

3802  
02:59:16,410 --> 02:59:13,841  
on Twitter at Mitch or what's amazing

3803  
02:59:18,780 --> 02:59:16,420  
conversation tonight this broadcast zone

3804  
02:59:20,371 --> 02:59:18,790  
and copyright of 2019 by fade to black

3805  
02:59:22,530 --> 02:59:20,381  
in the game change of network

3806  
02:59:24,001 --> 02:59:22,540  
it cannot be rebroadcast downloaded

3807  
02:59:26,341 --> 02:59:24,011  
copied or used anywhere in the known

3808  
02:59:28,200 --> 02:59:26,351  
universe without written permission from

3809  
02:59:30,121 --> 02:59:28,210  
fade to black or the game changer

3810  
02:59:33,270 --> 02:59:30,131  
network our murals Jimmy Church follow

3811  
02:59:36,770 --> 02:59:33,280  
me on Twitter right now at J Church

3812  
02:59:40,381 --> 02:59:36,780  
radio tomorrow night is our sole tech

3813  
02:59:43,171 --> 02:59:40,391

2019 special event you're not gonna want

3814

02:59:44,841 --> 02:59:43,181

to miss that until then everybody be

3815

02:59:54,670 --> 02:59:44,851

safe